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NORTHERN HIGH SCHOOL 117 Massey Road Durham, N.C. 27712 Volume 28

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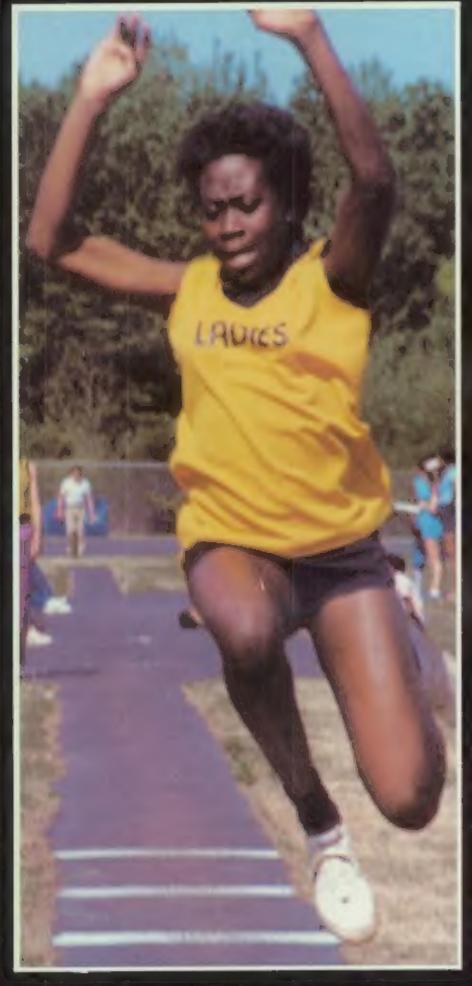
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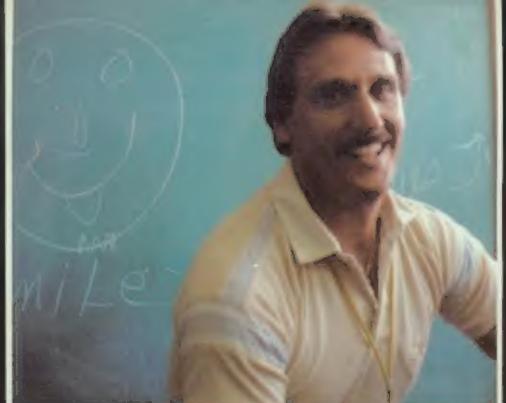


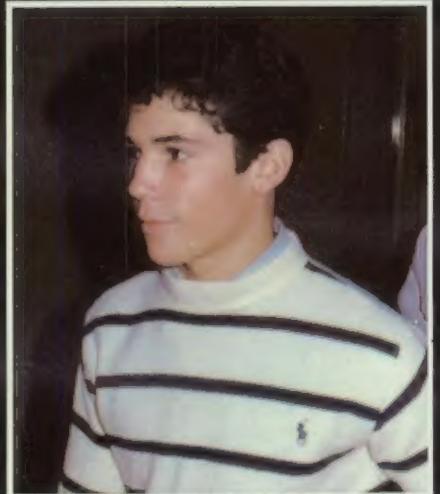








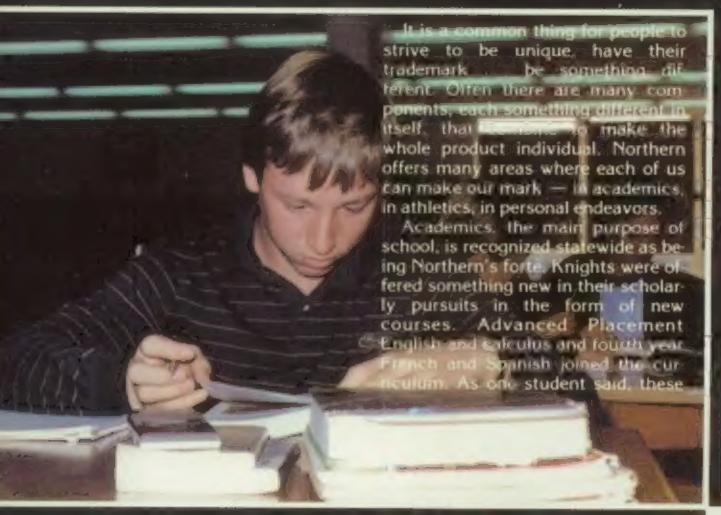




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### ACADEMICS

#### made the difference



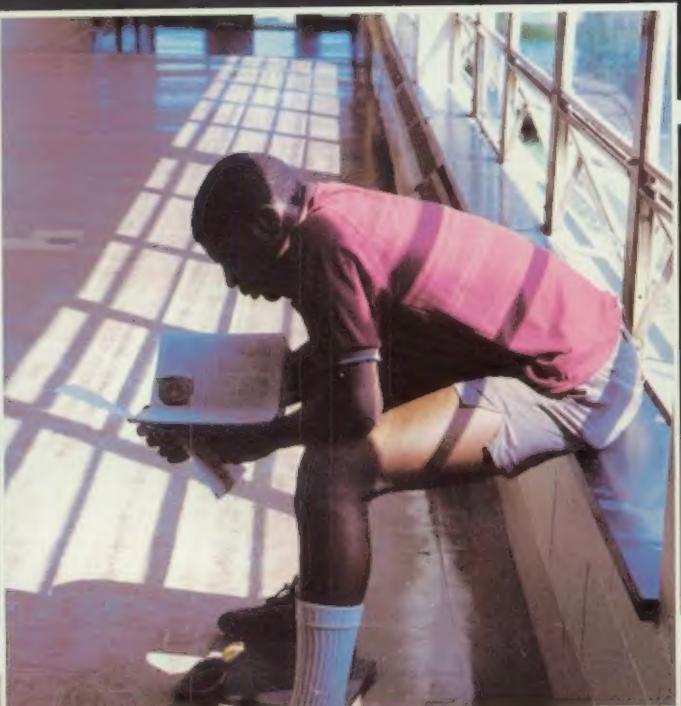
courses are challenging and "offer college experience without college cost."

Many Knights set themselves apart from the crowd by receiving special honors. National Merit, Morehead scholars, Governor's School, college scholarships — Northern students give new meaning to the word "academics" as the name of Northern is put forward. At home be it Mrs. Fran Thompson with her demonstrations on the laws of physics or Wendy Davis with her total involvement in school and community, everyone is trying to make academics at Northern truly something different.

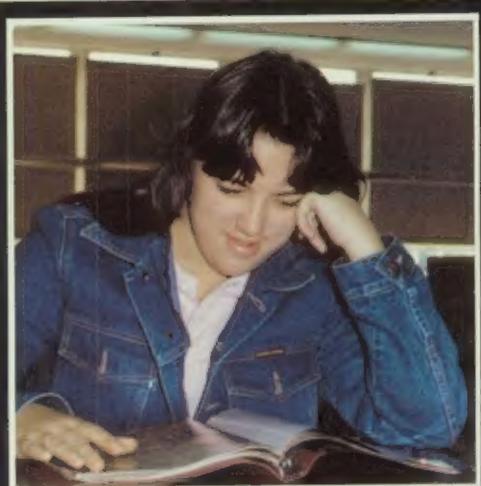
















### ATHLETICS

made the difference

In athletics as well as academics, Northern is something different. The many students who participate in the school's numerous sports programs set our teams apart, giving them that mark of excellence that typifies Northern

The football teams were the center of much attention and excitement On the JV squad, George Pearley and Jesse Adams helped lead their team to an undefeated season. On the varsity squad, sophomore Brian Caldwell received the Extra Effort Award from WRAL. The work of Brian and his teammates - Clifton Whicker, Eric Davis, Mike Wilson. Eric Brandon, and others — earned Northern a spot in the playoffs. For the student body, the enthusiasm brought forth by the thrill of victory spilled over into the first in-school pep rallies in a decade

Other Knights and Ladies led their teams to winning seasons Volleyball, softball, girls' track — all captured conference titles. Junior Laura May, eighth in the sectionals, was ranked in the top fifty of the state tennis players. Junior Carla McLaughlin was named prep track All American. Senior Dee Ruey provided leadership for the varsity basketball team. Thomas Swain, Larry Smith, Jody Shields, Marsha Campbell, Terry Smith — these names and others made the

difference





Faces. People. Each person is unique-individual; and just as people differ in appearance, their accomplishments and activities also set them apart. Northern students are a group of very diverse people, with a wide range of activities and interests. Seniors Jamie Harris, Danny Pearson, Terries Parker, and Erin Moore earned recognition with their accomplishments in music, drama and art. Sophomore Lee Morefield was commended for her service to the Sarah Barker Day Care Center, and all at Northern

looked forward to spirit week to see Mark Freundt demonstrate his expertise at clown make-up. Mike Desmond and Mike Citrini proved themselves very busy with their involvement in several clubs at Northern, while "Pig" Parker was once again indispensable to coaches and teams as he served as manager. All of these students, as well as many others, helped to further the path of excellence that NHS has blazed and to make our school something different among the schools in North Carolina.





Life as a student is filled with an endless variety of activities. Thus, it follows that every student is something different, yet there is a common element that binds all the differences together into a student body. A group who has fun, plays, works, and even suffers through these years; here are the lives of students, students who are something different.

# /TUDENT LIFE

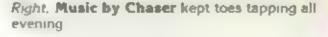


Mom, my hair won't do a thing! Oh no, I left the corsage out and all the flowers turned brown ... What time do I have to be in? ... all this money for one date?! ... smile for the camera!

Prom," the word conjures up many thoughts, both good and bad Although these thoughts are filled with happiness and excitement for many, the perfect day can have dark clouds. A spring shower soaked many couples as they ran from their cars to Bob Boyd's for that just right picture. Some hair-do's were ruined, and some dresses had to be dried with a hair dryer; but these occur rences only added to the pervading excitement that had been building all day

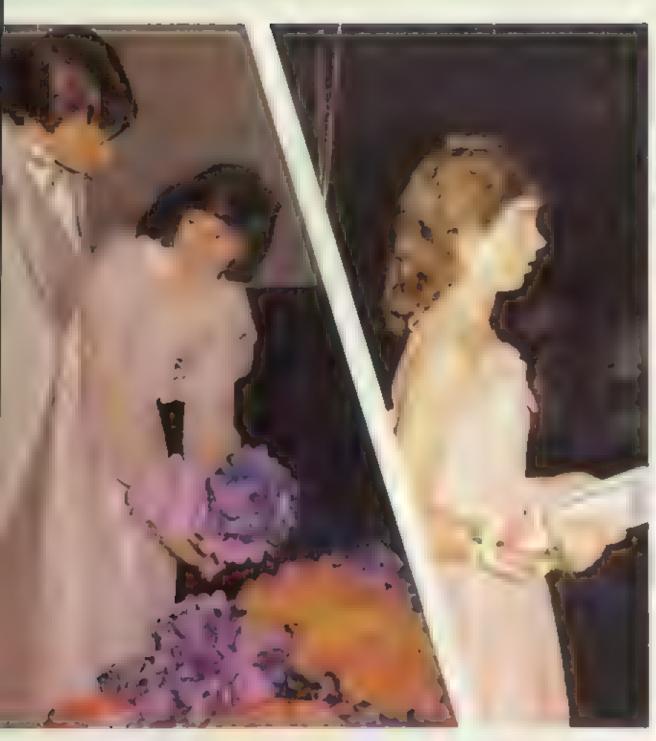
The day began early for most, either washing the family car or sit ting under the hair dryer in preparation for an elegant evening at the Royal Villa in Raleigh. The tension built as the final hour approached Then it all went so quickly. The door

bell, pictures, dinner, and THE PROM. Some took the excitement in stride, but for others it was a whole new experience. As Erin Moore said, "It was my first prom and everyone looked so nice. It made you forget they were students." It was a time when student-teacher barriers disappeared as many danced and social ized together. Ms. Jernigan and Walter Mansfield were seen "cutting the rug," as would any couple, to the sounds of the band "Chaser." The overall prom theme was appropriate ly "Memories," and these memories are never to be forgotten. Even the little things — pinning that corsage. those ugly squeaky rented shoes, even that date that was not exactly right — all are part of the memories Then there is the biggest secret what time you really came home These thoughts are what made the prom so different and special, so that every person attending has his own memory that he will never forget





Above: Advertisement is all important, so Erin Moore uses signboard to proclaim the theme of the prom









Left. With romance in the air. Owen Scoggins and Ruth McClary sway to the sounds of that special song
Above: Dancing creates thirst, so Anne Wellman and Cliff Jones head for the punch bowl during a pause





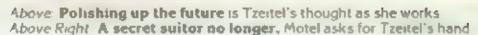
# Fidalei on the Radian



Below Left Singing "Miracle of Miracles" Motel and Tzietel celebrate their father's acceptance of their engagement Below: "You must do your work if you ever hope to be a good wife," chides Golde to Tzeitel









Before it all begins, stage manager Danny Pearson checks the lights one more time



#### ... All the World's a Stage ...

While not usually ones to argue with an authority like Shakespeare, last spring the drama department decided to rearrange his words a bit by making the stage a totally different part of the world. Opening the auditorium doors two nights in March transported you to the Jewish community of Anatevka, Russia as it was almost eighty years ago. As junior Phil Brown put it, "It was almost like being in a time zone." It was spring musical time, and the drama club, under the leadership of Mrs. Crider, was undertaking the tamous Fiddler on the Roof

But it was not just the drama club. The production was a team effort "Everyone," said junior Walter Mansfield, "did his part." The band played an indispensable part, as nine teen of its enterprising members came together under the direction of Mr. John Allen to form the orchestra for the production. The choral department also had an important role. A large part of the cast was made up of people from Concert Choir, and their director, Dr. Carole

Dolber, made sure the whole company was in fine voice. Miss Tinnie Lambert was responsible for keeping everything in step-dance step, that is

Even with such fine people work ing in it, Fiddler was not easy to do. Snow during the last rehearsal days made the normal tension unbearable, props were a source of problems un til the last minute. Senior Debbie Davis declared, "It was one of the hardest productions that we could have done, but with the directors and dedicated crew that we had, the musical was a success." Ingrid Philippo, a junior, recalled the excite ment of the actual performances "The curtains were drawn and the lights went up, the magic began. The endless rehearsals were forgotten as we stepped on stage. We were the villagers of Anatevka." The stage had become the world

The entire cast sings of the old tradition from which Tevye's daughters break



### Strike Up the Spirit!

Mr Irresistible sweats, black mourning, army fatigues — all combined to get students and faculty alike involved in the excitement of homecoming Monday October 24 was Mr Irresistible Day Every gril was given a heart in homeroom which she must give the first boy she spoke to The one with the most hearts at the end of the day was obviously irresistible to the girls Sophomore Marvin Parker and Mark Griffin, junior Kenny Brooks, and senior Vince Zwadyk collected the

most hearts for the day. Tuesday began with a funeral service in the nain lobby for the spontobe deteated Durham High Buldings. Variably theer eaders wept somewhat y as minister Ray Urnstead performed the last rites over the buildog. Concert charsing. Walk em Up the 1914 is and all students were black to rommemorate the death of the dog Wednesday brought firth the greatest student hody response as practically every student and even faculty in embers dressed up in

military fatiques. The cafeteria looked like a mess hall and classes looked like training rooms. Gas masks artillery salutes were the order of the day. The day was highlighted by a pep rally to in troduce the court. Thursday, a day to relax before the big game found Knights in their best — or worst sweat suits. Service C ub added a bit of fire through its sale of hot balls. On Friday the excitement and spirit were definitely in the air as Brue and Gold were worn by everyone.





















Left. Sweat-it-Out day finds Suzanne Day in the mood for a coke. Above: A "military" band brings a special note to the pep rally

### Winning Knights

"This year's homecoming queen is ... Miss Lyn Mathis!" Such was the announcement that culminated the excitement and anticipation felt during the week prior to homecoming Corsages, football, spirit week activities, pep rally all made the week special. For the girls selected for the homecoming court, there was an added excitement. Photographs to be taken, a new outfit to be bought, a

special radiance to emerge as the girls became part of the tradition of Northern ladies presented at half time activities on homecoming night.

... and this year's queen ..."

Lyn will be remembered not only as queen but also for her active role at school. A cheerleader for three years and head cheerleader her senior year, a member of Knights and Ladles, and

a two year office worker, Lyn

definitely represents the spirit and ideals of Northern. Lyn expressed her happiness and appreciation by saying "Thank you all for bestowing upon me the high honor of being crowned your homecoming queen. Homecoming will always be remembered as a very special night and one of my most cherished memories."



Radiating excitement, Lyn Mathle gracefully accepts Mr Poe's congratulations







April Maness, Erin Moore, Jennifer Corio, Angie Smith, Karen Vogel, Dana Jones, Tracey Adams



# THE CAROL OF THE BELLS

"It was a special time to spread the Christmas spirit to others" said Tracy Wetherby of the variety of entertainment provided throughout December by Concert Choir, Ensemble, and the Chorus. Especially notable was the open air concert given by Concert Choir at Brightleaf Square. Music ranged from Old English carols to the German "Kling, Glockchen." The choir also performed at Greystone Baptist Church for a breakfast and at Holy Infant Church

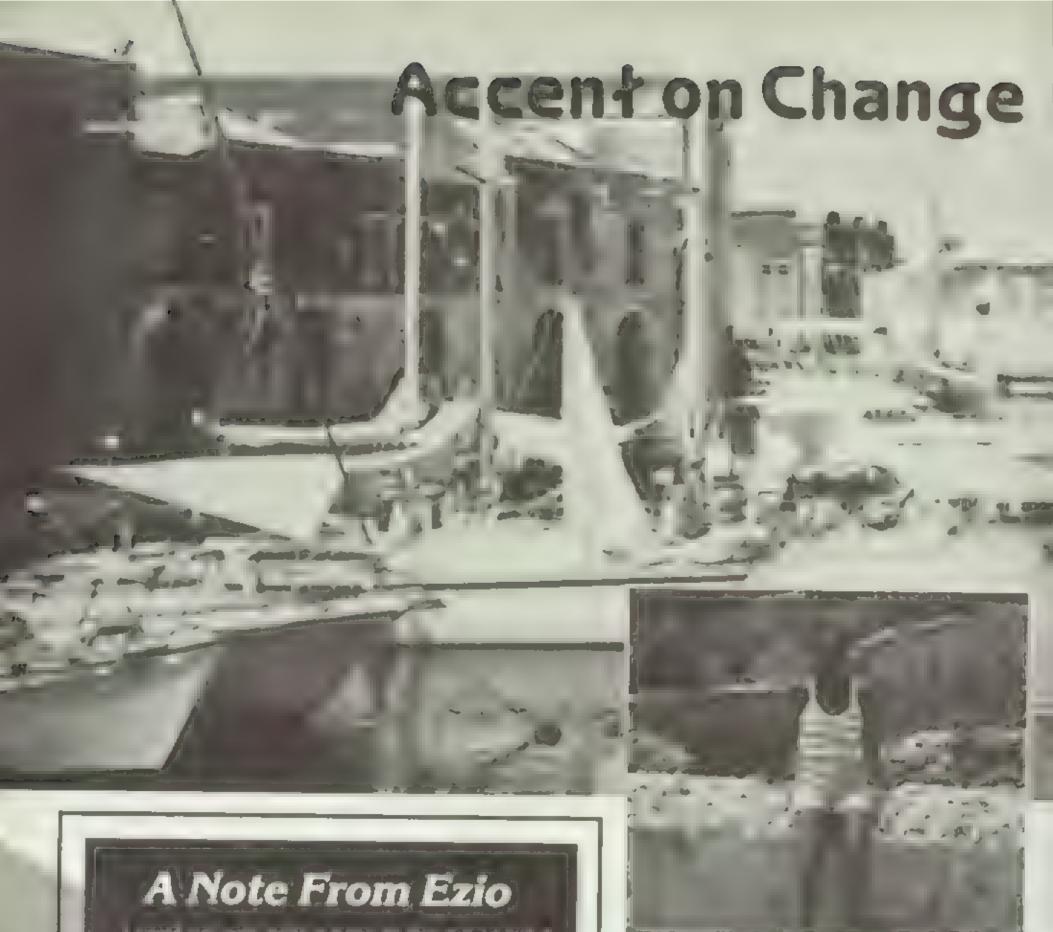
for a night service. Adding an extra sparkle to the sounds were the lingles of bells

Ensemble gave separate performances for a Lions Club luncheon and NHS Athletic Boosters Club. A jazz version of "Jingle Bells" and the classic Hallelujah chorus from the "Messiah" indicates the diversity of the music. Ensemble member Derek Holland "enjoyed sharing our musical talents with local clubs and organizations."

The Chorus also had its special performance. Northgate Mall was the location for its rendition of "Deck the Hall with Christmas" and "Carol of the Bells."

On December 15, all three choral groups came together to put on a final Christmas concert in the auditorium which they dedicated to Mr. Poe. Voices, bells, trumpets, drums decked the halls with Christmas





I trivial with unity which is brown in this penalty will be seen to the feelings that part is the feelings that part have been a seen to the feelings are a

intry faces in univilay and acheef. Probably I had devel page in the pacets were different the pacets were different their ideal was different. Their iclother, he well as their inincial their ideal was acomething different for much their with the time averating became more families with the whole culture.

The the end of my year or a rechange and dent a trib serve opens on the them there is the serve opens of the serve opens on the server of the serve opens on the server of the server opens of the server opens of the server of the server opens of the server of the server opens op



Tip: Sailboats line a harbor in Barbados where Alicia Hodges spent her summer as AFS student Above Ezio Micelli relaxes at home in Udine Italy





What do Barbados, Italy, Virginia and Durham have in common? Although spread widely across the globe in location, all are brought closer through American Field Service exchange programs which give students the opportunity to travel Whether as close as Tennessee or as far away as Burma, AFS'ers can meet new friends, see new places, and most importantly learn new understanding through exchange programs. This past summer for



Above Friend from afar, Exlo "Zo man" brought many amiles to our laces. Above Left Farewell hugs. Although exchanges were temporary friendships were forged that will last a life time. Middle Left Togetherness. Short term exchange students from Midlothian, Va., along with their NHS host families Bottom Left Eno River Relaxation. Two students from Virginia pause during a picnic on the Eno

Alicia Hodges was spent in sunny Barbados, New friends, a new country — "a summer l'il never forget." And then all of Northern has had the privilege of knowing Ezio Micelli Ezio has brought a little of Italy to us and will take a little of Durham back to Udine. In the fall, Northern had its first short term exchange as students from Midlothian, Virginia, visited for one week. Even though Virginia is just a few hours away, it was, as one AFS member said, "interesting to learn how people your own age live The friends we made and the fun we had could never be replaced." New places, new people - coming and going, and we all grow a bit sharing with one another. We are all changed a little.





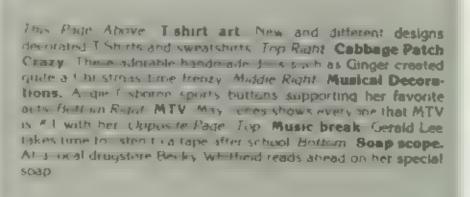
Fashion - it's a sign of the time, and 1984 pronounces that there's a different way to think about fashion. We've been introduced to a whole new freedom of expressing our individuality Never in fashion history has so much been so totally acceptable Skirt lengths hovered around the knees and inched up thighs; shoes were casual, sensible, streamlined, outrageous, and, in general, fun Natural materials mesmerized the fashion industry so that furs and leather were manifested into every detail of the modern wardrobe

The motion picture industry created a massive effect on the young, and Flashdance was the singular most effective film influence on dress since John Travolta and Saturday Night Fever. The British made a return visit to our American music scene. influencing a trend towards an uninhibited and less than subtle venture into punk dressing. Heir varied from spiked to kinked, from natural hues to neon colorations The total appearance was one which apparently was waging war on tradition

From classical to trend-setting, the priority seemed to be matter of individual taste. The year gave fashion something different to think about day to day

Top: What a feeling! Natasha Neece demonstrates the fashion trend inspired by Flashdance. Middle. Fashionable footwear. Shoes manifested themselves as a major way of expressing individuality. Bottom. Classics continue. The argyle pattern, popular today, shows classic styles can survive with the new fashions. Freedom and expression. The year brought a modern shift in haircuts, with sectional layering and precision cutting















Fads — they come and go, some fading quickly, some lingering, and some going in cycles. Yet in any case, they have great influence on our lives, affecting everything from our clothing to the ways in which we spend our free time

Through the year the most successful fads were centered around entertainment, with the most popular being Music Television, or MTV. Junior René Suitt stated, "MTV is the greatest thing since hotdogs!" Not only did MTV give us the chance to see our favorite groups perform our favorite songs, but it also helped further the success of another fad — breakdancing. This dancing, first seen in Flashdance, caught on very quickly, and soon everyone was "breaking" or moonwalking.

One mainstay of entertainment, the Soaps, enjoyed continued success, involving all of us in the lives of Luke

and Laura, Phillip and Beth.

At Christmas time, many Northerners became directly involved in the frenzy over another fad — the Cabbage Patch doll. These handmade dolls, complete with adoption papers, were on the Christmas lists of many students and teachers.

Clothing was also "faddish." T-shirts, always a favorite, were seen with messages and logos. The most popular promoted concerts of grodps. Another music business and clothing related fad

were buttons and pins seen decorating shirts, jackets, and bookbags.



While all these fads were nationwide favorities, the Polaris staff conducted a preference polito find what NHS students. I ke the interests that help to make NHS students something different.

Move	Trading Places
TV Show	Dynasty
Music Group	DeBarge
Soap Opera	General Hospital
Book	An mal f arm
Actor Actress	Richard Pryor Mery Streep
Breakfast Cereal	Captain Crunch
Comedian	Eddle Murphy
Model of Car	Mercedes Benz
College Team	UNC
Loothpaste	Crest
Video Game	Centipede
Sport	Basketball
Night Spot	Darryls
Tennis Shoe	Nike
Comic Stap	Cartield
Rock Videc	Thruler
Fast Food Piace	Wendy's
School Subject	English
Season	Summer





Clockwise With careful aim. Jenny James this tit a Shate Eur Se, ver as land Harris and Amy Bullard offer their support Statom champ Robbe Michell cap gresstate honors at their Lake Texcolor NC and becomes the econd hider with 4202 buoys, 32 feet off the rope, 36 mph. Concert craze Use to

fan's devotion. Greensboro Collseum became a strong all action for major bands on tour "Heels over head," Rod Cates shows what break dancing 5 all about Decisions, decisions face Ribble Femion and David Herring when de sting on the best movie Computerized Intensity at Godfather's as Donald McPhail is caught mesmerized in the game.

### Paint the Town!

Thirty-five hours are spent weekly by the NHS student in traveling to and from and in attending class. These hours, not including those spent studying or working, made free time very precious. Knights had a wide variety of activities to choose from in filling time away from school.

Concerts headed the list in popularity with Jackson Browne, The Police, and The Pretenders bringing their acts to the area. A first was marked when Genesis made its N.C. debut during a sold-out show in the Greensboro Coliseum. The "Serious Moonlight" struck loyal fans as they trekked to Norfolk to see David Bowie

Each fall Friday the new Godfather's was packed with Northern students celebrating the Knight's latest victory Darryl's and Mannella's also drew large Friday and Saturday night crowds. For the more energetic, Julian's in Raleigh was the hot spot. If you didn't mind standing in line, inside there was plenty of room for dancing, watching videos, or simply talking with friends

Video entertainment also command ed our attention in the form of movies and video games. The Big Chill and Terms of Endearment were favorites of all. Remarking on another hit, Risky Business, one senior felt "Tom Cruise's philosophy and character are really easy for high school students to identify with." Although considered a passing fad by some, video games retained their popularity. Topping the list of favorites were Gallaga and Centipede

With all these to choose from, open spaces in schedules were quickly filled. After planning came the waiting for 2:25 Friday when Knights stepped out to paint the town in style.

### A Helping Hand

'Caring and sharing are the secrets of living."

Taking time to develop a sense of pride for the community, many NHS volunteers show their concern for others by spending free time in service. From swimming for the Red Cross to raising money for the poor all reach out a helping hand.

Junior Tim Deck raised money for the Red Cross by collecting pledges for the number of laps he swam at the Duke pool. His 150 laps raised an all time high of \$100. The best thing he remembers was when han old man shook my hand and told me how much he appreciated everything. I had done, that was the point I realized it was well worth the time.

Sophomore tiee Morefield became involved in volunteer work after helping out at Special Olympics last spring. Throughout the summer Lee worked fourteen hours a week at the Sara, Barker, Center, helping, senior

citizens. She feels her volunteer work has been a wonderful and satisfying experience that people should get in volved in if they have the free time.

For several years Junior Michelle Kosempa has volunteered her time in more than one way. For three months every year she leads and organizes a clothing drive for the underprivileged. Every summer she becomes a camp counselor working with children. Both she and Tim give their time to the Red Cross by working at the Blood Mobile. An active member of her church youth group she often leads projects to help the needy.

Children, underprivileged, senior citizens, Northern students brought together for the benefit of all







Alanse New found friends, Karen Addison and company them around at Halloween

Top Listening is the secret to be a helpful Curl Scoul as Michelle Kosempa tinds at daycomp. Above. Reach out. Laura Haithcock takes a special time to brighten a patient's day at Hillhaven Rose Manor Convalescent Center.



#### Sense of Independence

The lack of money - a common dilemma. Money to buy the new styles of clothing, a new car or the gas to run it, or a dinner and movie with that special someone, Before high school the student's expenses were paid by his or her parents as students were more dependent on the family. But now the average high school student strives for greater in dependence, so he takes the first step and gets a job. This job can be anything from teaching aerobics, or selling shoes, life guarding, selling movie tickets, to cooking hamburgers.

Many student/part-time workers find it difficult and most often tiring to go to school during the day, work nights, and do homework afterwards "I sometimes regret working because the time I spent working I should have been studying," lamented one student. However, the positive outweighs the negative. "By working and managing my own money and expenses such as car payments and checking account, I will be better prepared to handle my finances later," said one worker. "I have learned more practical things about life from working than I could have ever learned in a classroom," said another.

Not an easy task — school, work, money management — but certainly a good feeling of independence and a practice at supporting oneself.

Above: Playing house, Tonya Roberts at Ridgecrest Baptist Church afternoon daycare program. Right: Straightening racks, Lori McFadden at Loehman's Plaza in Croasdaile Far Right: COOKIES! Camille Bigner helps a customer at the Cookie Factory















Above. On patrol, Jerry Yount at Northgate Mall. Far Left Behind the scenes, Vince Zwadyk at McDonald's. Left: Left holding the basket, Deidre Leaver at Temptee Bager Company. Below: Kicking high, April Maness at Total Woman Aerobics



Scholastic Art Awards Winners: Clockwise: Erin Moore, Diane Bonham, Wen dy Woodard, Dana Bullaboy

# Bringing Home the Honors

A strong student body is the result of many talented and diverse individuals. The combination of singular abilities and hard work give NHS a large group of students who are recognized for their achievements on the local, state, and national levels. Their contributions are varied ranging from public speaking as the World Peace Contest to artistic as the Scholastic Art Awards to

academic as Knights and Ladies to service as the Exchange Club Award. The awards themselves are also diverse in that some are won through competition while others are awarded through faculty recommendation. However the diversity brings unity in our pride for their achievements and in the honor the students bring to Northern.





Knights and Ladies: Front Row: Vince Zwadyk, Sandy Cate, Yvette Douglas, May Jones, Hoornaz Kuklan, Laura Lunsford, Kellie Major, Erin Moore, Mary Grace Chaney, Wendy Davis, Andres Lopez, Row 2: Dale Keith, Richard Moore, Renee Webb, Down Lampley, Paul Rodio, Gina Longo, April Maness, Jennifer Corlo, Michelle Baldwin, Jeanette Strickland, Kip Johnson, Row 3: Chuck Clark, Yolando Taylor, John Dixon, Donald McPhatl.

Bonnie Bacnik Laura Szerelmy, Anne Weilman, Amy Bullard, Jenny James, Jessica Henderson, Lyn Mathis. Row 4: Marty Ford, Tammy Hinnant, Missy Thomas, Trent Moorehead, Davey Lucas, Cissy Britt, Mark Sykes, Michelle Cash, Marty Finch, Amy Miller, Tonia Perry. Row 5: Mike Desmond, Brooks Malone, Larry Sanders, Keith Ellis, Tracy Stell, Astrid Keizer, Doug Thurman, Karen Young, Lori Clark, Toynetta Robinson

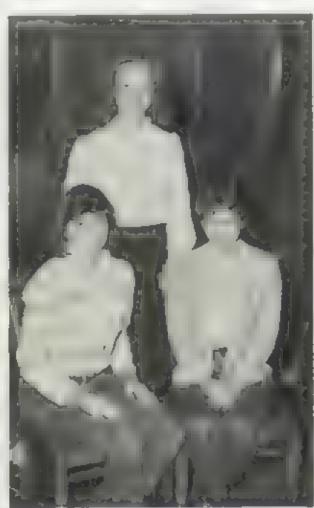


**DAR Good Citizen:** Wendy Davis

Hugh O'Brian Youth Foundation Representative: Kathy Spann.



Girls' State Representatives: Bonnie Bac nik, Cissy Britt, Laura Lunsford.



Optimist Outstanding Youths: Vince Zwadyk, Daria Burkhardt





National Merit Semi-finalists: Front Row: Dawn Lampley, Cissy Britt, Kip Johnson. Row 2: Bonnie Bacnik, Chuck Clark, Vince Zwadyk



Math Pair Winners: Front Row Lisa Underwood, Joe Angelillo. Row 2: Missy McKay, Amy Golladay, Maria Horvath, Norma Russell. Row 3. Chris Compton, Alicia Bowser, Bruce Browning, Kenny Adams, Teddy Credle

Service Club: Front Row: Jennifer Corio, Becky Zwadyk, Kim Fowler, Jan Woods, Teresa Beard, Wendy Davis, Kellie Major Row 2: Julie Rider, Mike Citrini, Mark Freundt, Missy Thomas, Tim Deck, John Dixon, Audrey Clegg, Amy Crabtree, Amy Bullard Row 3: Art Hood, Dereck Holland, Mike Desmond, Jamie Harris, Phil Brown, Lyn Mathis. Karen Young, Kirsten Emmons, Daria Burkhardt







High 1Q Bowl Team: Seated: Kip Johnson. Standing: Cissy Britt, John Dixon, Donald McPhail, Paul Rodio, Dawn Lampley



Boys' State Representatives: Mike Desmond, Keith Ellis, Art Hood, Chuck Clark

Governor's School: Seated: Chuck Clark, Michelle Kessler Standing: Bonnie Bacnik, Erin Moore



Junior Marshals: Front Row: Jessica Henderson, Caroline Chaney (chief), Laura Lunsford (chief), Jennifer Corlo, Laura Szerelmey. Row 2: Cissy Britt, Chuck Clark, Jenny James





World Peace Speaking Contest Winner: Sonnie Bacnik



Women's Club Art Award Winners: Front Row: Dana Riley, Zemeter Blackwell. Row 2: Terry Simpson, Carol Pope, Alan Austin



Exchange Club Outstanding Youth: John Dixon

## Here They Are

those who cheered you on and whom you cheered on, and the individuals who awed you with their scholarly prowess ... the ones you know are destined to succeed, the ones who

turned your heads. They're your classmates, and you selected them for these special honors.

Right: Most Athletic — Reggie Burton and Mechelle Cash



Most School Spirited — Kellie Major, Mark Freundt, and Erin Moore



Wittlest — Erik Daubert and Amy Miller





Friendliest - John Dixon and Karen Vogel

Best Looking → Jamie Marcotte and Best Dressed - Craig Russell and Jessica Henderson.

Best All Around — Vince Zwadyk and Lyn Mathis

Mathis









Most Talented - Wendy Davis and Jamie Harris.



Most Studious - Chuck Clark and Dana Burkhardt



Most Likely to Succeed — Paul Rodio and Jennifer Corio

### They Also Serve

Working behind the scenes, being quietly efficient, making each day a little easier or more pleasant for others are some of the characteristics of the unsung hero Each of these students possesses special qualities that a faculty member felt was worthy of recogni

tion Though awards are not usually given for these attributes, these students are our unsung heroes.

Cathy Long — a gracious responsible adv who is courteous cheerful helpful a guidance office assistant for two years



Kim Dennis has "a positive attitude on and off the courts; on both basketball and voileyball teams yet st. maintains a 4.0



Lisa Goss is "dedicated to being the best. Her enthusiasm is a delight for other students and teachers."





Dedicated to learning, Lynn Gordon is "well prepared each day, has a good attitude, and is helpful to both teacher and classmate."



Left: Always smiling, hard working congenial gentleman, Eric Brandon "is a pleasure to be around, a credit to himself and his school." Below: Friendly and conscientious, Mary Omstead "ex emplifies the qualities of the Northern Knight in her work in ecology, the retirement home, on the Polaris staff."





Quiet, intelligent, respectful, Lowell Mangum "has a quiet satisfaction with his own achievements and sets his own high standards."



Ranked statewide in tennis, Laura May is "a hard working student who always finds time for kindness



Library assistant, Governor's page, video expert for basketball team, **Scott Ford** plans to be a paramedic, both a worker and a leader.'





Sports ... it happens regularly every year. It is not every year that football, wrestling, and volleyball are dominated by our teams, and it is not every year that the teams exhibit the special style seen in '84. Every tackle, volley, and run contained hours of planning and preparation, but the extras like talent and enthusiasm worked together to produce something different.

# PTHIETIC/







Top At every pre-game huddle the Ladies received losspops as reward for their efforts Left: Serving with the proper form helped Michelle Abrams and the Ladles to a 15-8 win

over Person High Above Ann Rodio, 32 the team's setter prepares to give assistance in the match against Vance



#### Victory Achieved

Encouragement, cooperation, and hard work were the keys to the Ladies' success, as they finished their season with a 17.7 record. Defeating Person, with whom they were tied during regular season, gave the volleyball Ladies the conference title. Coach Williams said, "They are a bunch of Ladies who work and pull hard together."

"Being part of the team is fighting and scratching to win for your teammates, your school, and yourself..."

While teamwork was immensely important, many individual contributions played a role in the success of

the season. All-tournament player Carla McLaughlin contributed her spikes and digs while her teammates, All-conference selections Sonja Orris and Michelle Hoyt were noted for their consistent performances. Sonja and Michelle were also honored as Most Valuable and Most Dedicated performers. Others rewarded for their efforts were Michelle Abrams making All-conference and All-tournament team; and Ann Rodio and Stephanle Matthews who made All-conference, honorable mention.

Ann summed up her feelings about being on the volleyball team. "You have to work together 100% and try to help each other." Stephanie Matthews added, "Being part of the team is fighting and scratching to win for your teammates, your school, and yourself and receiving the rewards afterwards."



TEAM PHOTO — Row 1: Angle Orris, Sonja Orris, Coach Joyce Williams, Carla McLaughlin, Gwen Crawford, Row 2: Elizabeth Humphrey, Kim Eubanks, Ann

Rodio, Stephanie Matthews, Michelle Hoyt, Tonya Glenn, Michele Abrams, Kim Dennis, Sandy Cate. Above: Encouraging the team is sophomore Angie Orris.



Getting ready to hit the winning spike, Sonja Orris shows her All-conference form

Below Keen competition exists between Thomas Swain and Mark Roy, Right. The final strides of victory are gratifying for All



Eric Miller gives a helping hand at the finish (me

Center Refreshing water . . . what a relief

Above. Stretching helps Mary Grace Chancy release tense feelings before a race





Above. A lone Knight among a Tiger crowd, Thomas Swain gets psyched for the challenge that lies before him TEAM PHOTO — Row 1: Bill Downey, Stacey Blake, Lisa Goss, Sarah Hickingbothem, Heather Harriss, Mary Grace

Chaney, Susan Myers, Gina Longo, Mick Lawing, Eric Miller Row 2: Shawn Hite, Joe Cohn, Terry Simpson, Richard Moore, Dale Keith, Lawrence Williams, Cliff Morris. Thomas Swain, Mark Roy, Coach Dale Vinson

#### On the Run

"Running with the wind ... conquering the hills at Jordan ... setting personal records ... confronting the challenge of speedwork, intervals, and long distance runs ... memories like these will remain with us long after the end of the season." — Coach Vinson.

Dale Vinson, a teacher at Carrington Junior High, did an outstanding job in his first year coaching Northern's cross-country team. He went out of his way to insure that the team put forth the effort and work needed but, at the same time, he made sure they had fun

The boys' team, led by senior Thomas Swain and sophomores Eric Miller and Mark Roy, established several school and conference records. Finishing third in the conference, the team came within six

seconds of defeating Hillside, the sixth rated team in the state

With talented sophomores Lisa Goss and Susan Myers and senior Mary Grace Chaney, Northern's first girls' cross-country team in several years won several important meets. Their season concluded with Lisa finishing twentieth out of eighty-five runners at the state championship.

Several members had the honor of being named to conference teams Lisa Goss, Susan Myers, and Thomas Swain were named first team all-conference with Mark Roy making second team. Eric Miller received honorable mention. Thomas

#### "... it is well worth it at the finish line."

Swain was selected Most Valuable and Lawrence Williams was chosen Most Dedicated. Lisa Goss was named Most Valuable for the girls' team.

The cross-country team demonstrated the hard work and positive attitude that established a winning effort. Thomas Swain easily summed up the real meaning of it, ",.. endurance and stamina are a must in cross-country and although hard practices have to come willing ly, it is well worth it at the finish line."



#### Network

Late in the summer, in ninety-five degree weather, the first practice of the girls' tennis team was held. Way back in August, it seemed the practice hours would never end, but the girls stuck it out and the work

proved to be worth it. Under the supervision of new coach Nancy Holland, the team finished with a conference record of 6-4 and was ranked 3rd in the conference. Rich in talent but young in experience, the team lost only to Chapel Hill and Vance, for an overall record of 13-4.

Laura May, who played first seed her sophomore and junior years, was voted Most Valuable Player as well as being ranked 49th in the state. She expressed her feelings about the season saying, "Playing on the team was a great experience and we got really close as a team. Though we were young, I think that the effort put forth by the members to play as hard as they could made us a better group than our record showed."



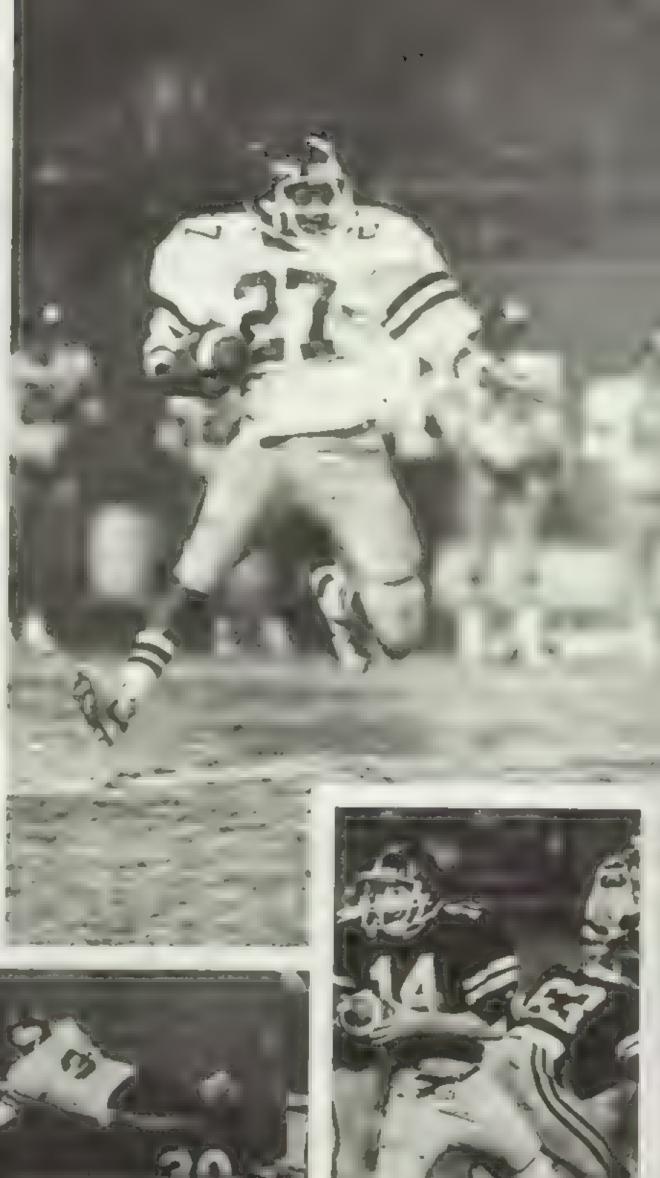
Laura May and sophomore Sandra Kerr were named first team Allconference in singles. Sandra and senior Cissy Britt were named to the All-conference second team in doubles. Sophomore Tammy Bell was voted Most Improved and added much spirit to those long practices. At the end of the season, practices forgotten, the team members celebrated as they had after many matches by a trip to Swensens.

"Playing on the team was a great experience... the effort put forth by the members... made us a better group than our record showed."

1. Following through, senior Cissy Britt wins another singles match. 2. Laura May leads Northern to a victory over Durham High, 3. TENNIS TEAM — Sandra Kerr, Kelly Andrews, Mary Lynn Gilleski, Michelle Baldwin, Teresa Beard, Deborah Shackleford, Coach Nancy Holland, Tammy Bell, Laura May, Cissy Britt, Heather Tewell. 4. Three year team member Michelle Baldwin is a steady player in both singles and doubles. 5. Voted the team's Most Improved Player, Tammy Bell awaits the serve

Right. With feet flying, Tracy Brooks churns his way downfield as Anthony Keith takes out the Hiliside foe. Below: Patrick Umstead breaks for a big gain. Bottom Left: Kenny Brooks eludes his Tiger opponent and romps downfield. Bottom Right: Behind a powerful offensive line, Neal Clark directs a potent Knight offense to a victory over Millbrook











Sacking the quarterback was a feat often performed by the Knight's defense. Here the Millbrook quarterback feels the crunch of Jeff

Stauffenberg, Scottie King, and MVP Eric

# JIS &

Three words are all that are needed to describe Northern football. They are intensity, power, and intimidation. These three words were the key ingredients in Northern's formula of success. First the intensity of the team's concentration and ef fort had to be at its highest possible level; in turn that led to a powerful performance of blocking, tackling, and running. With the combination of intensity and physical power, in timidation of an opponent followed and victory was ours

Success was experienced early as the Knights rolled to impressive victories over cross-town rival Jordan, Raleigh Enloe, Cary, Raleigh Millbrook, and Raleigh Sanderson. In the Enloe game, super soph Brian Caldwell returned the second half kick-off for a touchdown and earned the WRAL-TV "Extra Effort Award"

en route to a 49-0 victory

At the start of the conference schedule, Hillside put a scare into the Northern team losing only 18-7. Despite over 400 yards in total of fense, the Knights could manage to find the end zone only twice due to some costly and untimely penalties Injuries also played a key role in this game for the only two-way starter, Eric Brandon, was injured mid-way through the game. This caused some serious problems for the touted offensive and defensive lines as Eric was an integral part of both. Fortunately Mark Lunsford turned in a fine performance for Eric at offensive guard as did Rodney Turrentine on defense

After stumbling over this first conference game the Knights went on to roll over Chapel Hill, a tough Henderson Vance team, and local rival Durham High, Unfortunately the intensity level and precise execution at which the team had been performing all year was not met the next week as they fell for the first time 37-28 to archrival and undefeated Roxboro. Even though the team didn't perform as well as they could, they showed great character coming from a fourteen point deficit in the first half to trail only 23.21 at the half.

#### On the Road Again

An integral part of any winning football team is its ability to win games on the road. This is easier said than done for there are many obstacles a team must overcome such as traveling time, the opposing team's field, their locker room facilities, the behavior of their fans, and most importantly the tension and anxiety from all these factors felt by each player and coach. It is difficult enough for a team to prepare for an opponent when at home, but to add these other difficulties makes an away game almost impossible.

To be a visiting football team is very similar to being an invading army for all your equipment, gear, and supplies must be brought with you, and the transporting of the players and equipment as well as the actual game plan is carefully thought out during the preceding week's practice.

The pregame tensions felt by the players are very similar (if not as intense) to those felt by soldiers before a military action. Also, the home team seems to play harder and with more emotion as if they were an army defending its homeland

The Vance game was a prime example of what an away game is like. The week before the Vance game, the intensity of the practices increased for everyone knew that it would take a good performance to beat Vance at its home field.

On Thursday, after a usual light practice, the travel bags were issued along with game uniforms. The players began the task of packing their equipment. Each player checked his helmet carefully, checked his shoulder pads and shoes.

On game day everyone was keyed up and excited. Some players seemed more affected than others. Some were more talkative, more playful in class as the nervous energy was released. Others were quiet and calm; they seemed like time bombs waiting to go off — more irritable, less friendly and less talkative. This day was even worse as far as anxiety, for it had been raining all day. The players worried about the field conditions, the possibility of turnovers, and even the possibility of a postponement. The last worry came true --- the game was postponed to Saturday. Another day of waiting . . .

Saturday at 5:15 p.m. the buses were loaded and the ride began. Nervous tension was released in many different ways. Some listened to Walkman tape players while others sat in small groups sharing stories or jokes. Ever so often a nervous laugh was heard coming from the group. Others stared quietly out the window, and still others meditated or slept (it's hard to tell which). When the bus arrived in Henderson, everyone became attentive, this was enemy territory. This fact was confirmed near the stadium when two guys yelled at the buses and threw rocks. Everyone became alert and ready for action.

The game itself was really the only familiar aspect of the trip. The field was still a hundred yards long and the other team had eleven players and those particular eleven were fired up. The game was hard fought; the crowd noise cost us some penalties in the first half but by the second half, we were accustomed to it and everything was under control. Mission accomplished, the invading army had gained victory (17-0) and now much more relieved and very happy, departed the battlefield and brought the laurels of victory back home. Needless to say, the bus ride back was fun and relaxed as the game's events were rehashed and evening's celebration in Durham was planned.

Paul Rodio



**Limbering up** helps to shake off the pre-game tensions at the season's opener with Jordan



**With intense concentration**, a reconference center Paul Rodio banks blocking assignments during the playoff game with North Forsyth









Top. Leading the way, Greg Bumpass, #78 opens the path for Brian Caldwell, #44, In the victory over Hillside. Above: "Touchdown!" was a familiar cry for the Knights — this score against the Falcons was the first of the season Far Left. Todd Cates wraps up the Rocket receiver Left: Ardent fan Mr. Herring and trainer Herb Amato help Rodney Turrentine off the field at High Point Andrews



#### Victory Is Ours (Cont.)

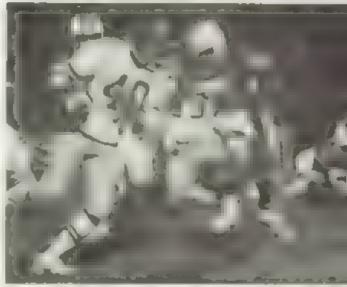
The Knights bounced back from a defeat at Roxboro to defeat High Point Andrews in the first round of the state playoffs. The 17-9 victory marked the first playoff win for Nor thern in 10 years, Coach Browning's 99th career coaching victory, and the fact that NHS was one of the top eight teams in North Carolina for the 1983 season. This playoff success sadly ended the next week as the Knights fell to a good North Forsyth team

Just as the team enjoyed tremen dous success, so did several of its members who were named to allistar teams. Co-captains Clifton Whicker and Mike Wilson were named to the allistate squad and Clifton was also selected to participate in the East West game. David Cropp received honorable mention as allistate kicker

All-area performers were Clifton Whicker, Mike Wilson, David Cropp. Eric Davis, and Norman James Honorable mention for that squad went to Paul Rodio, Kenny Brooks, Tracy Brooks, Clarence Rogers, An thony Keith, and Eric Brandon. Earning the distinction of all-city/county players were Clifton Whicker, Mike Wilson, Clarence Rogers, David Cropp, Eric Davis, Norman James,

"Football was a great experience. Even though we didn't win a championship, in our minds we are and will be champions."

Above: Reggie Burton eludes his Rocket opponent



and Kenny Brooks. Honorable mention went to Paul Rodio, Eric Brandon, Anthony Keith, Scotty King, Reggie Burton, Tracy Brooks, Brian Caldwell, Joey Gempler, and Chris Alonso. All-conference choices were Tracy Brooks, Anthony Keith, Clarence Rogers, Clifton Whicker, Paul Rodio, Norman James, Eric Davis, Mike Wilson and David Cropp.



Left: Led by Norman James, \*60, Nor them's highly touted defense swarms over Durham High's quarterback. Below: The Knights perform under the watchful gazes of head coach Kenny Browning and assistant Eric Holsonback





Co-captain Mike Wilson and Greg Bumpass await the coin toss before the Hillside game



Clifton Whicker displays the leadership quality that made him co-captain and Eric Brandon displays the dedication that earned

him the Golden Helmet award, from the sweltering heat of preseason practice to the last game of the year at North Forsyth

Front Row: Tracy Brooks, Jay Fogleman, Kenny Brooks, Joey Gempler, Quenton Yarborough, Neal Clark, Tim Craig, Paul Rodio Chris Primeaux, Kenny Foreman. Row 2: Todd Cates, Earl Kiser, Isaiah Holmes, David Cropp Marc Lunsford, Reggie Burton, Brad Holt, Don Witten, Jeff Matthews, Sidney Evans, Sam LeNeave. Row 3: Scott Morton, Scotty King Coach Sonny Inskip, Coach Craig Torrey Coach Kevin Billerman, Coach Kenny Brown-

ing, Coach Eric Holsonback, Coach Jerry Krecicki, Coach Gary Merrill, Steve McGugan, Kenny Bragg, Norman James. Row 4: Billy Williams, Jeff Stauffenberg, Patrick Umstead, Chris Alonso, Greg Bumpass, Eric Davis, Eric Brandon, Clarence Rogers, Page Stallings Chuck Ashanti Row 5: Mike Wilson, Preston Kee, Clifton Whicker, Orlando Roberts, Anthony Keith, Rodney Turrentine, Dale Ray









Left: Serious expressions are on all the players' faces as they concentrate for the pregame specialty period

Top: Lining up, the team gets psyched up for Hillside

Above: A key to any good defense is pursuit of the ball-carrier. Here Billy Williams #86, Sam La Neave, #42, Eric Davis, #89, and



#### Helping Hands

If long hours dirty laundry

and taping ankles sounds like fun, then perhaps the life of a trainer or manager is for you. They are groups that perform all these tasks and more, and they are a tremen down asset to the athletes and coaching staff.

Under the supervision of Coach Herb Amato, Deidre Leaver, Sue Aikens, Beth Glenn, Tracey May,

Wendy Watson Amy Holben and Lance Hasty work together to help prevent as many athletic injuries as possible. They also treat in juries that occur and aid in rehabilitating, the injuried athlete.

Managers Robert (Fig. Parker, Kim Rumpf, and Cheryl Crews assist the coaches in the care of equipment and supplies. They help keep things running smoothly during practices and games.

Both groups are a vital part of Northern's athletic programs and are greatly appreciated



Brad Holt, #54, hustle after Millbrook's running back.



Full of enthusiasm and anticipation, the Knights charge out to victory against High

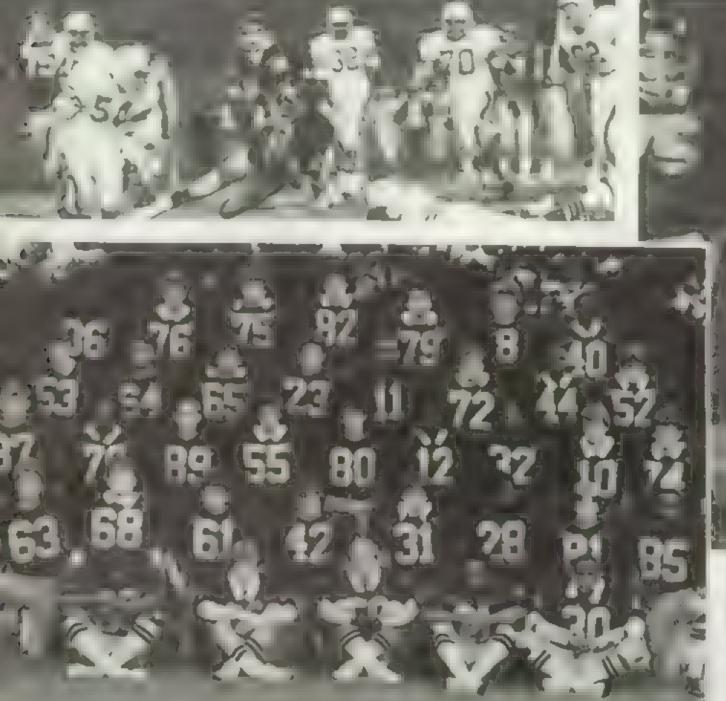
Point Andrews

#### **Breeding Success**

JV football teams were formed to help younger and smaller sophomore players develop and adjust physical ly and mentally from junior high to high school football. At Northern, not only is its JV football team a developer but it is also a breeder of excellence and success. For the second straight year, the "Baby Knights" have posted a perfect 9-0 mark as they rolled over their opponents. Under the direction of Coach Sonny Inskip, the team has set a tone for winning that will

"Hardwork, unselfishness, and dedication helped make this team successful."

hopefully continue. The continuing improvement of such players as running backs Walter White and Jesse Adams, and linemen Leon Johnson and Kevin Blomberg, was a major factor in the JV team's success this year



Front Row: Mitton Shackleford, Derrick Parnell, Marc Copeland, Bob Bass, Kit Daye Row 2: Russell Monsees Chuck Ellia, Vic Smothers, Kevin Blomberg, Shayne Crabtree Rodney Brunson, Barry Crabtree, Antwon Keith Row 3: Don Lunsford, Leon Johnson Chris Herndon, Lee Francis, Tony Rowland Darryl Wright, Jesse Adams, Shawn Prutt Woody Browning, Row 4: Adam Harriss, Mike Tilley, Jesse Dixon, Ryan Britt, Ken Pulliam

Brent Thomas. Robert Poole Mike Clark Row 5: George Pearley, Scott Stirrup, Willis Herweyer, Joel Hurley, Charles Haithcock, Todd Freeman, Walter White. Top Left Displaying an unusual running style Rodney Brunson picks up a first down in the romp over Roxboro. Top Right: Splitting time with Todd Freeman, Ken Pulliam gets the next play from the sideline



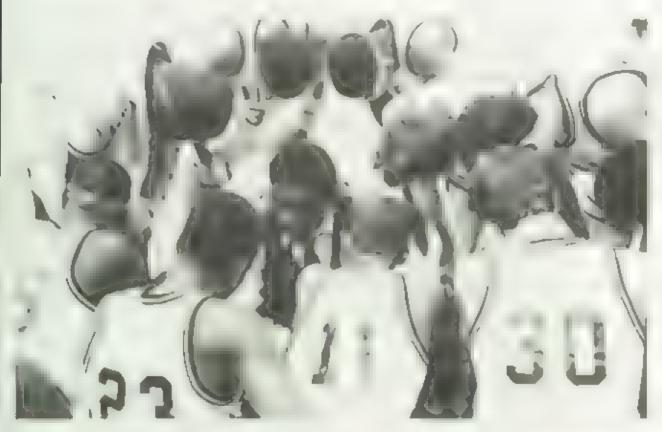
After scoring a touchdown, Jesse Adams trots off the field with his lead blocker Kevin Blomberg

#### The Winning Goal

"I could not give the credit for winning to any one player," said Coach Craig Torrey. The whole team contributed much time and effort to meeting the goals of developing better defensive skills and offensive power. Starter Teddy Lachman shot well outside, as George Pearley, a surprising newcomer, contributed points from inside and David Dixon offered his consistency and quickness.

#### "Teamwork makes the most of talent."

The most memorable game was against Athens Drive. During the game there was a two point lead that changed hands fifteen times. The Knights showed their poise and pulled out a two point win.







Top: Strategy is a must for Coach Forrey and his team. Front Row: Kit Daye, David Dixon, Ted Lachman, Bryant Armstrong, Brian Murphy. Row 2: Coach Torrey, Mike

Bullock, George Pearley, Rick Pendergrass, Eric Peaks, Lawrence Williams, Darryl Glenn, Lowell Mangum, Rodney Brunson, David Archer



Top: Controlling the situation, Bryant Arm strong gives teammates time to set up. Above After his shot, Lawrence Williams hustles back to set up on defense

#### Young, Intense, Hard Working

Varsity basketball coach Kevin Billerman described his team as the "young, intense, hard working, and hard luck Knights." As for being young, this was Billerman's first varsity team to have three sophomores, Brian Caldwell, Marvin Parker, and Joel Hurley. All three enjoyed con siderable playing time with Brian Caldwell starting and Marvin and Joel contributing in a positive man ner coming off the bench. Usually matched against bigger teams, the Knights relied on a tenacious defense, hard work, and all around in tense play to compete with perennial powers Southern and Chapel Hill

Games with these two teams were indicative of the hard luck which plagued the Knights. For example, in the Southern game, Northern led going into the final seconds and lost on a desperation lay-up after a rebound In the Chapel Hill game, Northern led going into the last three minutes only to have turnovers and a couple of tough calls turn that game against them. All together, eight of the losses were by deficits of eight points or less. All eight of these losses were decided in the final three minutes and three of these went into overtime.

More adversity that the team had to deal with was the injury of its two leaders Dee Riley and Kenny Brooks Dee, one of the top scorers in the league, went down with a broken hand and Kenny Brooks, the experienced floor leader, was slowed by a knee injury. Though both were out for several games, the Knights still played with intensity and effort

Dee Riley, leading scorer with a 20 point game average slams for two against the Hornets









Top: Determined to be first to reach the ball, Vince Zwadyk displays the intensity that made him such an asset to the team. Team Front Row: Chris Alonso, Brian Caldwell Kenny Brooks, Tony Moore, Norman Glenn

Row 2: Coach Eric Holsonback, Mike Desmond, Scott Roberts, Marvin Parker, Gerald Lee, Joel Hurley, Dee Riley, Anthony Keith Ken Murphy, Vince Zwadyk, Coach Kevin Billerman

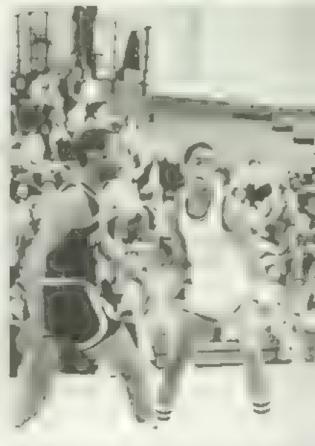
**Super soph** Brian Caldwell directs the Knight attack against Durham High



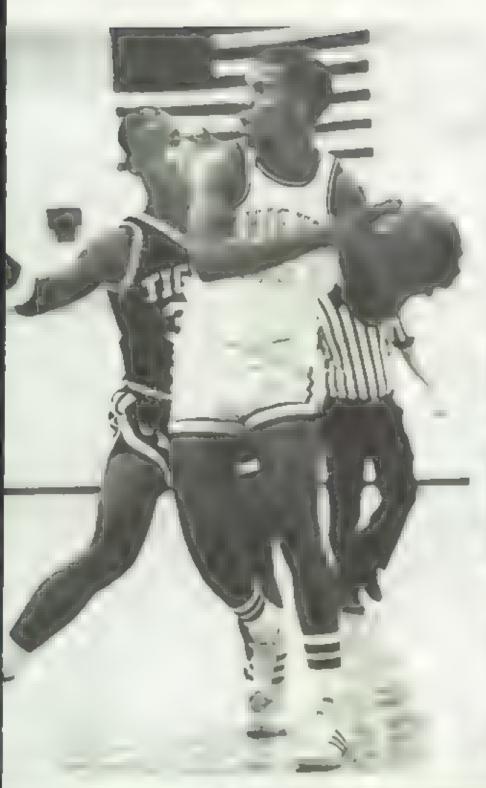


Faking out his Bulldog defender, Kenny Brooks drives to the hoop

The team takes a breather as action is haited due to an injury to a Durham High player.



Sophomore Marvin Parker, here cutting to the basket, saw considerable playing time as a reserve

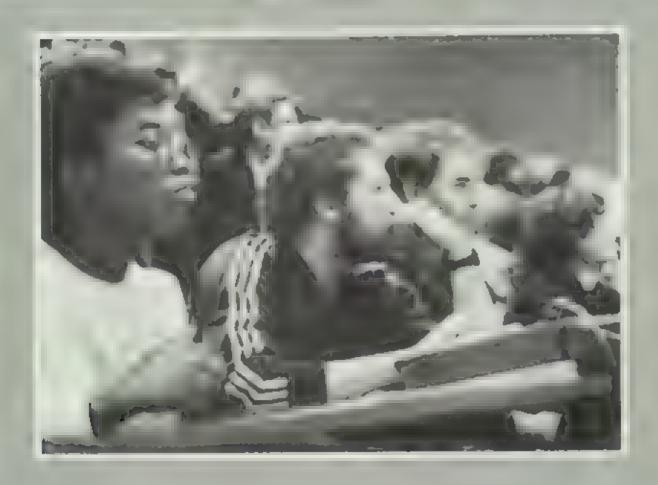


Coach Billerman gives instruction during a crucial timeout in the game with Hillside

Under pressure in a close game with Chapel Hill, Anthony Keith looks for an open teammate

"They were young, intense, hard working, hard luck Knights."





#### The Extra Mile

Taking care of the Orren David Poe gymtorium may be Tim Standifer's job, but his involvement at Northern goes far beyond that work. His interest in and help with all facets of NHS athletics from scouting opponents to keeping the clock at games is appreciated by players and coaches.

#### Friendship and Spirit

## Brought the Ladies Luck

Though mostly young and inexperienced, the Ladies enjoyed the rewards of a winning season. Starting three sophomores and two juniors most of the season, the team began to jell as a unit during the conference schedule. Sonja Orris said, "The new players have really improved, and it really helped the team out."

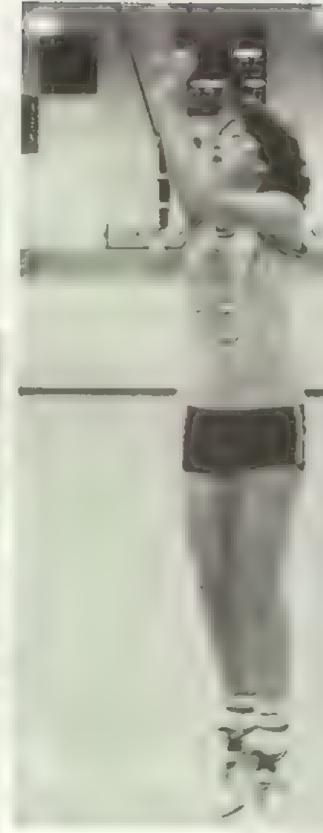
The squad was led by juniors Jody Shields, averaging 10.8 ppg and Carla McLaughlin with 9.6 ppg. Carla said of the season, "I feel that we've had a good year, even though it could have been better. We lost some games we should have won." Rebounding was led by sophomore Michelle Abrams with an average of 6.7 rebounds per game. Wins against Person and Chapel Hill highlighted a successful campaign.

Leadership was provided by senior captain Marsha Campbell and senior teammates Mechelle Cash and Sonja Orris. Mechelle sums up her feelings, "We've played well and we've all remained friends," — a factor Mechelle feels has been an important key to the team's success

The Ladies listen intently as Coach Malechek plans his strategy against Hillside

The team's leading scorer, Jody Shields, keeps the Ladies on top with her shooting form







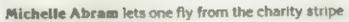
Good defensive play was a key to the Ladles' success, as Marsha Campbell and Carla McLaughlin demonstrate

Looking for an open teammate, Carla McLaughlin watches for a good pass.



#### Flying higher than a Rocket," Charletta Smith scores two on the fast break

#### "We've played well together and we've remained friends."









Front Row: Gale Hamilton, Marsha Campbell Kim Dennis. Row 2: Coach Dave Malechek, Mechelle Cash, Charletta Smith, Michelle

Abram Jody Shields Sarah Hickingbotham Tonya Glenn, Sonja Ords, Carla McLaughlin, Amy Berkley



Lending a helping hand, manager Lance Hasty puts the basketballs away

#### Traditional Excellence Gives Wrestlers

#### THE WINNING EDGE

A winning tradition — Northern wrestlers seem to have a knack for it. Despite having only three seniors, the wrestlers went on to notch a perfect 14-0 record. Larry Smith, voted conference wrestler of the year and one of the senior captains summed up the uniqueness of the sport by saying, "Wrestling is an individual sport. When you're out on the mat, you cannot blame anyone for your mistakes.

The team, which was composed mostly of sophomores, proved that the conference title and a perfect record can be achieved even without

a lot of high school wrestling experience. As Eric Brandon said, "Wrestling was really fun this year because we had a great class of tenth graders to come over it was nice to see them progress on the first undefeated team at NHS." Coach Sonny Inskip stressed the importance of believing in your abilities and preparing yourself mentally as well as physically for the matches Clifton Whicker, a senior captain also said, "I wrestle for the challenge of it, but if you aren't mentally ready for the other guy, you can never

win." Clifton, Larry and Eric had excellent overall records. Clifton and Larry were undefeated in the regular season and both went to the wrestling regionals along with powerhouses Jay Fogleman and Leon Johnson. Leon, a sophomore, pinned all his opponents except one during the regular season. Juntor starters Tim Deck, 138 pounds, and Warren Massey, 126 pounds, added points in many matches along with Craig Dye and Jim LaBianco who wrestled in the 98 and 105 weight classes



With intense concentration, Captain Eric Brandon takes charge and gains another win



From start to finish, Clifton Whicker takes his man, slams him and earns the heavyweight title at the sectionals







Going over the rules with the referee are captains Larry Smith, Eric Brandon, and Citi ton Whicker

Facing a victory, Warren Massey uses the guillotine to finish his opponent

"When you're on the mat, you can't blame anyone for your mistakes."

# Tipping the Scales

Not eating Christmas dinner?? Eric Brandon sacrificed his holiday meals in order to "make weight" to wrestle He lost all sixteen pounds, losing ten in only one week. Leon Johnson had a rougher time getting rid of his twenty-one extra pounds. Losing weight meant a combination of run ning and jumping rope which helped to sweat off water weight. Decreas ing food intake helped to maintain weight during the season, Even though it was difficult to lose weight, especially the first five pounds, Leon felt it was worth it because "I began to feel better getting in shape and at the same time was able to stay at my weight class." Athletes who lose weight must do it carefully because a rapid weight loss can lead to a loss of performance efficiency,

Football coach Kenny Browning stresses the importance of losing weight to several of his players. His goal is to help them gain better eating habits so they will not end up

as overweight adults.

An athlete's best choice of food for energy is carbohydrates. What is most important to the body is the food taken in the day before the event, for that is what the body converts to energy. Athletes should eat what they want prior to the event. Susan Myers, cross-country and track runner, eats very little on the day she competes because she feels she runs better on an empty. stomach

Whether losing, gaining, or maintaining weight, in order to put the body through strenuous physical activity, an athlete must pay close attention to his diet.





Front Row: Joel Gilley, Jim Griffin, Larry Smith, Warren Massey, Craig Dye, Bill Downey, Jim LaBianco, Larry McFadden Ricky Miller, Kyle McFarland, Row 2: Ronnie Quiambo, Donnie New, Russell Smith, Peter Cary, Kevin Blomberg, Tim Deck, Jesse

Adams, Lee Swain Barry Crabtree Michael Curtis. Row 3: Rodney Purvis Thad Gilchrist, Sidney Evens, Clifton Whicker, Jay Fogleman, Eric Brandon Leon Johnson, Sam LeNeave

#### Winning Edge continued



Big Six wrestler of the year, Larry Smith gets three points in a crucial match with a Rocket rival







Always at mat side, Coach of the Year Sonny Inskip and assistant Don McClintock give encouraging words to the wrestiers

All conference wrestler Craig Dye and trainers Mary Grace Chaney and Sue Aikens keep an eye on each match

# Hit and Run

The "diamond Ladies" hit and ran their way to a Big-Six Championship and a berth in the state playoffs. Un fortunately, due to inexperience, they lost in the first round to a tough Athens Drive team. Even with this in experience the Ladies used their abundant talent to field one of the most successful teams in the school's history as shown by their third straight conference championship

"Although we won the conference champion-ship, we were basically inexperienced."

The team was led by senior all conference outfielder Lisa Colclough who, with a school-record batting average of .589, was voted MVP and by junior all-conference pitcher Mechelle Cash. Other leading contributors to the team were all conference second baseman Wendy Watson, Marsha Campbell, and Michelle Leonard

Although it is hard to argue with a winning season. Ann Rodio points to the team's inexperience as a nagging problem. Not only was the team composed of a majority of sophomores, but also "Many of us were playing positions that were very new to us and it took some time before we felt confortable."

Inexperience one year builds maturity for the next. As one enthusiastic player put it, "This year's season was nothing compared to what next year's will be."

Above: An RBI double is ripped down the third base line by Stephanie Matthews during the Vance game

Right Lisa Colclough slides safely into third to give herself a triple





Left: Another strike-out pitch is delivered by Mechelle Cash Below: Enjoying the Person game, the Ladies take a break between innings





Row 1: Ann Rodio, Lisa Colclough, Michelle Leonard, Wendy Watson, Gail Hamilton. Row 2: Wendy Tilley, Angela Green, Jody Shields,

Marsha Campbell, Stephanie Matthews, Mechelle Cash, Shufonda Brown, Coach Dave Malechek



A homerum is celebrated as Jody Shields crosses the plate against Vance

# Playing the Field

Inexperience, bad breaks, and strong competition were major factors in the baseball team's disappointing record. The loss of key players at the beginning of the season put extra responsibility on the shoulders of younger team members.

However, a season is more than wins and losses, and this one was no exception. As Paul Rodio said, "The

team showed great character even under adverse conditions." Coach Jerry Krecicki echoed those sentiments. "... every player gave 100% in the games and practice. They are a fine group of young men." Jay Fogleman stated, "Playing for Coach Krecicki was a learning experience. He taught us about the game and about sportsmanship."





"The team showed great character even under adverse conditions."

Above. Winding up. Marc Lunsford pitches relief and stops the rally of the opposition. Above Right. Stretching for a catch. John Dixon gives the extra effort to steal a potential base hit. Left: The team in prayer before the game.



The highlight of the season was a 6-5 win over Durham High. The Bulldogs had beaten Northern twice previously; but with extra effort, the Knights pulled off the victory. MVP award went to Mike Seate who tallied seven homeruns and batted .500. Others cited for their accomplishments were Ronnie Elliott and Neal Clark, both with batting

averages over .300, and pitchers

Marc Lunsford and Mike Cash.

1 Team, Row I: Paul Rodio, Tim Clark, Roger Batca, Ronnie Elliott, Ronnie Batca, Brian White Row 2: Beth Whitfield, Chuck Coates, Barry Baker, Chris Pickett, John Dixon, Mark Lunsford, Joey Gempler, Mary Taylor Row 3. Coach Krecicki, Kevin Whitfield, Jay Fogleman, Alex Kiser, Mike Cash, Neil Clark, Brian Chappell

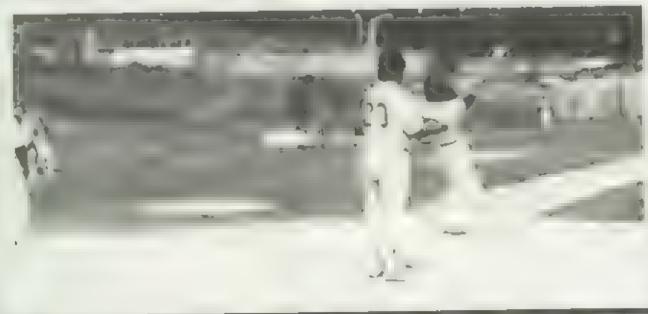
2 Pitcher Mike Cash's determination paid off in the one hitter against Roxboro.

3. Getting the team ready for the Chapel Hill game, Coach Krecicki and Barry Baker hit flies to the outfield

4 A consistent third baseman, Terry Smith helds another

5. MVP Mike Seate and fellow teammates take a break from the field











# -What A-

## -Follow-

# -Through!-

By winning the Big-Six championship and by placing first in the sectionals and fourth in the state match, the Knights on the greens had a great season. This accomplishment was due both to the fine tutelage of Coach Kevin Billerman who was selected Big-Six Coach of the Year, and to the great play of seniors Paul Steelman, Scott Haden, junior John Veasey, and freshman John Maginnes.

Paul Steelman was by far the stand-out on the team being "Area Player of the Year" for two years, first team All-Conference for four years, Individual sectional champion.

scholarship to ECU. As Coach Billerman stated, "Steelman and Haden will be sorely missed. Their attitude and discipline were the foundation of our team's success for the past three years. Hopefully another young man will take over and keep NHS among the state's golf elite."

Three possible players who could step forward to make the "Swinging Knights" state contenders once again are John Veasey, John Maginnes, and Eli Rozier. The team will look to these three for their ability and leadership









Above: Row 1: Jeff Tillman, Paul Steelman, John Maginnes, Kevin Wicker, Brian Whitaker. Row 2: Paul Lampe, Eli Rozler, Scott Haden, Tim Bennett, John Vessey, Chip

Castle, Coach Kevin Billerman. Left: Scott Haden finds himself in the rough for one of the few times this season



Left. An excellent golfer, Eli Rozier excelled in the Durham Herald Sun Tournament Below: Paul Steelman practiced the putting stroke that earned him Player-of-the Year honors





Left: The powerful swing of John Voasey was a quality that made him one of the team's top performers. Above: Between shots

Rozler and Veasey discussed strategy as Tillman listened in

With all his force, Clarence Rogers hurls the shot put

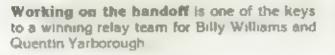
# "... the best team in attitude and dedication

Mike Wilson stretches for a winning distance in the long jump













Practice can be fun as Trent Moorehead proves

Vaulting to victory, Todd Cates prepares to soar over the bar



# Racing Form

Track is an individual as well as a team sport. Members work on improving their own times, jumps, or throws. Their objective as a team is to combine all of this individual hard work to obtain a win

work to obtain a win

The team had much inexperience as many underclassmen learned the ropes. The team members all worked very hard together but there were several who gave an extra effort. In this group, Rodney Taylor displayed his efforts in the 400 meter run. Nor man James showed his unique talent in the shot put. Most Valuable Field performer was given to Marc Cheek Kenny Brooks received the Most Improved award

Many of the members had different accomplishments. Quenton Yarborough commented, "I improved on my time." Kenny Brooks added "I broke my own record in the 400 meter run." Garrett Wall commented, "I was fortunate to make it to the sectionals as a sophomore."

Coach Torrey summed it up by saying, "They were the best team in attitude and dedication that I have been involved with."

Showing winning form, Eric Brandon Winds up for the perfect discus throw





Team. Front Row: Art Hood, Mark Cheek Dale Ray, Dale Keith, Garrett Wall, Robbie Honeycutt, Vince Zwadyk, Rodney Taylor Row 2: Morman Gienn, Quentin Yarborough, Thomas Swain, Vance Terrell, Kenny Brooks Billy Williams, Troy Holloway, Trent Moorehead, Walter Vereen, Toby Lucas. Robert Townsend, Row 3: Coach Zucker, Coach Merrill, Warren Posey, Eric Brandon Norman James, Mike Wilson, Clarence Rogers, Lucious Hedgspeth, Tony Scott Coach Torrey

A perfect stride in motion, Warren Posey sprints to the finish line

# The State's Finest

To win the state title once is an achievement in itself, but to win it twice exemplifies true excellence of team effort and spirit. The participants of the winning Ladies' team were quality athletes with special talents who worked hard to earn the title. The combination of dedication, strength, and willingness to participate on the team made them win ners. As She-She Smith commented, "We are all together as a big happy family competing to be number one."

Many of the members shared the same feelings about having the honor to be on the state's number

one track team and participating i the meet. As Debra and Denise Dort admitted, "Our special moment wa getting a chance to run in the stat and placing!" For others the excit ment of competition was the specia moment. As Yolanda Taylor states "Competing against others creates challenge to make me work harder. Carla McLaughlin added, "To con pete against others with the sam talent and to come out on top is great feeling." Toynetta Robinso summed it all up, "... We have practiced and worked very hard to be th best team and winning the state titl made it all worthwhile."



"... if you work hard at anything, you can come out #1."

Above: Gina Longo says, "I picture myself going through every motion of the event Right: Coach Mary Walker is proud of her team. "They were quality athletes who work ed hard for the title





Row I: Nedlaa Parker, Debra Dorty, Mary Grace Chaney, Ruth McClary, Condra Jones, Carla McLaughlin, lika Irving, Lisa Bass, Anita Parker, Karen Cates, Denise Dorty, Kris Lewis Row 2: Kathy Kay, Mesina Richmond, Meta Jesinger, Cynthia Riddick, Shirley Lewis, Rhonda Teasley, Darlene Keith, Tracey Adams, Yolanda Taylor, Yvette Scott, Coach Mary Walker. Row 3: Coach Linda Fleming, Edith Schlecht, Sharon Clayton, Myra Love, Cynora Reed, Gina Longo, Gwen Crawford, She-She Smith, Kern Gilmore, Peggy Williams, Toynetta Robinson, Lori McAllister, Terri Garrett

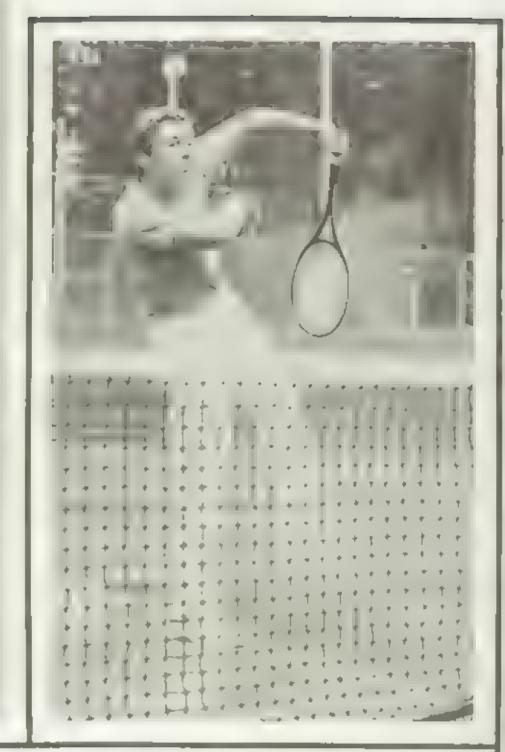
During practice, Gwen Crawford displays the discipline that made the Ladies state champions

# SUCCESS

"All work and no play makes Jack a dull boy." This seemed to be the motto for the boys' tennis team. Combining talent with playfulness wasn't easy for Coach Paul Henschen but the team finished impressively at 11-3 and earned second place in the conference. "I think we did well. Coming in behind Chapel Hill is an honor," says Neil Plyler.

The team's biggest match was a second one with Hillside. The Knights were ahead 42 at the end of singles play and then won 2 of 3 doubles matches to revenge an earlier loss. Chris Bennett, first seed and all-conference pick, summed up their method of winning well. "We do mess around, but we win when it comes down to it."

Right Stabbing at a tough shot, Neil Plyler returns with a volley. Below, Clockwise Frankie Mylott, Kenny Magas, Roger Akers, Walter Peel, Coach Paul Henschen, Parks Moss, Bryant Armstrong, Jeff Jeffries, Neil Plyler, Al Mason, Chris Bennett, Dickie Hutson











Above Left Mark Berendsen demonstrates perfect form for a forehand. Above: Number one seed Chris Bennett hits a crosscourt backhand to win in the match with Durham High Left: Dickle Hutson hits a winner to finish his match with a Vance opponent

"When it came down to it, we took our matches seriously and won."

## KNIGHT PRIDE

If you wanted to do something that lasts from April to the end of February, it would be cheerleading Early in the spring, try-outs were held. They consisted of learning a dance routine and a cheer, of making a poster and an original cheer to be performed before a panel of judges After the girls were selected, practices for summer camp began. The squad practiced twenty-five hours the week before camp in order to perfect their routine. But the practice paid off, for after a tiring week, the

squad took home the Best Varsity Squad Award from East Coast Cheerleading Camp. Eight girls also received medals for being among the top fifty-four cheerleaders at camp and competed individually for Best Senior High Cheerleader. Chosen were Tammy Ellis, Diana Hawley, Lesley Holland, April Maness, Lyn Mathis, Kellie Major, Melissa Moore, and Ray Umstead. Tammy, April and Ray were chosen best in group and received a trophy for their extra efforts

In July, under supervision of spon sors, Mrs. Kilgour, Mrs. Christy, Mrs. Walton, and Miss Lambert, the squad attended the East-West football game. After school started, the girls were kept busy with weekly duties such as poster, booster, and runthrough making, raising money and bringing goodies to school for the players on game days in addition to homework and practices. "I like it a lot. You feel more important than when you were a J.V. cheerleader," says junior Diana Hawley. Cheerleading responsibilities are many, and sometimes riding home from a late away game, seem overwhelming. But as Lesley Holland said, "I got chills the first time I stood on the field back in August, when the band played the fight song. It's worth every bit of it."

"I got chills the first time I stood on the field back in August, when the band played the fight song. It's worth every bit of it."



Above: Planning is a part of the weekly practice Center: Check us out!

Right: Senior April Maness pauses during the WRAL Award pep rally





Left to Right: Amy Crabtree, Melissa Moore, Kelly Way, Leigh Hopkins, Kellie Major, Tammy Ellis, Lyn Mathis, Erin Moore, Lesley Holland, April Maness, Ray Umstead, Diana Hawley

18

Front Row: Amy Golfiday, Laura Roe, Melanie Hutson Row 2: Heather Harriss, Melissa Pattishall, Debbie Thurman, Liz Webb. Row 3: Hope Carlson, Brenna Alonso, Norma Russell, Ruthie George, Christie Riddle



"It took a lot of work and time to be on the squad but the results were worth the time and effort."

Left: During a timeout, Debbie Thurman and Liz Webb show the crowd who's number 1. Center Leading the crowd, cohead Norma Russell cheers on another JV victory. Right: Hours of practice are evident in the squad's precision



## **Talent**

Coming to Northern for the first time was a little easier for the thirteen members of the JV cheerleading squad. They had tried out at NHS in the spring of their ninth grade year and practiced jumps, cheers and sequences all summer long. Led by head Brenna Alonso and co-head Norma Russell, the squad went to sum-



mer camp and took the best JV Mrs. No trophy home. Four were chosen "They're outstanding in their group. They bunch to were Hope Carlson, Amy Golladay, Cheering ball gam was also awarded second runner-up girls' gar for best senior high cheerleader and support awarded best in group.

Heather Harriss, who had never cheered before, said "cheering was neat and it gave us a little identity as sophomores." Sponsoring the JV cheerleaders and keeping them in line were Mrs. Hatcher, Mrs. Hall and



Mrs. Newman. Mrs. Hall stated, "They're really nice girls and a great bunch to work with." In addition to cheering at JV football and basketball games, they often cheered at the girls' games giving the Ladies extra support



Left: Cafeteria duty is a part of Coach Tor rey's daily routine. Below: Offering suggestions to Sonja Orris, Coach Williams makes volleyball practice a productive time







#### Dedication

If there were one word to describe our coaches, it would be "dedication." Coaching is a form of giving as it is impossible to pay these people what their time is worth. Most coach because they love it. Washing towels and uniforms, checking equipment, practicing even in the rain and mud often made the day seem endless. Game situations or bad calls ran

through the coaches' minds long after the last second of play. Also coaches must set an example for their teams by being at practice even when they really didn't feel up to it. Their first responsibility is to their job as a teacher, so coaching is actually double duty. Even time spent with family and friends was diminished

However, the positive sides of coaching outweigh the negative. Even though the expense of energy is constant, there are rewards. See

ing that particular player finally perform up to his potential or hearing of a former team member getting a scholarship are the unspoken benefits. At the end of the season, there are the memories of victory, special highlights that linger.

Above Left: The Intense concentration necessary in a game situation is evident on Coach Browning and Coach Merrill's faces Above Right: Spending a few moments talking to players is one of the pluses of coaching that Coach Holland enjoys.

# Scoreboard

#### VARSITY FOOTBALL 10-2

NHS	45	Jordan	- 6
NHS	49	Enloe	- 0
NHS	10	Cary	0
NHS	20	Millbrook	6
NHS	28	Sanderson	- 6
"NHS	18	Hillside	7
*NHS	32	Chapel Hill	-0
"NHS	17	Vance	0
*NHS	37	Durham	0
*NHS	28	Person	37
**NHS	21	Andrews	12
**NHS	9	N. Forsyth	17

#### CROSS-COUNTRY Boys --- 2-3

*NHS *NHS *NHS *NHS	37 38 17 15 43	Hillside Chapet Hill Vance Durham Person	18 21 38 40 19
	Girl	is — 2-1	
NHS	29	Orange	52

NCSSM.

Chapel Hill-

17

NHS

NHS

29

38

#### GIRLS' BASKETBALL 11-9

4	Southern	40
44	Jordan	48
1	Athens Drive	48
	Jordan	34
11	Cary	44
48	Athens Drive	38
38	Sanderson	32
41	Cary	65
45	Sanderson	25
54	Person	48
5,	Hillside	35
Palls	Southern	32
F <sub>5</sub>	Chapel Hill	34
42	Vance	46
H	Person	53
4.1	Hillside	24
3.5	Chapel Hill	48
40	Vance	44
45	Hillside	32
49	Person	67
	49 47 48 48 49 54 57 57 57 40 45	Jordan Athens Drive Jordan Cary Athens Drive Sanderson Cary Sanderson Cary Athens Drive Sanderson Athens Drive Bath Sanderson Athens Drive Bath Sanderson Cary Athens Drive Bath Sanderson Cary Athens Drive Bath Sanderson Cary Athens Drive Bath Sanderson B

#### VOLLEYBALL 17-7

NHS	1	Southern	2
1115	1	Orange	2
**1135	1	Hillside	2
*NH5	2	Chapel Hill	0
4444	2	Chapel Hill	- 1
*NILL?	1	Vance	2
**sFPs	1	Vance	2
47414	2	Durham	1
*****	2	Durham	1
# 54 Pd - 5	1	Person	2
42512	2	Person	0
and black	2	Hillside	- 1
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****115	2	Vince	0
****	0	Hillside	2

#### GOLF --- 1983

*NHS	1st at Vance
*NHS	1st at Northern
"NHS	1st at Chapel Hill
*NHS	1st at Hillside
*NHS	1st at Person
*NHS	1st at Northern
**NHS	1st at Sectional
##NLIC	Ash at Centa Mans

#### WRESTLING 14-0

NHS	, 59	Арех	1
NHS	51	Orange	-13
NHS	43	Athens Drive	20
NHS	46	Sanderson	2
*NHS	65	Hillside	
*NHS	57	Chapel Hill	12
*NHS	72	Vance	
*NHS	54	Durham	10
"NHS	52	Person	- 4
*NHS	59	Hillside	- 8
*NHS	- 46	Chapel Hill	17
*NHS	62	Vance '	14
*NHS	59	Durham	4
*NHS	48	Person	-18
NHS	3rd	Orange Inv	
NHS	3rd	Bull Durham	
**NHS	lst	Southern Inv.	
**NHS	3rd	Mideast Sect.	

#### J.V. FOOTBALL

NHS	37	Enloe ,	6
NHS	20	Cary	6
NHS	26	Millbrook	13
NHS	38	Sanderson	8
*NHS	56	Hillside	- 0
*NHS	55	Chapel Hill	0
*NHS	35	Vance	6
*NHS	38 _	Durham	0
*NHS	41	Person	6

#### GIRLS' TENNIS

NHS	8	Orange	1
NHS	6	Southern	3
NHS	9	Southern	0
NHS	4	Hillside	0
NHS	0	Chapel Hill	9
NHS	4	Vance	5
NHS	8	Durham	1
NHS	8	Person	1
NHS	7	Hillside	2
NHS	0	Chapel Hill	9
NH5	3	Vance	6
NHS	9	Durham	0
NHS	O.	Parcon	0

#### VARSITY BASKETBALL 11-14

NHS	82	Orange	64
NHS	62	Southern	-68
NHS	86	Jordan	80
NHS	58	Athens Drive	75
NHS	80	Jordan	70
NHS	62	Cary	60
NHS	-59	Athens Drive	49
NHS	51	Sanderson	45
NHS	70	Roxbero (OT)	7E
NHS	6h	Bluestone	46
NHS	59	Cary	69
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*NES	57	Hillside	61
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#### BOYS' TENNIS - 1983

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NHS	5	Orange	4
*NHS	5	Vance	4
*NHS	9	Durham	0
*NHS	9	Person	0
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*NHS	0	Chapel Hill	
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#### BASEBALL — 1983 411

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* 11 .	6	Chape Hill	-
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<sup>\*</sup>Conference garnes

<sup>\*\*</sup> Playett rames





Reaching out ... a concept, a function, a phrase. Teachers stretch their minds to present their segments of knowledge in an interesting and captivating manner while students strive to grasp the basics before they are thrust into the world of technology and continuing education. Something different occurs, however, as the teacher and student work together to learn and apply their skills.

# ACADEMIC/

# Expectations of Excellence

Dedications are for special people — People who are leaders Who care, Who strive for the best Who have "Expectations of Excellence

A yearbook dedication is for one special person.

A small reward for years of work.

We honor those who have led us to Excellence in Sports.

Superiority in Academics.

Thriving extracurriculars.

We honor those who have had "Expectations of Excellence."

This year our *Polaris* dedication is for one man

A man who has seen us grow From 400 to 1700 strong

From teenagers to adults

A man who has been a parent

A man who has been a parent wanting more of the best for his children.

For twenty-four years he had demanded 'if we're going to do it at Northern, we're going to do it right

For twenty-four years his expectations of excellence have provided us with personal opportunities, with team championships, with the best days of our lives

For twenty-four years he has felt great" about us, demanding that we feel "great" about ourselves, about Northern

His expectations have pushed us toward that greatness F at all this and more the 1984 Polaris is dedicated to

Orren David Poe.

June 2, 1920-February 24, 1984





Top Feeling proud, Mr. P. e. and Mrs. Riggs welcome guests at the dedication of the new gym. Above: Relating stories of big Northern High, Mr. Poe entertains his grandson Brian.

"The most memorable moment" the dedication of the gym, is captured in a smile. Above Proud of the girls. Mr. Poe watches the Homecoming Court parade onto the field

# More

The time tested "actions speak louder than words" again proves true when speaking of the dedication of assistant principals Mr. Mobley, Mr. Johnson, and Dr. Thomas.

Supervising the building and grounds, Mr. Mobley spent most of his Christmas vacation checking on Northern. Christmas Day he was firing the boiler to protect the pipes from freezing weather. Throughout the year he attended construction meetings to plan for the new vocational facilities. A math teacher for nine years, Mr. Mobley was asked why he changed to administration. "Good question," he said, but added that the need for a change was the major incentive.

## Than

The man who has been enjoying "the change" longest is Mr. Johnson who helped coach in 1971 and became assistant principal in 1973. Along with supervising the buses, Mr. Johnson teaches students to respect one another. Beginning with orientation, he stresses that there would be no problems if "we all respect the rights of others." Mr. Johnson feels this philosophy has helped Northern to improve over the years.

Dr. Thomas, who heads up personnel, also sees the school in a positive light. Whereas many schools are too busy with discipline, students may actually learn something here which, Dr. Thomas added, "is a credit to everyone

# Words

involved" — faculty, parents, community. While Dr. Thomas admits he sometimes misses the rapport he had with students in the classroom, he also enjoys knowing a larger number of students.

Mobley, Johnson, Thomas—each is proud of Northern. As Mr. Johnson said, about 98% of the student body are the nicest people you would ever want to be around. Parental support is strong and there is a solid academic curriculum. All three agree that the job "is never routine and this is one of the few jobs that is really worth doing for it has impact for the good on a lot of people."



Mr Robert Johnson



Mr. Deon Mobley



Dr. Ike Thomas

# Behind the Scenes

We see them every day ... they keep this school running smoothly

But we don't thank them nearly often enough. They're our support staff — the custodians, library aides, bus drivers, and cafeteria and office staffs.

Speaking for the custodians John Christopher noted that while the students could be more cooperative, he generally enjoys his work. "It's a real nice school. The people are friendly,"

"The hours are nice," said Linda Vickers, a secretary here for nine years, "especially if you have a family." She also cited working with young people as a favorite part of her job.

Top: Filling in, Mrs. George spends part of each day working in the office











Above Right: Assisting students like Art Hood is only one of the jobs performed by library aides Mrs. Beck and Mrs. Mangum

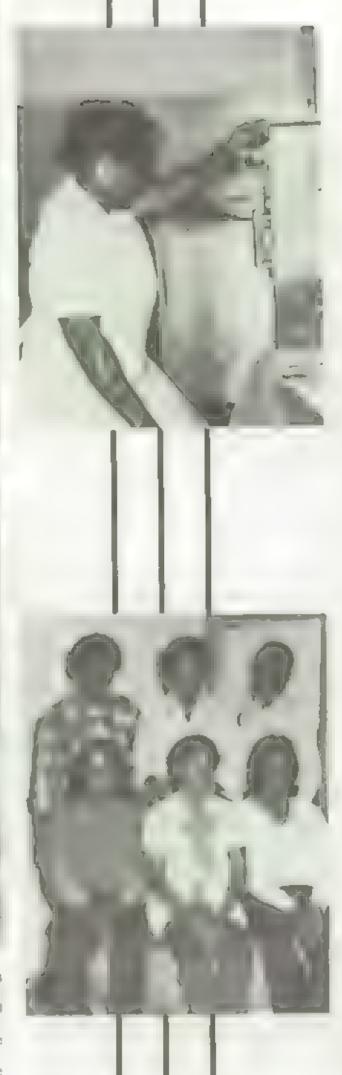
Right. Office secretaries Linda Vickers, Connie Tart, and Odile Riggs





Top Left: CAFETERIA STAFF — Front Row: Janet Parsons, Nancy Jacobs, Bobby Dickson, Loni Cates, Estella Taylor Row 2 Marge Raegan, Phyllis Vierra, Libby Taylor Doris Chisenhall, Dee Stone, Eunis Burroughs Above: BUS DRIVERS — Front Row Mark Sykes, Charlene Harelson, Randy Jones, Deborah Parker, Edward Williams, Dale Ellis Row 2: Rob Armstrong, Brian Cates, Terry

Smith, Boo Alien, Wendy Downey, Travis Lewis, Donnell Daye, Walter Vereen Row 3 David Younts, Row 4. Eric Hurst, Michael Harvey, Mike Thorne, Bert Millard, Right CUSTODIANS — Front Row Bessle Pearley, Eleanor Atkins, Eula May Whitted Row 2: John Christopher, James Curry, Joe Winston



### Guiding Light

More than a counselor, more than a teacher - Mrs. Pender is the friend who is always there for those seniors who need her. "I love seniors" she has often been heard to say; and she has been working with them for about twenty years. From filling out college and SAT applications to solving problems, she makes each student feel "everything's going to be all right." Roger Burmahl praises her for being "the most helpful person in selecting a college"; and Alicia Hodges adds that "just seeing her brightens up the day because she's always smiling." The most rewarding part of her job, she said, is when students come back and tell her of their accomplishments. Her most frustrating moments are when seniors don't do their homework, fail a course, and don't graduate.



Kathryn M. Adams; Home Economics; FHA Jeanne Allen; English; Majorettes, Drill, Flag. Dance John Allen; Music; Majorettes, Drill, Flag. Dance Herbert Amato; Physical Education

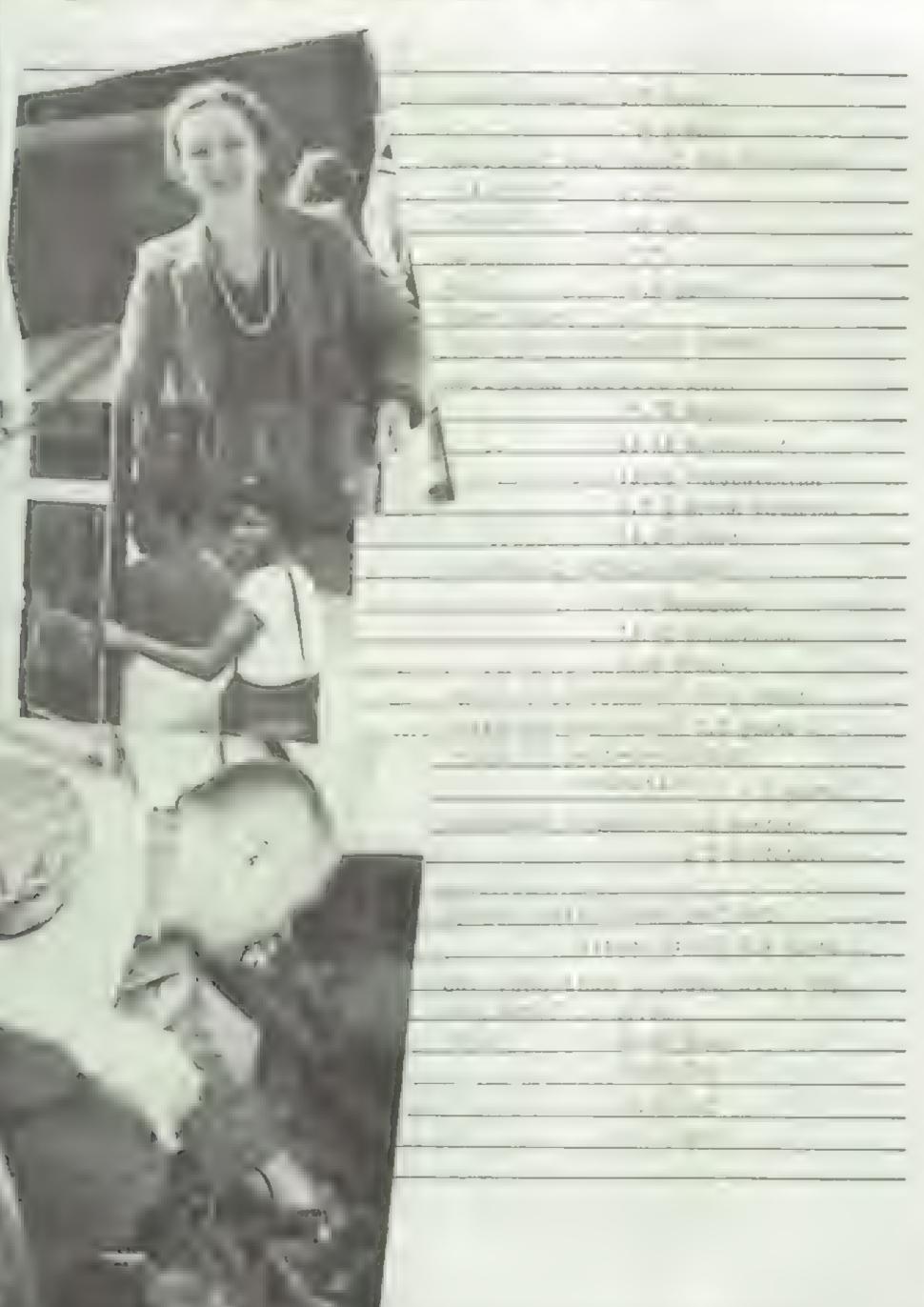
Craig Austin; Math Kevin Billerman; Social Studies; Monogram David N. Blodgett; Vocational; Key Club Faye Boyd; English; FTA

Mildred Boyd; Media; Media Club Hubert F. Browning; Vocational; Auto Mechanics Kenyon P. Browning; Physical Education; Monogram Mamie P. Browning; English; Latin

Susan Browning; Math; Yearbook Annette Bryant; Basic Studies; Drama Cynthia S. Bryant; Social Studies; Student Council Forrest Burgess; Vocational



# BETTER THAN AVERAGE



Corposite

#### Taste for the Unusual

Everyone, as he goes through high school, has one or two teachers he will always remember—the ones who managed not only to keep the class awake on Monday morning but also to keep it buzzing with activity. While Northern has many such teachers, Mrs. Marnie Browning, Mrs. Belvina Nelson, and Mrs. Fran Thompson stand out for creativity.

Any student who has had Mrs. Browning will recall the pepper eating contest in English. The class reads James Street's story "The Grains of Paradise" which deals with an American and Mayan Indian who try to outdo each other by eating peppers. To demonstrate the feat, Mrs. Browning had her students bring in red, black, chili, tomale, jalopeno peppers and even pepper jellies to sample. She herself started out with one teaspoon of ground black pepper and one teaspoon of Texas Pete. Needless to say this demonstration resulted in many trips to the water fountain.

A flair for student participation is Mrs. Nelson's forte. One might find her, students dressed in the clothes of the twenties, piecing together scrapbooks of famous figures, and making video tapes of major historical events. These projects helped students make the

transition from learning "facts of history" to living the past. Her care and concern are qualities her students are quick to praise. "She won't let you get discouraged even when things get tough," said Wendy Mitchell. "She makes you keep right on trying."

"That Mrs. Thompson is a trip!" was heard in the hall as early as the third day of school. What makes this class so interesting? Her "ways of ex plaining the principles of physics," answer most students. All remember the tablecloth flying from under a china plate and silverware to demonstrate the "magic" of inertia. And one could never talk about her without mentioning her sense of humor. "She's definitely got character," said senior Erik Daubert. Often beginning class with a joke, she keeps her students rolling with such examples as calculating the velocity of a suicidal woman diving

Although every teacher has their own way of making class interesting, staff members Thompson, Browning, and Nelson definitely make Northern "something different."

off the Empire State Building

Top: "A hot time ..." as Mrs. Browning, Greg Atwood, and Shannon Petry find out Right: No trick photography, Mrs. Thompson spares her best set of china





Kathryn Cartledge; Math; Junior Civitan Gertrude J. Chewning; English; Humanities Susan C. Christy; Science; Varsity Cheerleaders Judy Clark; Guidance; Service Club

Deborah B. Colclough; Science; Serteens Lynn Cole; Basic Studies; Majorettes, Drill, Flag, Dance Veda Cook; Science; Ecology Olene Crider; English; Drama





Puppets come to life and relive the myths of Greece for Dereck Holland and April Maness in Mrs. Chewning s English class







Attention is never lacking in Mrs. Nelson a class



Nell Crutchfield; Vocational; HOSA Catherine A. DeMaere; Social Studies; NHS; Civitans Carole Dolber; Music Barbara Dunkley; Social Studies; Student Council

Fran Ellison; Guidance
Jane P. Eure; Home Economics; FHA
Carol Gardner; Vocational; DECA
Joan Garrard; Business Education; FBLA



Linda George; Business Education; FBLA Roosevelt Greenwood; Vocational: FFA Diane Hall; Social Studies; JV Cheerleaders Joan Harrlson; Math; Student Council

Gerald Hatcher; Math; JV Cheerleaders Nancy B. Holland; English; Tennis Eric Holsonback; Math; Monogram Susan Huffaker; English; Knights and Ladies





## Prepare for the Future

On September 28, Northern High School became the center of information for prospective college bound students as representatives from over eighty colleges and technical schools arrived for the annual Post Secondary Opportunities Session. This event combined the finest educational centers across North Carolina with a large number of out-of-state universities and schools that border the eastern coast. Students met the representatives with a barrage of questions, ranging from "What is your

school's average SAT score?" to "Well, where exactly is your college located?" Meeting the representatives gave many the opportunity to learn of the requirements at a particular university or school. For others it provided a time to become better acquainted with the college or school of their choice With such a great response from both colleges and students, Northern High-School's college/career day is recognized as one of the finest programs in the state. Being a veteran of this event, Mrs. Jean Pender gave in sight as to why this program is such a success. "The organization of our program, the student's behavior and appreciation, combined with the hospitality and friendliness of Northern itself are the primary reasons for the program's progress over the years," Progress has meant a greater diversity of in-state and out-of-state colleges that can inform students on a wide variety of careers. Senior Mike Desmond summed up the objective of college/career day, "PSOS brings the colleges to vou.



Standing room only as Northerners gather around representatives



Linda B. Hunt; Media; Media Club
James R. Inskip; Social Studies; FCA;
Monogram
Laura Kilgour; Math; Varsity Cheerleaders;
Humanities
Jerry Krecicki; Physical Education;
Monogram

Tinnie Lambert; English; Varsity
Cheerleaders
Tina Landing; Home Economics
Jewel H. Lupton; Business Education; FBLA
Jean MacIlwinen; English; FTA

# Pursuit of Excellence

The 1980's has been a time of widespread public interest in education. Throughout the debate and from all sides, there has been a call to the basics, a call for excellence. Responding to this challenge Northern has added a series of new classes to a curriculum designed to offer to its students more specialized course work. Two advanced placement courses, English and Calculus, and two fourth year language courses have become part of the course of study

Advanced placement courses allow students to pursue college level work and receive college credit while still in high school. Students take a national test in May and, if they do well, can receive up to three

hours of college credit. Advanced Placement English covers British literature from Beowulf to Tom Stop pard. A careful reading of the literature serves as a basis for teaching writing skills and critical thinking skills. Novels, poetry, and plays become the means to understanding characters, themes, and language. Advanced Placement Calculus introduces students to functions, limits, derivatives, and in tegrals. Calculus takes ideas from algebra, trigonometry, and geometry and applies them to practical situations in science, business, and medical technology

French IV consists mostly of teaching advanced grammar. Required to speak French in class,

students also become more fluent in the language. Cultural and literary study materials include French Impressionism and Saint Exupery's Le Petit Prince

Spanish IV continues the development of all four language skills listening, speaking, reading, and writing. Readings include materials from Spanish history, masterworks of Spanish literature, and an introduction to Hispanic art. Correct self expression developed through conversation and composition is a major goal of the course

With these four courses and with the entire curriculum, Northern continues to challenge students and faculty to strive for excellence.



Working together makes AP Calculus a little easier



El Sol is part of Spanish culture for Kelly Davis



Mary Lee McCollough; Social Studies; AFS Suzanne McDaniel; Foreign Language; AFS. French Club Charlotte McGlohon; English; AFS David Malechek; Social Studies; Key Club





Paradise Lost, Spanish grammar, and French composition take the concentration of Jenny James (below:) Pam Moore (right:) and Robbie Honeycutt (below right)









Gary Merrill; Science; FCA; Monogram; Science Club Patricia Miller, English; Yearbook Cecil R. Mitchell; Social Studies; Student Council Lydia A. Moody; Guidance; NHS

Linda Moore, English; NHS Belvina Nelson; Social Studies; Student Council Corinne Newell; Science; Serteens Carol Newman; Math; JV Cheerleaders

# **Never Too Late**

"Never put off 'til tomorrow what you can do today," the old saying goes; but procrastination is something all of us are guilty of at one time or another. Parents, students, teachers, administrators

all have waited to the last minute to finish a job that's due in five minutes. All of us have our favorite fish stories. You know, the "what about that time I read the book and wrote the paper in homeroom" tales that circulate Northern's halls. Some of these stories, however, are true. "The worst I've ever procrastinated," said senior Cliff Jones, "is studying for my exams. I studied for 240 in homeroom!" Karen Addison stayed up until 5 a.m. completing a term paper.

But why do we procrastinate? It gets us all in trouble. Our work is not up to par, and we face the pressure of rushing to meet a deadline perhaps the embarrassment of not having done what is assigned. When asked this question, most answers were basically the same. "I'm lazy," "I don't have time to do all the things I have to do," and "I've always done it and wouldn't feel right if I didn't." Posed with this question, Mr. White replied, "I don't know. Ask me tomorrow."

As if not problem enough by itself,

procrastination ties in to another complication. Putting off studying until the last minute leads to the dreaded "test fear." To have studied several hours and then have the exam put before you only to find that you have forgotten everything is certainly a terrifying feeling. Students complain of sweaty paims, upset stomach ... all a result of pre-test nervousness. Teachers advise that the best way to avoid this situation is to avoid waiting until the last night to "cram" nine weeks worth of material. It is commonly believed that the anxiety of cramming often makes scholars forget what they learned and more. Most students feel, however, that last minute studying helps rather than hinders them. "I'm better at cramming than I am at really studying," said Amy Bullard

Obviously procrastination and test fear are not the only problems hindering student grades, but they certainly are major contributors. You think you procrastinate . . . this article was supposed to be in last year's Polaris!

Top: Study at lunch is on the menu for Davey Lucas. Right: A heavy work load often becomes more of a mountain





Carolyn T. Oldham; Business Education; FBLA Katherine Parker; Art; Yearbook; Posters Alice Pearce; Basic Studies Jean B. Pender; Guidance; Service

Beverly Perkins; Foreign Language; Spanish Ruth Pridgen; Home Economics; FHA Constance Roberson; Business Education;

Russell Roberson; Vocational; FFA











Sally Ann Shaffer; Science Carol Smith; Art; Posters Jonise E. Stallings; Business Education; FBLA Terry Swanger; Vocational; VICA

Frances Thompson; Science Ecology Craig Torrey; Physical Education; FCA; Monogram David Turner: Vocational; VICA Sandra Wainio; Business Education; FBLA; Majorettes, Drill, Flag, Dance

# Teachers Are Parents,

### Too

"Hey mom, how are you? Doing fine? Yes, I stopped by just to see how you were doing. Oh, by the way, could I have 50¢ for lunch?"

This not so hypothetical conversation has been enacted by several NHS students to their "parent peer." As math teacher Mrs. Walton said of her son Chris, "I never see him except when he needs lunch money." Bruce Browning echoed this sentiment as he said of his mother, sophomore guidance counselor Mrs Clark, "I ignore her except when I need money." Indeed it takes a little adjustment to have a parent at school, but after a while it has it's ad vantages. As Mr. Browning said of son Woody, "I hope he will work harder in school than I used to." This close concern was also true for Kim Boyd and her mother. Mrs. Boyd pro claimed, "We keep an eye on each other!" Keeping an eye out for each other was not always viewed with such delight. Both Amy Miller and Marti George admitted that a teacher/mother "always knows

what's going on." Lawrence Williams takes his mother's presence in stride "It doesn't bother me one way or the other. She doesn't interfere or pull any strings for me." Mrs. Oldham finds having Mark here convenient "because if he gets sick, he doesn't have to phone home." All seem finally to adopt the easy going manner of the Holland pair. "It's okay," said Mrs. Holland, "as long as Lesley doesn't use my room as her locker" to which Lesley replied, "But that's what mothers are for."

Keeping an eye out for each other is to Kim Boyd the best thing about a teacher mother



Sharing good times, Mark Oldham and his mother enjoy a laugh together



A good English grade to report to mother brings a smile to Arry Miller



Mary Walker; Physical Education; Monogram Donna Walton; Math; Varsity Cheerleaders; Math Club Julie Whitaker; Vocational; Yearbook; DECA Robert L. White: Guidance; Student Council

Yvonne B. Wilkins; Social Studies Joyce K. Williams; Physical Education; Monogram Shirl Wilson; English; Knights and Ladies Hilda Wrenn; Foreign Language; Humanities; Spanish





Left: All heights considered, Lawrence Williams never "looks up to" his morn. Below: Sisters alike, Marti and Ruthie George often seek motherly advice





Always time for her son, Mrs. Walton and Chris check in with each other



"Like mother, like daughter" tray represents the resemblance between Mrs Holland and Lesley



Looking stern, Mr Browning advises his son Woody





Mix four walls, some desks, one teacher, and three handfuls of students; bake in a burning hot classroom, and then cook with the windows open to get two dozen "knowledgeable young adults." However this recipe turns into something different when those handfuls of students creatively use their talents and skills along with the teacher's skills to provide a motivating classroom opportunity.

# CLA IVE

# sophomoressophomores



OFFICERS — to Awise Hope Carison treasurer, Elizabeth Webb, secretary, Betsy

Dominick vice president Kristin Fulle plesident Center. Elizabeth Webb, Kristin Fuller

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Joey Anthony David Archer Bryant Armstrong Jon Arrowood Melinda Ashley Melissa Ashley

Greg Atwood Annmarie Bachman Laura Bailey Michelle Bailey Tyrone Baines Angie Baker

Dean Baker Steve Bang Cindy Barbee Charles Barber Craig Barber Rudy Barber

Veronica Barbour Carl Barden Rusty Barnes William Barnes Willie Barnes Jimmy Barnhill

Jacqueline Barr Obie Barrett Chris Bass Lynda Beasley Melissa Beason Kim Beathard Debra Beckham Wallace Beeson Claudine Bell Marguetta Bell Amy Berkley Greg Berry

Doug Best Lisa Best Sedrick Best Cristi Bickers Mike Birch Dawn Blackman

Kenny Blanding Kevin Blomberg Ronnie Bobbitt David Boliek Joann Bowen Ricky Bowen

Brian Bowman Alicia Bowser Gay Boyce Cheryl Boycher Kim Boyd Gary Bracey

Scott Braswell
Joe Braun
Bryan Britt
Lisa Broadway
Greg Brooks
Tracy Brooks

Beverly Brown
Glynis Brown
Bruce Browning
James Browning
Tommy Browning
Rod Brunson

Andrew Bullock Anthony Bullock John Bullock Michael Bullock Pweebe Burch Julie Burgess

Christine Burhans
David Burke
Erik Burkheimer
Jerry Burnette
Samia Burnett
Kelley Burrage





Mattie Burton Rodney Burton Michael Butler Charles Byrd Ronald Byrd Linh Cagle

Brian Caldwell
Anthony Cameron
Betsy Cameron
Lem Campbell
Kim Carden
Peter Cari

Hope Carlson
Jennifer Carpenter
Kelly Carper
David Carter
Reggie Cash
Chip Castle

Scott Casto
Anthony Cates
Debbie Cates
Linda Cates
Shiryl Cates
Clay Cawthorne

### ALENT COMES IN THREES





Talent: a special ability or gift to excel in a specific area. Three NHS sophomores, Jeff Lin, Del Jones, and Sandra Kerr, have become different through their impressive artistic talents

Jeff, who has studied plano for ten years, plays more as a hobby than as preparation for a future career; however, his hobby has won him various awards from the Durham and NC Music Teachers Association Among Jeff's favorite composers are Mozart and Beethoven

Del Jones, who sings bass in the NHS Concert Choir, began taking voice lessons this past year, but he has been active in music for several years. He is a former soloist for the Durham Boys' Choir, has worked with professional opera companies at Duke, and has studied violin.

Sandra Kerr, enjoys working in all areas of art from drawing and clay to painting. Nominated to attend Governor's School in art and included in the U.S. National Art Awards, Sandra's special interest in fashion, in teriors, and jewelry design may guide her to an art/design school after Northern.

Top Left: "A name to watch for," Sandra's talents have been recognized early. Top Right Jeff often decides whether he likes a song by its chord structure. Left: Del's favorite part of music is the harmony



### **SOPHS MEASURE UP**

Putting forth extra effort comes naturally to 8man Caldwell



Some attribute the success of athletics at Northern to the involvement of sophomores, indeed many talented sophomores were in strumental in the outstanding records turned in by our athletic teams

Three sophomores aided the cross country team. Mark Roy returned to provide both running and leadership. The team also benefited from the consistent performances of Eric Miller who in the final meet turned in the best time of any team member. Lisa Goss' talents were recognized during post season as she was



named to the first team of the Big Six conference girls' cross country team.

On the football field, four sophomore knights earned names for themselves. During post season play, all four were named to the NHS team that reached the quarter finals of NC 4A playoffs. The names of George Pearley and Jesse Adams brought fear to the opponents of the JV team. The two provided both running and passing threats. Jesse's speed and quick maneuvers made him unstoppable while George's ball handling ability and agility enabled him to make incredible receptions.



On the varsity team, Walter White and Brian Caldwell gained experience and provided depth to the potent NHS running game, Brian's explosive running against Enloe earned him the Channel 5 Extra Effort award. He also received honorable mention as defensive back for the All City-County team. Walter's speed and strength combined with his natural talent brought him up from the JV squad during the second half of the season.

Dedication and commitment are necessary qualities for cross country runners Lias Cr. as and Mark Roy

Amy Champion Rodney Chappell Todd Chappell James Charlet John Chesson Nita Chisenhall

Mike Clark Kelly Clegq Stephanie Clements Greg Coghill Stephanie Cole Jeff Cook

> Chris Cooper Theresa Cooper Donna Cope Marc Copeland Will Copeland Dianna Couch





Pam Couch Stacy Couch John Coulter Bobbie Jane Cox Diane Coy Barry Crabtree

Herb Crabtree
Shayne Crabtree
Lanita Cradle
Jennifer Creamer
Teddy Credle
Toni Creech

Teresa Crews
Michael Cross
Brian Crouse
Esau Cunningham
Antony Curtis
Michael Curtis

James Dahl
Jill Dailey
Benjamin Daniel
Chris Daniels
John Daniels
Yolanda Daniels

Jason Davenport
Jennifer Davis
Mark Davis
Michelle Davis
Amy Dawson
Stephanie Dawson

Suzanne Day Joanne Daye Kit Daye Wendy Dayhoff Dane Deal Joel Deese

Michelle deGuehery Laura Dellinger Kim Dennis Kelly Dernar Will Dickerson David Dixon

Jesse Dixon
Paula Dixon
Betsy Dominick
Bill Downey
Chris Duncan
Derek Dunlap

David Duty Craig Dye Cindy Dzwonek Amelia Eanes Terri Earp Laura Edwards

Melinda Edwards
Debbie Elkins
Annette Elliott
Bobby Ellis
Chuck Ellis
Dawn Ellis

Joey Ellis Mark Ellis Mike Ellis Teresa Ellis Kim Eubanks Ryan Evans

Sidney Evans
Amy Falcon
Johnny Farrell
Regina Farrow
Margaret Feeser
Fred Ferrell

Twinette Fisher Mike Fleeman Derek Fletcher Clif Flintom Jill Floyd Amy Fogleman

Jay Fogleman Leo Ford Karen Foster Trine Foushee Lara Fowler Julie Freeman

Todd Freeman Kristin Fuller Debbie Gandee Elizabeth Gardner Lee Gardner Brad Garner

David Gates
Julie George
Ruthie George
Thad Gilchrist
Joe Gillie
Daryl Glenn





Joey Glenn Tonya Glenn Amy Golladay Lizbeth Gomez Kımberly Gordon Lisa Goss

Sheila Goss Todd Goss Jennifer Grady Jamie Graves Leaticia Graves Pansy Gray

### GLOBAL INTERESTS





Laveling abroad is a dream shared by many But what would it be like to even another country to quoto school thep? While the average shatent wouldn't be able to answer that question three Northern sophic marks are experts on the subject. Clamps brown who spend the past four years to shana. Amy Tawson who eved the a year in final and Steption Kay who had lour years in Italy.

They all a gree I ving in the United States is a big change from Hose ther countries. Clypn's pointed out that are she left for Atrica when he was only ten she did most of her was pin a foreign culture.

They have been wrether key to her a point of the wrether key to her a point of the countries.

note is acrea part of a time is the what are used to be pents

had followed unforms at Ahry a set and they task theen courses a year using a scriple sim ar to a calines ( no vs 10 water to mind when to red If Ear pean schools Alms a 1 he a tendly taid less batheren n Final than she does to a de also ported out that the challe, went from 4 3 db plants who after ega hourding schiller als, tad a ar in nomber to over a weekly has sitter and y started at a life each mor with an assembly where every and the national inflient and to see s Prayer and ented at 1 store than schools run for three months, or one term, then let out for a month until the next term begin - Street and who went to an America - - - - - n Rome, said he took much the lane courses as he does here that the teachers there worked on the teachers The force basis with the students. He or field that classes were smaller

Affiebes were the main after shows activities for all three shows. Stephen stayed after scace until 5 Octopiay soccer and Ains said her school didn't have this She said sports like field hockey cricket. British softball with 5 bases not four and cross crunity were popular Clynnis' school competed with a school from the country of dipper Volta in bispethal soccer running and Olympic sports.

Stephen felt Rome was a wonder for place to live. I feel I am fockly to have gotten the chance to experience the life in a foreign rulture. Grynn's agreed. Going away was a good experience they red to be to be that experience.

Tammy Gray Sylvia Green Terri Green Russell Gregory Diane Gribensk Gary Grier

Lisa Griffin Lory Griffin Mark Griffin Wade Haerle Kim Haith Charlotte Haithcock

Jennifer Haithcock
Melanie Hale
Kevin Hales
Rhonda Hall
Allen Hamlett
Sandra Hamlett

Judi Harris Myko Harrison Heather Harriss Jennifer Harrod Michael Harvey Lance Hasty

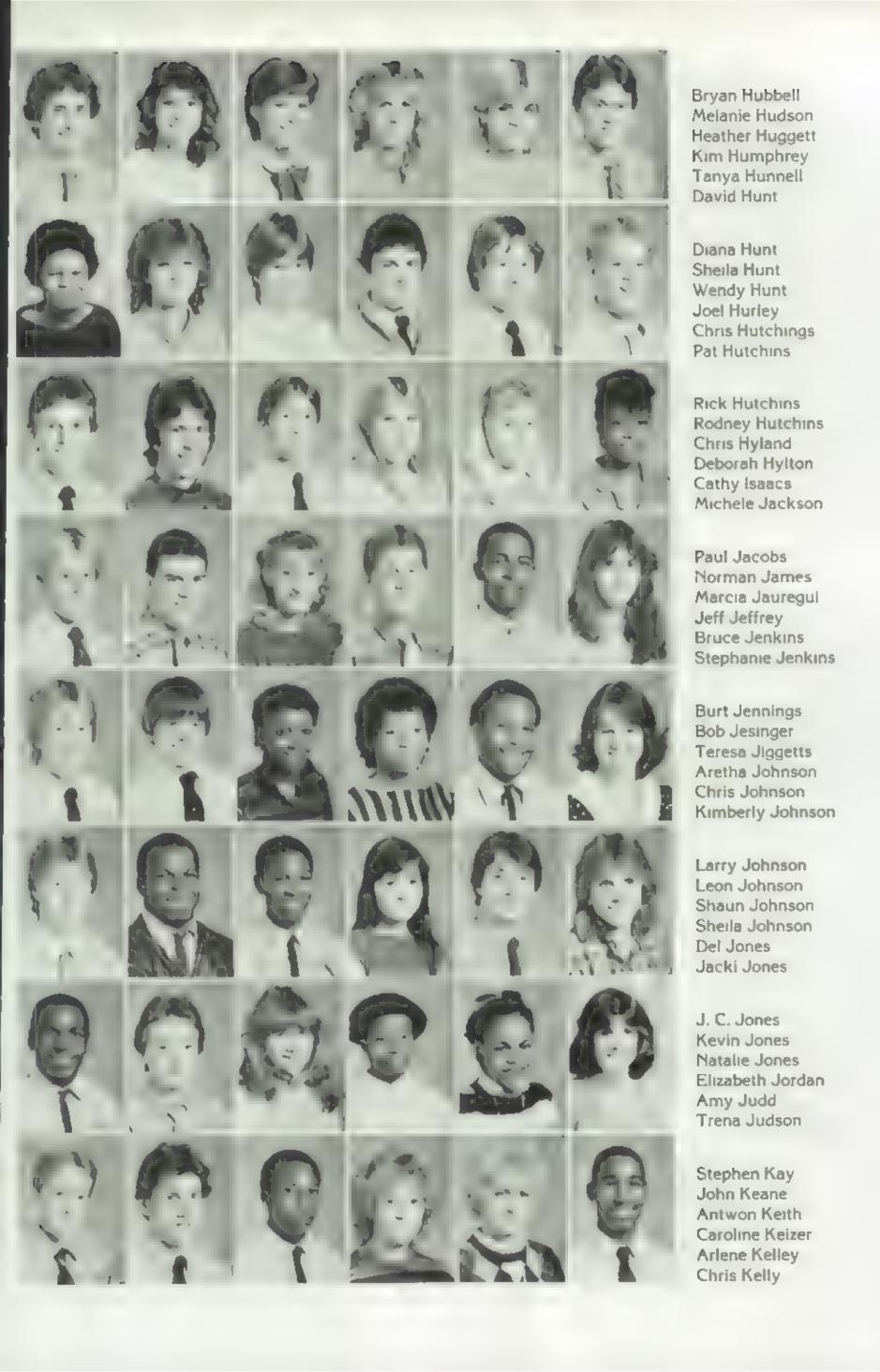
Bonita Haye Wendell Header Terri Hedgspeth Chris Herndon David Herring Willis Herweyer

Lynda Hester Sarah Hickingbotham Tina Hicks Francie Hill Lee Hill Lisa Hill

> Ronald Hill Scott Hilliard Sean Hite Amy Hobgood Patrick Hobin Robyn Holdsworth

> > Isaiah Holmes James Hopkins Ann Horton Victor Hoskins Lewis Howell Pam Howell





Mandy Kennison Scott Keplinger Sandra Kerr David Kinder Randy King Scotty King

Deitra Kirk Mendy Kirkland Erik Klenke Keith Kluttz Jim LaBianco Alex Ladd

> Paul Lampe Al Lancaster Sharon Lane Cindy Laney Dee Lawrence Chris Lawson

Kim Leahy Carla Lee Stephanie Lewis Travis Lewis Jeff Lin Leslie Lineberger

Missy Lingenfelter Reggie Lipscomb Mike Little Jeriene Long Toni Long Waddell Long

Tony Lopez
Sherry Lopossay
Wendell Lowder
Todd Loy
Kim Lucas
Gregg Lumsden

Don Lunsford
David Lykins
David Lynch
Teri Lynch
Jacque McAllister
Gerard McClernon

Scott McClintock
Dewayne McCollough
Monica McCullen
Steve McCullen
Angelia McDowell
Shana McEnany





Larry McFadden
Erik McGee
Alisandria McGill
Michelle McKee
Billy McKenzie
Willie McKever

Charles McLamb
Craig McNary
Crystal McNeil
Lisa McQuiller
James McRae
John Maginnes

Beth Maher
Jon Major
David Mancuso
Cheryl Mangum
Chris Mangum
Roger Mangum

### HEADS UP!





Fancy footwork demonstrated by Bruce Browning (left) and Jimmy Barnhill (above) is vital to the success of any soccer team

What is the most played sport in the world? Soccer. Due to the increased interest of many students, Northern will have its first soccer team next year. Sophomores who played on junior high teams will now get the chance to compete on a high school level.

Yet even without a NHS team, Jimmy Barnhill, Bruce Browning, Sarah Hickingbotham, Bryan Hubbell, and Maria Horvath participate actively on a team for the Durham Parks Recreation. The team had a successful season, easily winning the championship in the Recreation league. Although their Argentinean coach spoke little English, he spoke much soccer and the team learned much

Soccer is one of Sarah's favorite sports because "it is physically demanding; it is a team sport that shows individual talent as well." Bruce likes it because "It involves several different aspects such as running, combining skills, and coordination." Soccer requires that you be in shape to run up and down the field constantly. Also you must train yourself not to use your hands, in most other athletic events, ball handling is taught.

Competition should be keen the first year. The first team must develop pride and skills as it lays the foundations for future Knights on the soccer field

### COWS TO COMPUTERS

"A lot of people think of 4-H as being just cows, but there are really a lot of projects from cows to com munications to aeronautics." So says Bryan Hubbell, and he should know. A 4-H'er for three years, he is president of the Durham County Council and the Junior Leaders, both smaller organizations within the vast 4-H network. One of Bryan's favorite things about the group is the service projects. "I get a kick out of helping people." And service projects are abundant in the organization. The group is raising money to help Durham Crimestoppers and the Heart Foundation. Members recycle glass every other month, and many visit the elderly. In January they put up storm windows on the homes of the area's older residents. When school is out, members hold workshops for children.

But service projects are only the top of the iceberg.

Three-year member Sarah Hickingbotham, vice-president of the County Council and a member of Junior Leaders, is closely involved with the organization's horse shows. Dane Deal. president of the Bahama group, pursues an active interest in photography. The group also holds large retreats each revolving around a theme such as health. Camps are an integral part of the organiza tion as it sponsors summer clothing, electronics, and computer camps. Older members can be counselors at these events

Head, heart, hands, and health—
4-H encompasses all of these.
Members "get to meet different people and do things in different areas of interest. It helps all around."



John Martin Jeff Matthews Tim Mayes David Meadows David Merritt Norman Miles

> Jim Milko Bert Millard Eric Miller Marie Miller Ricky Miller Valari Mills

Susan Mirolli John Mitchell Mary Ruth Mixon Russell Monsees Julie Moore Kathy Moore

> Stephen Moore Lee Morefield Janice Morgan Cliff Morris Dina Morris Wendy Morris





Corey Morton
Parks Moss
Robert Moss
Mike Mullins
Brian Murphy
Joseph Murphy

Susan Myers
Donna Noblitt
Hope Norris
Dana Norwood
Mark Oldham
Cathy Oliphant

Angela Orris Mike Painter Earl Palmer Ellisa Parham Jeff Parham Lamont Parham

Charlotte Parker
Cheryl Parker
Don Parker
Jill Parker
Lisa Parker
Marvin Parker

Melanie Parker Regina Parker Wendy Parker Derrick Parnell Meladie Parnell Carol Parrish

Adrienne Pate Swati Pathak Melissa Pattishall Ginger Payne Eric Peaks Lisa Peaks

Lisa Pearce George Pearley Barnabas Pearson Tracy Pender Cheri Pendergrass Rick Pendergrass

Lisa Pennington
David Perkins
Andrew Perry
Angela Perry
Beverly Perry
Kenny Perry

Peggy Perry Robin Perry Shannon Petry Darlene Pettiford Doug Phelps Candy Pickett

Joyce Pierce Kym Pipkin Jeff Plyler Brad Poole Robert Poole Stephanie Potter

Dwayne Powell
Michelle Powell
Tana Puckett
Tod Puckett
Ken Pulliam
Rodney Purvis

Larry Quiambao Ronnie Quiambao Keith Ragland Dale Ray Charles Reaves Jade Redden

Denise Reddin Jodie Reichenbach Melisa Renn Lori Rexrode Donald Rhew Wendy Richards

Cheryl Richmond Ernest Richmond Pamela Richardson Cynthia Riddick Christie Riddle David Ridout

> Melissä Riggs Angie Riggsbee Bo Rigsbee Anthony Riley Pamela Riley Daniel Rippy

Scott Rives
Amy Roberts
Chris Roberts
Angela Robinson
Laura Roe
Ca'Lisa Rogers



### JUST FOR KICKS





Competition, confidence, perseverance, self protection — words that came to the minds of Gregg Lumsden and Will Dickerson when talking about their special sports. Gregg has been swimming competitively for over a year; Will has earned his second degree red belt in

karate.

A member of the American Tackwondo Association, Will has been active with karate since the age of fourteen and has competed in N.C. and Virginia. Karate has two advantages, he says, it provides a form of self protection and it builds confidence. His red belt came after earning the white, yellow, and green ones. The only remaining step is the black belt and its nine levels.

As a member of the Durham Aquatic Club, Gregg practices at Duke for two hours every day, five days a week. Although school, practice, and meets can prove to be a hectic schedule, Gregg recommends swimming as good exercise, a way to keep in shape. "Almost anyone with determination and perseverance can succeed, but it takes a lot." With his numerous ribbons and strict practice schedule, Gregg has both determination and success.



Chris Rogers
Jeannie Rogers
Joyce Rogers
Slade Rogerson
Lori Roghelia
Steve Rolan

Melinda Roman Robbin Rosati David Rouse Tony Rowland Elizabeth Rowley Mark Roy

Eli Rozier Ginger Ruedger Derek Rukenbrod Tammy Rupp Norma Russell Robyn Russell

Ricky Ryals Suzie Saldi Lauri Sanders James Sanes Julie Sanseverino Eddie Sarvis

### AGILE DUO

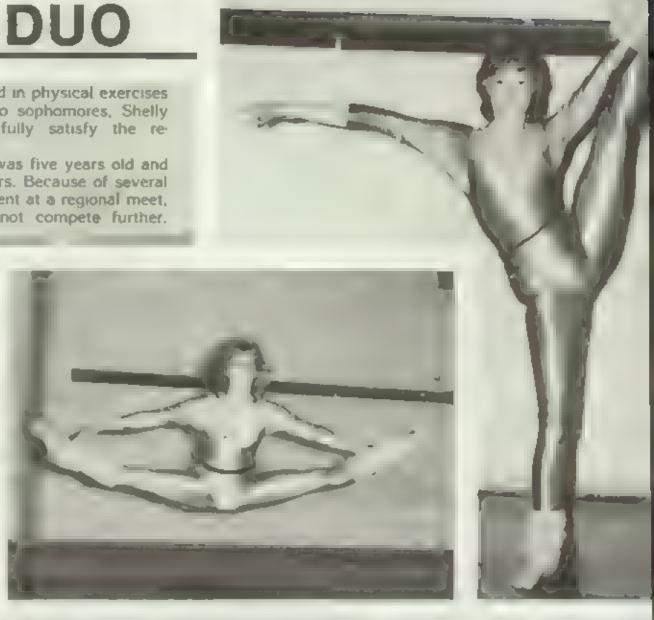
Gymnast: a person trained and skilled in physical exercises that develop strength and agility. Two sophomores, Shelly Southerland and Debbie Thurman, fully satisfy the requirements of this definition

Shelly began gyrnnastics when she was five years old and has competed nationally for seven years. Because of several operations on her knee due to an accident at a regional meet, her doctors recommended that she not compete further.

However, Shelley's years of pracmedals, three silver, and seven bronze

Debbie Thurman has taken gymnastics for eight years and has trained in California, Florida, and North Carolina. Like Shelley, injuries have kept her from continuing national competition, but she has one gold medal one silver, one bronze, and numerous ribbons and trophies to remind her of past victories.

Even though both have had set backs, Debbie and Shelly will be combining their talents in dance and gymnastics for competitions held in Washington and New York We wish them well!



Tori Satterfield Kelly Sawyer Paul Sawyer Cathy Scott Rachel Seiler Calvin Self

Michelle Sessoms
Marvin Sexton
Milton Shackelford
Lynn Shaw
Mark Shaw
Darcie Sheldon

Mike Shelton Ricky Shepherd Richie Shivers Leigh Sides Ronald Simpson Calvin Slaughter

Amy Smith Brad Smith Charletta Smith Danny Smith Kevin Smith Patti Smith





Russell Smith Scott Smith Vic Smothers Charlene Snellings Orson Snider John Southerland

Shelly Southerland Anthony Sowers Kathy Spann Connie Spence Tony Spigner Anthony Springs

Laurie Sprinkle Damon Stanley Lisa Stanley Danny Starnes Steve Stegall Tim Stephens

Scott Stirrup Teresa Stutts Mark Sullivan Dean Sunas Andi Sutherlin Tracy Swain

Jen Sweeney Karen Taylor Phyllis Taylor Melody Teague Sheila Teasley David Terry

Brent Thomas
Dale Thomas
Petey Thomas
Connie Thompson
Keith Thompson
Tim Thorne

McCollines Thorpe
Debbie Thurman
Kris Tilley
Mike Tilley
Jan Tillman
Jill Tillman

Jeff Tillman Kelly Tingen Sonya Tinnin Carol Tivnan Trey Trembley Christopher Trusdell Mac Tucker Tavie Tunstall Ray Underwood John Vaughan Regina Vaughan Amy Vest

Pat Vickers Scott Vincent Lisa Wade Charlene Walker Doretta Walker Alicia Wall

Carrissa Waller Lamont Waller Anne Marie Walters Chris Walton Chris Wandscher Elizabeth Ward

Tammy Warren
Amy Watkins
Dawn Watkins
Scott Watkins
Mark Watkins
Clark Weaver

Liz Webb Vickie Webb Dante Webster Daniel Weddington Todd Whaley Kevin Wicker

Brian Whitaker Chris White Stephanie White Michelle Whitfield Amy Whitt Jacqui Whitted

Ann Wilkerson Cindy Wilkerson Jatana Willett Angela Williams Chris Williams Karen Williams

Lawrence Williams
Susan Williams
Mary Ann Wilson
Neely Wilson
Eileen Winchester
Christie Winfree





Laurie Wise Jami Wood Mike Woodlief **Bridgette Woods** Cara Woods Joey Woods

Todd Woods Brad Workman Karen Worley Darryl Wright Karen Wright Lisa Wright

Sherri Zeck

### **INNING BY DESIGN**





Invention ... 1% inspiration, 99% perspiration. Thomas Edison may never have been in the Math Fair, but he certainly knew that most of what goes behind any creation is hard work. Amy Golladay's project took every spare moment for about three weeks. Other projects were equally time consuming as the November 28 deadline approached

Difficulty, originality, neatness and durability, and the relationship to mathematics were a few of the factors taken into consideration as

the judges decided on the best projects in the Math Fair, an exhibit of Geometry and Algebra II student projects which took place on December 8. The entries were divided into eight categories and were judged by math teachers from area schools. Winners were awarded ribbons; some projects were sent to the State Math Fair

Due to ties, there were fourteen winners: Joe Angelillo, Chris Compton, Teddy Credle, Tanya Hunnell, Missy McKay, Lisa Underwood, Maria Horvath, Bruce Browning, Norma Russell, Kenny Adams, Alicia Bowser, Scott Keplinger, Amy Golladay, and Eric Burkheimer.

"I never won anything before. I still can't believe it," was heard said It may also be said that today's Golladays, Angelillos, and Credles will be tomorrow's Edisons, Bells and Fords

Graceful lines and curves are evident in the designs of the bridge and zeppelin. Projects are designed to teach students the relationship of mathematics to our world

# juniorsjuniorsju



OFFICERS — Clockwise Tammy Elias vice president Ray Umstead treasurer Messa

Moore secretary Michael Citrini president Center Melissa Moore Mike Cittini Ray

Umstead Tammy Ellis



Stacey Blake Camie Blalock Howard Boyd Kristy Boyd Lisa Boyd

Chris Bradley Mark Bradley Steven Bradley Kathy Bragg Kenneth Bragg

Michael Brewer Deborah Brewington Teresa Bridges Andy Britt Lee Britt

Keith Brock Marci Brookhart Kenny Brooks Dan Brosnan Phil Brown

Shufonda Brown Kım Bullock Keke Burkett Debbie Burnette Dwight Burton

Yvonne Burwell Stan Butterfield Rodney Cadawas Ivy Caldwell Kevin Campbell

Sheri Campbell Angela Cannady Sharon Capers Sarah Carter Mike Cash





Jerry Cates Kim Cates Jeff Chandler Aretha Chavis Rodney Cheek

Karen Chesson Ramesh Chettiar Kevin Chorley Mike Citrini Neal Clark

### HE WORLD OF WORK



Job applications, time schedules, pay checks — all are of great in terest to the many juniors who are holding down their first jobs. While it is still not unusual to meet friends in the shopping center, now they can be found behind the counters of various department stores, drug stores, and restaurants

Just what are these juniors doing with the money they are earning? Buying cars, paying for dates, and purchasing the latest styles in clothes are the most popular answers. But there are more than just material benefits. As junior Laura Coleman says of her job at Upchurch Drugs, "it has afforded me the opportunity to establish good customer relations and to get along with fellow employees." Debra Shackelford, salesperson at the Junction, says that earning money makes her appreciate more the things she buys. Stacey Blake says that working at Mechanics and Farmers' Bank is good experience and is helping him plan ahead for the future:

Yes, jobs are important for both money and experience, and NHS juniors take their first step into the competitive business world

"It's good extra money," says like irving who spends about ten hours a week as hostess at Darryls

### PAYING THE BILLS

The magazine drive and the promi seem like two unrelated events, yet it is their differences that bring them together. During the magazine drive all students are encouraged to make as much money as possible by selling magazines; this money is, in turn, spent on the junior-senior prom. The two events occur at opposite times during the school year, the fall and spring respectively, in order for the junior student council members to have time to plan according to the money that is earned. As always some students rose above their peers during the two week sales campaign Sharon Sawyer led the way with \$426 in subscriptions. Lesley Holland, Robin Harden, and Kelly Hawkins won prizes such as a Dakin polar bear, a Northern sweatshirt or mug, and candy for selling over \$100 in subscriptions. Miss Lambert's homeroom was the homeroom with the highest amount of sales during the drive. The efforts of these young ladies along with the work of the entire student body will reap the rewards in May when magazines (ex cept for GQ or Clamour) will be far from any young gentleman or lady's mind.



Tallying the daily results are DOO structures whethe Scott and I is Brandon Smiling victoriously, Sharon Sawyer displays some of her first place prizes



Sharon Clayton Chuck Coates Sandra Cobb Joe Cohn Laura Coleman

Suzanne Collins Chris Compton John Compton Lenora Cone Jenny Cook





Amy Council Kenneth Cox Amy Crabtree Tim Craig Gwen Crawford

Gary Creech Cheryl Crews Matthew Dahl Eddie Daniel Tonya Darst

Penni Davenport Eric Davis Kelly Davis Robbie Davis Wanda Davis

Andy Dawkins Brian Day Tim Deck Gene Deese Diane DeFelippo

Fred DiVallerino Donald Dixon Pam Dixon Nancy Dobson Debbie Dorty

Denise Dorty
Joni Duke
Jennifer Duncan
Michelle Duncan
Stephen Dunston

Brian Durham Betsy Ellis Connie Ellis Dawn Ellis Dawne Ellis Michelle Ellis Tammy Ellis Van Ellis Thomas Elmore Cedric Evans

Johnnie Evans Tanya Exum Jeff Farrell Terri Farrell Theresa Faulkner

> Beverly Ferrell Melissa Finch William Finch Robert Finez Sarah Fletcher

Kenney Foreman
Dale Forsythe
Kim Fowler
Lee Francis
Harold Freeman

Tracy Garner Terri Garrett Joey Gempler Marti George Yolanda Gidney

> Jim Gillette Kem Gilmore Lynn Gordon Mike Gravitte Jeff Grier

Dan Griffin Jim Griffin Mike Griffin Bryan Grinstead Sharon Grooms



## **RUNNING FOR THE GOLD**







Johnetta Gunn Cindy Haas Kim Haenn Laura Haithcock Dawn Hall

Robert Hall Paul Hallman Gale Hamilton Savai Hamm Susan Hamm

### **PISKY BUSINESS**

Intense, action-packed, daring, dangerous well describe the meaning of racing. The sport has many forms running, riding, driving, and flying only make up a few. Jay Fogleman and Bryan Grinstead spend much of their free time caught up in two special areas. Jay loves to race cars while Bryan concentrates on racing motorcycles.

Jay first started racing motor cycles, then go-carts, and finally began racing cars this year. His father, a racer also, has taught Jay much about the styles and skills of racing. All during the week, Jay, his

dad, and friends Eric Davis and Mark Lunsford work on his car in order to have it in top racing form for Saturday night's race at either Orange County or South Boston Speedways. The first race Jay won was a moment well remembered. It was the night after he scored his first touchdown of the '84 football season. What does Jay like most about racing? Winning! Nothing compares to that indescribable feeling of power behind the wheel.

Soon after Bryan got his first motorcycle, he decided he wanted to compete. He now races in competi-

tions in Sanford, Reedsville, and Charlotte. Even though he has had injuries, they never stand in the way of his competitive spirit. To prepare for competition Bryan practices weekly in his own backyard track. Before a race, he mentally prepares himself by fully concentrating and not talking at all. After competing he says "I can hardly stand up. It is such a physically exhausting sport." Bryan's fascination with motorcycles goes well beyond racing, for he is also a talented artist whose artwork often deals with motorcycles.

Robin Harden Heather Harle Warren Harris DeAnne Harrison Adam Harriss

Kelly Hawkins Diana Hawley George Haycraft Jennifer Haye Angela Headen

Cynthia Henderson MacDuff Henry Robin Hinshaw Brian Hodges Tammy Hoffner

Amy Holben Genia Holder Lesley Holland Brenda Holloway Cynthia Holloway









Diane Holloway Brad Holt Robbie Honeycutt Holly Hopkins Leigh Hopkins

Carolyn Hopson Jerry Hornbuckle Maria Horvath Robert Howell Michelle Hoyt

Pam Huff Kevin Hughes Eddie Hunnell Ilka Irving Roderick Johnson

Sheila Johnson Greg Jolley Julie Jones May Jones Randy Jones

Paula Jordan Sheri Kane Madeline Kearney Preston Kee Andrea Kelly



Tim Kendall Michelle Kessler Kim Kester Earl Kiser Pam Kistler

### DOUBLE-TAKE

Debra? Denise? Who is who? Debra and Denise Dorty are carbon copies, sharing many similar physical as well as personality traits. Even their parents have trouble telling them apart, so they are often simply referred to as "the twins." One can easily get confused because they are alike down to the tiniest detail. Clothes, jewelry, friends, likes and dislikes — there is not one difference, not even in the way they think

Two of everything can be found in their bedroom, as if one were looking at a mirror image. In school their per formance is also reflected. Often in math, they may miss different questions on a test, but still manage to get the same grade. Playing jokes on people is one of the advantages of being identical. Switching classes on teachers has been known to happen, but they will never tell whose class

There are always those embarrassIng moments, too. Several years ago,
a boy at school was going to ask
Denise to go with him but unknow
ingly asked Debra instead. That is
one incident they will never forget
Debra and Denise feel they are ex
tremely fortunate to be identical
twins. "We love it; not only are we
sisters, we are also best friends."





Heather Knight Michelle Kosempa John Koutsis Gene Kozoman Teddy Lachman

Cedric Latta Kım Latta Mike Lawing Charles Leathers David Lee

Gerald Lee Sam LeNeave Shelly Leonard Kris Lewis Shirley Lewis

Melanie Lockamy Christian Loor Carolyn Lorenzo Jeffery Love Randy Lowans

Jerry McBroom BobbiJo McClain Samantha McClain Tracy McCorquodale Sharon McDonald

Chip McFalls Kyle McFarland Steven McGugan Melissa McKay Tony McKinney

Carla McLaughlin David McLeroy Philip Maginnes Lowell Mangum Walter Mansfield

Elizabeth Marriott Aaron Marshall Reginald Mason Sonya Mason Warren Massey

Stephanie Matthews Laura May Tracey May Douglas Mayo Katherine Mayton

> Edwin Meece Cindy Mercaldo Kim Metts Jovanna Mickle Amy Miller

Kim Miller Nathan Mininger Robbie Mitchell Wendy Mitchell William Mitchell

> Ira Montague Melissa Moore Pamela Moore Tony Moore Lisa Morgan

Peter Morton Scott Morton Nafessa Muqtasid Natasha Neece Kelly Needham

> Donnie New Maria Noell Richard Nokes Victoria Nowell Sherry O'Brien



#### AN INTERVIEW WITH E.T.



"His spirits never darken"
"probably the craziest person I've known" ... "seeing is believing."
Just his name brings a smile to those who know him. Who? Why Edward Turrentine, of course

Q: When do you first remember making people laugh?

A: The talent show at Chewning — a teacher asked me to stall the crowd until the band was set up. I talked to the audience, told a few jokes, told a few more jokes, told a few more jokes... and the teacher asked me to PLEASE sit down

Q: Why do you stand in East Hall every morning?

A: To pick at sleepy people and the girls that go to the bathroom and stay an hour and a half

Q: What do you like best about Northern?

A: The chocolate pudding.

Q: Who is your favorite comedian?

A: Rodney Dangerfield, #1... Eddie Murphy's all right, sometimes. The bus would be a funeral, a hearse without me

Q: Have you ever met anyone you

couldn't make laugh?

A: My cousin's friend. I call her Stonewall Jackson. She NEVER laughs.

Q: Do you have any memorable childhood experiences?

A. Being a fat little cub scout trying to earn a physical fitness certificate at South Square. The crowd was above cheering me on, but I couldn't do one chin up — I was the only one who couldn't . . . (tears)

Q: Who makes you laugh?

A, Mr. Mobley . . . Stickman — just lookin' at him

Q: Does anybody make you cry?

A: NOBODY makes me cry!

Q: What are you like at home?

A: I have a different personality at home. Mom says "mop the floor!" I mop the floor

Q: Do you enjoy school?

A: When 2:25 comes

Q: How would you describe yourself?

A. I'm two people (he goes into gyra tions like Dr. Jekyl/Mr.Hyde) I'm a comedian and a heck of a nice guy (said with his usual disarming, dimpled smile.)



Nancy Oldham Angela Osborne Amy Padgett Dwight Parham Elaine Parker

Sharon Parker Beverly Parks Patrick Peaks Victor Pepper Sonja Perry

Diane Peterson Ingrid Philippo Ricky Phillips Chris Pickett Traci Pleasant

Carl Plucker Donnie Pool Toby Poole Warren Posey Vicki Poston

Joseph Powell
Ivan Price
James Priest
Shawn Pruett
David Ramthun

Susan Rhew Joy Rhodes Mesina Richmond Charles Rigsbee Mike Riley



# PAST, PRESENT & FUTURE

AP American Studies ... the words seem innocent enough. After all, everybody takes American History, right? So why does the mere mention of this course sound so awesome? The key to that puzzle is in those two letters, AP. They stand for "Advanced Placement" — in other words, a college level course which prepares students to take a national exam for college credit. Every day during third period, seventeen juniors venture into N-11 to experience the challenge

Tom Strayhorn described his feeling when Mrs. Dunkley handed out the nine week syllabus. "It's sort of like 'Why me? Why am I here?' "Julie Jones gave the answer. "An ordinary class wouldn't be challenging enough. I like the advanced level. It's

about the most demanding class, but it's a lot of fun. You feel like you're learning something. And, of course, there's the obvious reason of the possibility of college credit."

Those who take the course are lucky to have an enthusiastic teacher like Mrs. Dunkley. She readily admits she could talk about the class forever. "I love to challenge students and to see them rise to that challenge," she says. "I like to see students work to their capabilities. There's a sense of accomplishment for me as well as them when those na tional test scores come back."

AP American Studies awesome but rewarding





Eric Rissolo
Duane Roberts
Jim Roberts
Lydia Roberts
Robin Roberts

Scott Roberts
Todd Roberts
Tonya Roberts
Lulu Robeson
Ann Rodio

Jeff Rogers
Julie Ross
Tammy Roycroft
Dawn Rudd
Kim Rumpf

Cindy Russell Ray Saldı Charles Salmon Johnny Sawyer Larry Scearce





# FABULOUS BROOKS BROS.

Who do you think of when asked who's a legend in his own field (literally)? Why, it's the Brooks Brothers, of course! Kenny and Tracey Brooks are not only two of Northern's most outstanding athletes, but they are brothers as well. Just as the famous Brooks Brothers clothing label is known for its quality and excellence, so are Northern's own Brooks Brothers The proof of this excellence lies in the numerous athletic awards they have won over the years. At Chewn ing, Tracey received the Most Valuable in wrestling, along with team trophies for football and wres tling. At Northern he received the Most Valuable award from the 1983 Varsity team, Kenny received the Most Valuable Player award in foot ball and basketball at Chewning, as well as Most Improved and Most Competitive in track. Here at North ern he has been named Most Improved in track and Most Versatile and Best Defensive player in basket ball. And the list goes on

How did the brothers get to be such athletes? Kenny says, "It's natural." The brothers obviously get along well and feel no competition or jealousy between each other. These talented young men would like to have a future in sports. Tracey would like to play football in college and the pros. Kenny, on the other hand, would like to play basketball in both areas. We at Northern hope that in the future we'll hear more from our own marvelous Brooks Brothers.



Doug Scoggins Frank Scotland Clint Scott Onjaya Scott Brian Seabock

Angle Seaford Becky Seiler Mendy Sercy Deborah Shackleford John Sheffield





Jody Shields Stephen Skonberg Kevin Slack Steve Smallwood Alysia Smith

Chris Smith Ellen Smith Sheronda Smith Page Stallings Rita Stankus

Jeff Stauffenberg Stephanie Stephens Valarie Stevens Kim Stewart Joy Stone

Thomas Strayhorn Sherri Strickland Kevin Stroupe Angle Suggs Rene Suitt

Teresa Sumner Lee Swain Tammy Tabler Warren Takacs Shirlene Taylor

David Teasley Frances Terry Carolyn Tew Heather Tewell Kathy Tewell

Stephanie Thomas Bill Thompson Rhonda Thompson Mike Thorne Mia Thornton Sam Thornton Mike Todd Robert Townsend Kim Turnage Karla Turner

Edward Turrentine
Junior Turrentine
Rodney Turrentine
Dwayne Umstead
Ray Umstead

Lisa Underwood Gary Vaughan Lisa Vaughan Tracey Vaughan John Veasey

Walter Vereen Dawn Vuolo Anthony Walker Mike Walker Garrett Wall

Cheryl Warren Robin Warren Vicki Watkins Wendy Watson Sylvia Wearing

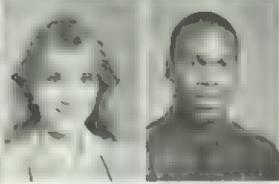
Kevin Webb Emily Weller Audra Westbrook Don Witten Connie Wheeler

Cliff Whicker Darrell Whitfield John Whitt Lee Wiggins Anthony Williams









Edward Williams Patrice Williams Rodney Williams Tammy Williams Mike Wilson

Cheryl Winebarger
Jan Woods
Chris Wrenn
Kaye Wright
Quentin Yarborough

Dennis Yost Liggonia Young Becky Zwadyk

# WOULD YOU BELIEVE?



The classic excuse for lateness—the ar Emily Weller chooses her words carefully as

she plans what to tell her til stiper od teal her

Perhaps a new course should be offered at Northern — the five minute dash, — subtitled "How to maneuver from Phys, Ed to English III via one's locker on West Hall without leaving a trail of broken bodies" — sub-subtitled "Imaginative Excuses for being late."

"Well?" The word is drawn out to the accompaniment of raised eyebrows.

Once again you realize there is no way to slip by that eagle-eyed teacher, particularly when everyone in the class is snickering unabashedly at your late arrival. You feel your face grow red, you shuffle your feet while your mind races. A "minus one" makes a small whistling noise, a kind of squeak as it peels off your grade point average.

Should you use the old "Couldn't get my locker open" bit? How about someone stole my shoes in Phys Ed." Or maybe it would be safer to say you couldn't seem to get your car door locked NO. You sigh deeply and decide to tell the truth. "You see, like, uh, there was like this bright light outside and like I decided to check it out, you see, and like this strange looking space ship floated down in the teachers' parking lot you see so I..."

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# seniorsseniorss



OFFICERS — Conking Wends Day's president Missy Thomas treasurer April

Maneus vicepres dent con Math's secretary Center Missy Thomas Lyn Math's April

Maness Wendy Day's



Mary Amenah Abdo Judy Lynn Abrams Tracey Odell Adams Karen Elizabeth Addison

Stephen Christopher Agner William Roger Akers Michael Anthony Alban Ronald Lee Allen

Eric John Altemose Reva Jean Ames Ashley Carol Anderson Valisa Jean Anderson

Willetta Jean Ar-Rahmaan Alan Dale Austin Edward Fredrick Bachman Karen Bonnie Bacnik

Michelle Kathleen Baldwin Jenny Thuong Le Bang Kitty Le Bang Brad Barnes

Connie Faye Barnes Gina Lynn Barry Jerry Earl Bass Pamela Annette Bass

Vicki Mechelle Bass Tee Whitney Bateman Kim Renae Batts Michael Christopher Batts

Layne Eugenie Baucom Lisa Marie Bell Pamela Kathleen Bell Christopher James Bennett

Niccollette Frances Bill David Edward Bishop William Maryland Black Zerneter Blackwell

Sylvia Ann Blake Christine Laura Bollinger Rebecca Diane Bonham Marlon Sean Boone

Julie Ann Boycher Teresa Ann Branch Eric Anthony Brandon William Blair Breeden, Jr

Patricia Ann Brewington Iris Sherika Bridges Donna Carol Brisson Cecelia Reynolds Britt











Tina Marie Brown Jillene Yvette Buckner Dana Ann Bullaboy Amy Johannah Bullard

#### **LEARNING TO EARN**



Darryl's super employee Sanders Massey is noted for "being responsible and dependable."

ICT. Ever hear those initials before? No, they don't stand for some exotic computer or government secret agency. ICT stands for Industrial Cooperative Training. Its purpose is to coordinate efforts be tween employers in business and in dustry to provide training and work experience for juniors and seniors

While some students might be un familiar with the program, Mr. Terry Swanger, the course's teacher for 18 years, says, "... Most businesses know we have this program at Northern."

Some students think this course is easy. "Don't bet on it," Mr. Swanger explains. "This program helps bridge the gap between working life and school. It helps the student learn to be responsible and dependable and at the same time earn some money." The employers also periodically send in progress reports on the students. No sleeping on the job here!

Mr. Swanger also points out, "It's not just factory work . . . it's a varie ty of skilled and semi-skilled occupations. Where DECA is in selling, ICT is more in the trades and diversified."







Aubrey Lee Bullock Laura Michelle Bullock Marion Evette Bullock Pamela Faye Bullock

# A NEW BEGINNING

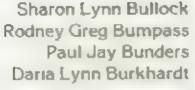
"Senior, graduation, friends, future," constantly fill the mind. It is the time of your life. Then comes the news - you must move. Fear, ex pectation, sadness fill you at once and it seems as if suddenly, you are about to be uprooted from familiar surroundings. It is an ending and a new beginning. The disadvantages are there but the advantages also cannot be overlooked

'It is quite an adjustment," Charlene Norris said of her move from Atlanta, "but I am lucky to have been new at Northern. The students here gave me such a friend ly and warm welcome." Paul Paulides was also glad he got the chance to attend Northern, even if it was only for a year. "Northern is much bigger and more modernized than my old school in Jacksonville, N.C. Also a much better selection of classes if offered," he said. Brad Harle, who transferred from Canada, felt moving had its disadvantages too. "It has been hard meeting people - seniors by this time have already formed their groups."

Through the good times and bad times, the new seniors stuck it out They gained new experience and op-

portunities and became an important part of the Northern family

New faces in the crowd are Brad Harle, Paul Paulides, and Charlene Norris













Leslie Ann Burks Gerald Emanuel Burton Reginald Leon Burton Roger Wayne Burmahl

Johnny Elmore Byrd Wayne Harvey Cable Roselie Meneses Cadawas Sherry Lorraine Caldwell

Cynthia Leigh Campbell Donna Denise Campbell Marsha Rae Campbell Terry Denise Capers

Lori Ann Carden Michael Keith Cash Sondra Mechelle Cash Sandra Jean Cate

Bryant Keith Cates Karen Lynn Cates Terri Lynn Cates Todd Wayne Cates

Mary Grace Chaney Lisa Denise Chavis Sandra Lee Chavous Charles Edward Clark

Lori Ruth Clark Timothy Foy Clark Christian Lynnette Clayton Audrey Michele Clegg

Stephen Maurice Clegg Jeanna Marie Clever Russell Thomas Coleman Angela Denise Collins

Donna Carroll Colville Donald Duane Cook Allen Dunlap Copeland Jennifer Corio

Carol Travis Cozart Kellı Lynne Cozart Melissa Carol Crabtree Rodney Allen Crow

Glenn Allen Darst, Jr. Erik Joseph Daubert David Eugene Daughton, Jr Deborah Gayle Davis

Wendy Paige Davis Wanda Lynette Dawson Tyrone Mark Daye Teresa Maureen Deal











Katherine Anne Decker
Edward Murtone Denbo III
Rita Ann Dennis
Rosalind Anita Dennis

# CROSSING OVER



Learning to cope with a new language new schools and a new set of customs is something Kitty and Jenny have handled well

After graduation they plan to attend Durham Tech or business school

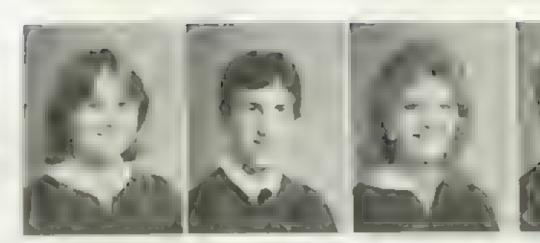
What would it be like just to pick up everything and move to another country? Even if it were an English speaking country, it would be hard, but imagine learning a totally different language. That is what Jenny, Kitty, June, Henry, and Steve Bang had to do. Because of the Vietnam situation they first moved to Hong Kong in hope of getting passage to the United States, Finally, in November, 1980, the Bangs moved to America. Their major problem was that they knew very little English. Jenny, a senior said she knew some English before she came to North Carolina: but both Jenny and Kitty feel they learn something new about the spoken language every day

Though Northern is considered similar to their Vietnam school, Kitty and Jenny have experienced some changes. Math courses such as geometry and algebra began in middle school in Vietnam rather than in the ninth grade year. Vietnamese students graduate earlier than American students, but they also go to school longer each day. Fashions here are about the same, but at their school in Vietnam the girls had to wear uniforms. The food here "is alright" but their favorite seems to be pizza. Already the Bangs are learn ing the ways of American teenagers They both have jobs in addition to school. Jenny works at Sears and Kitty is employed at the Yorktown

When study and work time ends, they both like shopping and going to the movies. Their senior year has gone well for them and they praised the teachers and students for their friendliness and help

theatre

Lorie Lynn Denny Michael Shannon Desmond Rebecca Joan DeVries Frank Espana DeVallerino II



#### IN SEARCH OF ...

"To be or not to be?" What to be or who to be? That is the question in most seniors' minds. The variety of opportunities available to students sometimes overawes one into indecision. Although there are those lucky few who, from the very beginning of their high school years, know their lifetime goals and dreams, most seniors even struggle over the first choice — college. Aspiring college student William Roberts feels that "college is the time to explore and take on certain obligations and responsibilities not present in high school." Once the decision of college is made, the more overwhelming problem of which college looms large. Business, art, engineering, music, pharmacy, design, teaching, law - just a few of the study possibilities to be weighed against the more practical questions of cost and location when making the collegiate choice. For those who do not make the college step, the roads are just as many — armed forces, mar riage, job, technical school. Senior Aubrey Bullock has been "interested in the Coast Guard since the seventh grade because it is very adventurous and offers many opportunities for other future jobs."

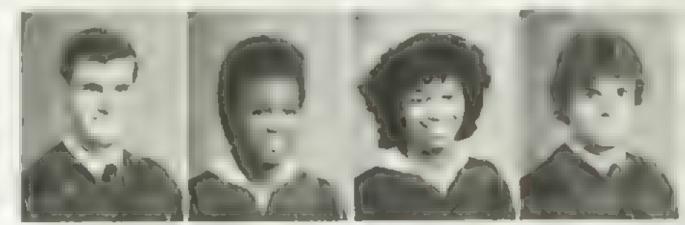
While Hamlet's questioning "to be or not to be" resulted in an inability



to act, Northern seniors are more op timistic. "We are looking forward to our future and what it holds," said one senior. "Graduation, college, dorm-life, marriage, career, and family are just a few of the things that we anticipate." With such thoughts, June was not an ending but a new beginning

Watching filmstrips of different colleges, Orlando Roberts and Bo Faison contemplate their choices

John Thomas Dixon Pamela Odette Dortch Yvette Renee Douglas James Henry Dowdy





Leroy Duke Lisa Renee Duke Kimberly Annette Duncan Kristan Lynn Duty

Todd Arthur Edwards
Christine Marian Eggleston
Catherine Carole Ellis
Dale Ellis

Debra Sue Ellis Keith Adrian Ellis Monica Alise Ellis Rosemary Marie Ellis

Kirsten Marie Emmons Derwin Lamonte Evans Howard Vaughn Evans Kimberly Lynn Evans

Teresa Louise Evans
Ollie William Faison III
Christopher Robert Fenion
William Eugene Ferrell

Marty Thomas Finch David Sean Finez Bryan Keith Fisher Gregory Scott Ford

Martin Robert Ford Kimberly Ann Fowler Mark Michael Freundt Darryl Keith Garner

Scott Randall Garrett Mary Jeanette Gaydou Forrest Cecil Gibbs Mary Lynne Gilleskie

Tina Marie Gilliam Thomas Patrick Gillie Elizabeth Anne Glenn Norman Rodriquez Glenn

Sean London Glenn Fara Ellen Golladay Evan Elliott Gothard Angela Gay Green

Charlotte Ann Green Labelle Green Beverly Dawn Griffin Eric Ramon Guajardo

John Kipling Guerrant Alan Henry Habig Peter Brad Haerle Robert Kurt Hales









David Norman Hamlet Charlene Melissa Harrelson James Register Harris Marsha Leslie Harris

#### FACT OR FICTION?



1984 The date stands alone. One year, so many ideas brought to mind In 1948 George Orwell wrote a book that told of a future in which the state controlled, saw, and knew everything. If it said so, you did not exist. The book, a scary prediction of a year which is now in its beginning steps, has caused a wave of reactions. For many teachers it is important.

tant enough to be required reading.

'Not in America," maybe in Russia cry many. "Half right;" the government is like Big Brother in ways claim others. The world is "on the road to that type society," predicts one senior. As a sophomore put it, "It's eerie — to be so close. With government agencies, you can't tell; they're always watching us." He backed his argument by pointing out Pentagon media blackout of Beirut and Grenada

So it is here, and the year brings questions and possibly answers. Who will win the election? What will become of Israel and the Middle East? Will the button be pushed? For the theologians, what of revelations? 666? the second coming of Christ?

Closer to home, 1984 brings questions and fears for seniors. On the surface it's all confident ego; however, get one alone and you'll discover the unsure person inside. He turns, reflects, and wonders where all the years went and what the future holds. Whatever he may be, he must be the thinking challenge to Big Brother

Class of '84 member Andrea Lopez con templates the reality of the year









Richard Alain Harvey Ronald Douglas Haswell, Jr Jessica Stuart Henderson Tamara Lynne Hinnant

Yvonne Alicia Hodges James Dereck Holland Arthur Clifton Hood III Amy Marie Hopkins

Pamela Anne Horne Stephen Sanders Howard Dale Bunting Howerton Bradley Shawn Hughes

#### ALL THAT JAZZ

Mark Freundt, a name which brings to mind several images. First of all, you think of Mark the clown Mark the musician, and then Mark the pizza maker. Mark is often seen with a painted face, suspenders, and a smile, but there is a more serious side. Besides managing to make people laugh, Mark also has mastered jazz and classical piano, the xylophone, and the French horn After six years of study in classical piano, Mark has set out in a different direction — jazz. The reason for this new study, Mark says, "is that in jazz you can create what you want, and you can let what's in your heart come out through your fingers Since his decision to switch to jazz, Mark has attended a jazz camp at UNC-G, the Durham County Schools summer arts program, and Gover nor's School for the French horn Mark has received an award for outstanding musicianship from the National Association of Jazz E.ducators

Besides playing instruments, Mark likes to listen and talk to other jazz pianists, his favorite being Chick Corea. He does this in his spare time when he isn't working at the Family Fillin' Station or driving around in his luxurious volkswagen with orange wheels. Mark says that his biggest ambition is to find purple carpet for Vera, his Volkswagen, and purple paint for her wheels. Is that not "something different?"





Elizabeth Hardy Humphrey John McPherson Hunt Kenneth Arnold Hunt Patrick Lawrence Hurley

Richard Martin Hutson Sonia Carol Jackson Virginia Diane James Cassandra Lynn Jenkins

Meta Lynn Jesinger Donald Wilbert Johnson, Jr Gregory Bryan Johnson Mary Ellen Johnson

Willie Holt Johnson Clifford Thomas Jones Dana Lee Jones Robbin Marie Justice

Jimmy Dale Keith Astrid Keizer Steven Mark Kelly Tynetta Kendall

Carol Kay King Hoornaz Kuklan Terri Suzanne Laemmle Penny Laverne Lambert

Dawn Marie Lampley
Donna Diane LaNier
Yvonne Annette Lassiter
Felicia Ann Lawson

Antoniea Leathers Deidre Dianne Leaver Shalon Yvette Lennon Eric Copeland Liles

Catherine Renea Long Gina Michelle Longo Andrea Marie Lopez Melissa Dawn Lowe

Gina Marie Lowery David Michael Lucas, Jr Herbert Marcus Lunsford Laura Gail Lunsford

Lisa Renee Lutes
Tonia Lavon Lyons
John Cameron McArthur
Ruth Ann McClary

Earlynn Anne McCurdy Myron Devonce McDowell Lori Yvette McFadden Traci Lynne McGehee



#### A DIFFERENT BEAT

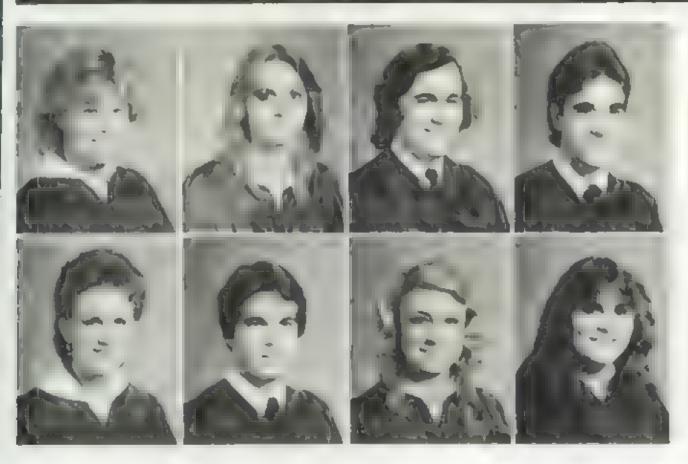


Art... originality? Indian dancing definitely falls under this category Senior Donald McPhail studies dancing with a serious and enthusiastic attitude. His interest started four years ago through an organization within Boy Scouts called the Order of the Arrow. As his involvement with Indian dancing increased, Donald made his own outfit and entered local competitions. The style was orginally created by Hollywood because the primitive dress was thought to be too dull

When Donald is preparing for competition, practice is necessary two to three times weekly. He makes up his dances by watching and imitating others. He dances to authentic Indian music. He feels he is honoring the Indians by copying them. So far Donald's dancing ability and style have helped him win several local lodge competitions and even to compete nationally. However, the main purpose is not to win but just to have a good time. "I would like to continue it as long as I can," McPhail says, "which could possibly include dancing in competitions in Oklahoma where prizes can often exceed five or ten thousand dollars." Whether he makes his fortune in Indian dancing or not, Donald's friends

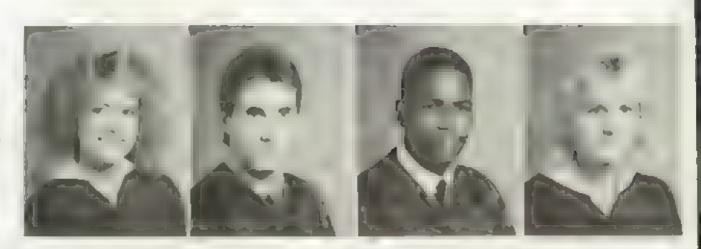
and family support him as he pur

sues a very interesting hobby

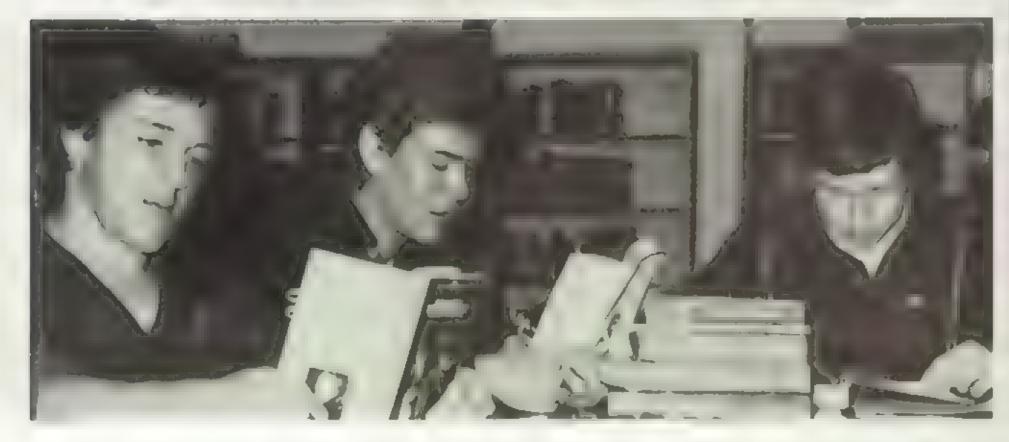


Donna Lee McGhee Susan Denise McLean Donald Robert McPhail Kenneth Raymond Magas

Kellie Maureen Major Robert Brooks Malone III April Sheree Maness Eva Katherine Mangum Andrea Kaye Mansfield James Edward Marcotte Sanders Massey III Angela Maria Matheson



# A NECESSARY INGREDIENT



A major hurdle of the senior year is English as this course must be passed before graduation regardless of what other classes are passed or failed. Certain basics such as mythology and a term paper comprise much of senior English along with Shakespeare's Macbeth or Hamlet and Orwell's Animal Farm

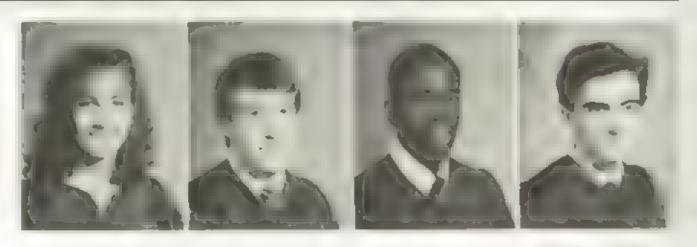
In mythology the hopeful senior must master the correct spelling of gods and goddesses from Hephaestus to the erinyes, and assorted characters like Ocyrrhoe or learus. Not only is the spelling important, but also the who, the where, the how, and the why of each myth Then come those dreaded two words, "term paper." Notecards, rough drafts, bibliographies, and footnotes ... so much time and careful detail are required before the finished product is ready

The senior will find "toil and trouble" in the confusing but beautiful

language of Shakespeare's Macbeth or perhaps, along with Hamlet, will find that the play's the thing. Then too the political future will be the subject in Animal Farm and 1984 pigs. Big Brother, rats, Animalism Add a dash of grammar, a teaspoon of poetry, a tablespoon of short stories, and a whole cup of patience

Need" gently, put in a classroom for 180 days, and remove in June as part of "that long blue line."

Janet Lyn Mathis Daniel Ray Maupin Cedric Lamont Mebane Ezio Micelli





Amy Elizabeth Miller Markita Annette Miller Cheryl Renae Moore Erin Helene Moore

Ervin Thomas Moore Richard James Moore Ashley Trent Moorehead Lolita Maria Morgan

Laurie Ann Morris Terri Sheree Moser Janie Karenina Murchison Kenneth Leroy Murphy

Jonathan Devi Neal Jennifer Denise Neems Blake Baker Nicholson Charlene Marie Norris

Anthony Patrick Nunn Elizabeth Kathleen O'Brien William Robert Oldham Robin Yolanda Oliver

Lisa Eleena O'Neal Sonja Renee Orris Catherine Anne Page Maria Belle Pantazis

Marco McKinley Parham Anita Kaveen Parker Brian Douglas Parker David Bryan Parker

Debra Denise Parker Mary Magaleen Parker Robert Earl Parker Terries Lorese Parker

Tiffany Bonita Parker Paul Anthony Paulides Penelope Peaks Robert Daniel Pearson

Walter Worsley Peel Kimberly Lynne Peele Ramon Todd Peeler Janet Lynn Perkins

William Gary Perkins Jeffrey Scott Perry Tonia Renee Perry Jeffrey Scott Pickett

William Neil Plyler Carol DeAnne Pope Janice Rae Porter Anthony Robert Prelozny



### A SPECIAL LOYALTY



Seniors and football games ... a perfect match. Seniors could always be counted on for that extra needed support for the varsity football team throughout the many victories as well as the few losses

No matter how far away, from Sander son to High Point, they were always there screaming and cheering the Knights on to victory. As Mechelle Cash put It, "It was an experience riding the bus to High Point with friends, especially on the way back since we were all celebrating the Knights' first play-off victory. All In all, I had a really great time

Tailgating, shivering in the cold, and cuddling up with that special someone, were all precious moments that added to that final thrill and excitement of the game. The memories of those Friday nights stand out as some of the best times of high school

Loyal supporters, Daria Burkhardt and David Trout intently follow the action of NHS and Durham High at the Homecoming game



Christopher Alan Primeaux James Melvin Prince Lisa Ausley Puckett Loy Crowder Puckett

Kimberly Joan Pulliam Cynthia Leverne Reed Tracy Neil Register Cynthia Jane Rhew

Stephanie Lorraine Riddick Julie Christine Rider Dawn Marie Rigsbee Brad Alan Riley

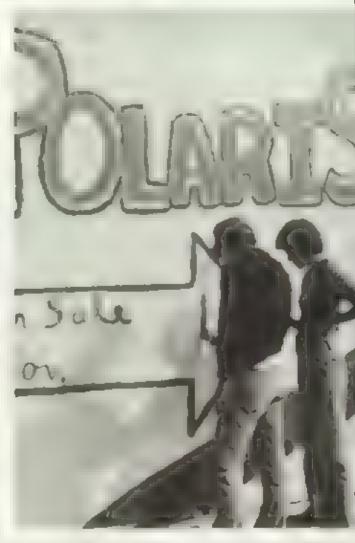
## A THEME IS BORN

vari'erty. n. [French or Latin] I state or quality of being various; diversity. 2. Variation; difference. 3 the spice of life. The spice of life? Well, it might not be exactly what Webster said, but who could argue with that definition?

"I wanna do something different
' How often this phrase is either spoken aloud or thought, and the Polaris staff wanted to spice the book by finding that difference. "We tried to figure out a way to show that this year's different when we were choosing a theme," said editor Laura Lunsford, "and we decided that Something Different' said it all." Each student is different, each class, each teacher, each year . . . all varied all adding spice to our life



Getting the right angle Paul Rodio (above) Marty Finch and Laura Lunsford (left) make a difference

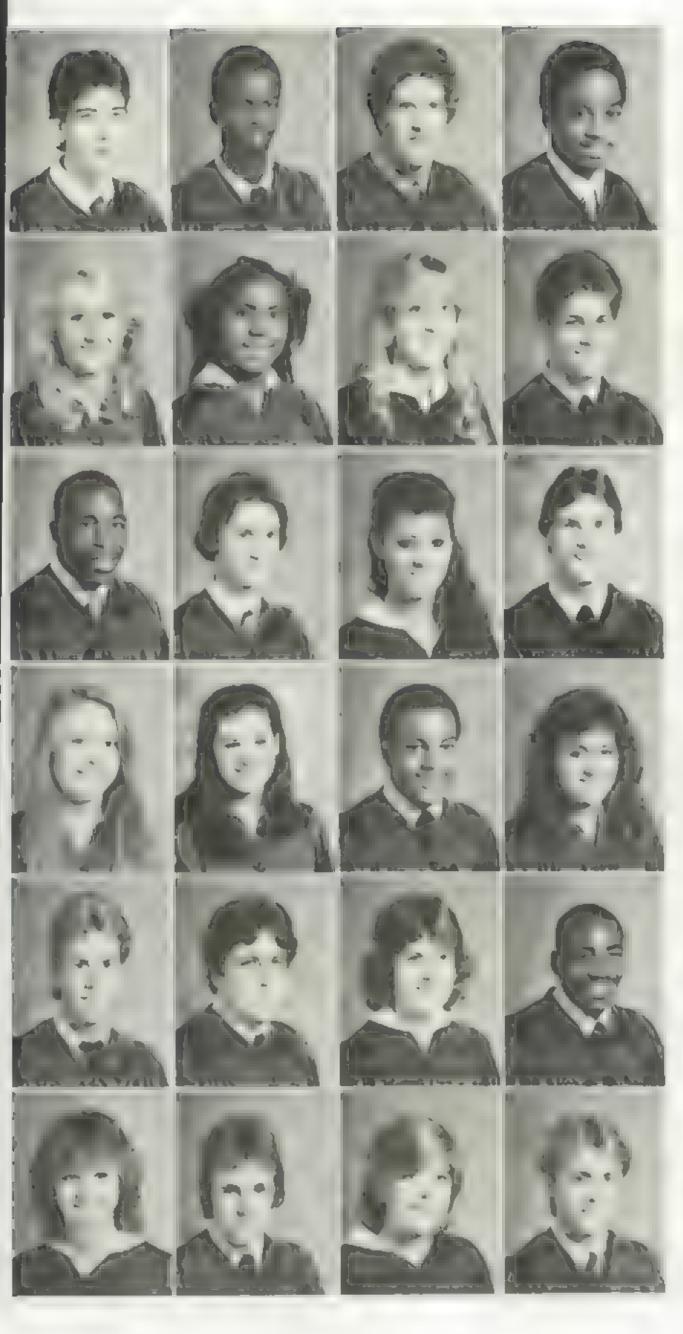


Dana Kay Riley Dwight Miller Riley, Jr Gregory Keith Rives Tara Michelle Rives

Orlando Darren Roberts William Conrad Roberts III Patty Annette Robinson Toynette Montez Robinson







Gregory Alan Russell Gregory Andrew Sales Larry Dean Sanders Derek Lanier Saunders

Susan Ann Schrader Monica Yvette Scott Sherrill Lee Seifert James Bradley Shuler

Ronnie Lee Simmons Terry Franklin Simpson Angela Gail Smith Larry Curtis Smith

Tammy Lee Smith Tanya Jean Smith Terry Bernard Smith Tina Marie Soares

Ralph Marshall Stanhope Tracy Lee Stell Tammie Elaine Stephenson Timothy Ronzel Stephenson

Leah Gail Stocks

James Clinton Stone

Jeannette Marie Strickland
Thomas William Swain

Mark Thomas Sykes Laura Ann Szerelmey David Anthony Taborn Doris Sheree Tatum

Blanche Erwin Taylor Dennis Martin Taylor Yolanda Dea Taylor Rhonda Marie Teasley

Cherie Denisa Terrell Vance Wayne Terrell Ashley Wayne Thomas Donna Jean Thomas

Melissa Gayle Thomas Regina Lynn Thomas Jill Leslie Thompson Samantha Thornton

Douglas Wayne Thurman Terry Fitzgerald Tibbs Brian Keith Tiffany Christopher Burton Tilley

Stanley Edward Tilley Rhonda Jayne Tingen David Lawrence Trout Jeffrey Calvin Turner



# A TOUCH OF CLASS



Peace, love, brotherhood — all things that man struggles to achieve yet rarely makes that first step to maintain. One of those, first steps is being taken here at Northern by a group, of young men called the Special Gents, an offshoot of VICA.

Made up of junior and senior

gentlemen in the true sense of the word, these gents try to instill in members the challenge and responsibility of being involved in school and community activities, said club sponsor Mr. Turner Gents must also live up to a certain behavior code. If a member has to stay after school for

a teacher, he must apologize to that teacher before a fellow club member

The club has fundraisers every year . . . a dance, M&M sales . . . to raise money for such things as matching purple jackets labeled "Special Gents." Funds are also used for community projects such as nailing up plastic to winterize poorly insulated houses and raking leaves for the elderly

The club has an annual Christmas meeting for alumni in which past members come back to report their success in meeting their goals after Northern.

Peace, love, brotherhood — sup port, responsibility, service. These qualities are rare, and to have a group dedicated to upholding them is definitely something different

**Special Gents** Ronnie Allen Oscar Taylor Derek Saunders Derwin Evans Kenny Blanding Bryant Cales Eric Brandon, Terry Smith



Tonita Verea Turner Catherine Elizabeth Ümstead Mary Ruth Ümstead Patrick Norval Ümstead

Lori Ann Utberg Angela Joy Vaughan Charles Thomas Vaughan Dave Allen Venturini

Ron-Marie Vick Christopher Todd Vickers Michael Todd Vickers Karen Maureen Vogel

Rodney Douglas Vulgamore Brian Keith Walker Dosie Walker, Jr. Robin Dee Wallace

Carl Edward Washington Sadina Kaye Washington Elizabeth Ann Watson Kelly Glenn Way

Lisa Lynne Weaver Anna Renee Webb William Miller Webb IV Jacquelynn Kay Webster

> Susan Gayle Weinrich Kıra Elizabeth Weller Anne Jordan Wellman Tracy Ann Wetherby

Rebecca Marie Whitfield Fonda Michelle Wicker Becky Elaine Wilkins James Russell Wilkins

Billy Clarence Williams David Eugene Williams Julia Ann Williams Lee Justin Williams





Sidney Allen Williams Thomas Lee Williams Jeffrey Scott Wills Patti Yvonne Wilson

Lisa Lee Winston
Wendy Mia Woodard
Taryn Lavielle Worley
Kemberline Kay Yarbrough







Karen Leigh Young Jerry Edward Yount Vincent Peter Zwadyk

#### FOR THE RECORD



DECA scholarship finalists, college, homecoming... Information on these and many other activities may be found in only one place besides the *Polaris*. in the teen columns Cissy Britt, *Durham Sun* writer, and Bonnie Bacnik, *Morning Herald* writer, submit weekly columns typed

and doublespaced, filled with North ern's activities. "One trouble is find ing a story especially with two columnists." said Cissy. Also the Thurs day noon deadline often approaches far too quickly, forcing the column ists to listen and look with watchful eyes and ears to find that good story

Another difficulty is the limitations put on columns — only clubs and similar activities, no sports. A big frustration, said Cissy, is having the column you worked so hard on cut by an objective editor — cutting which often distorts the intent of the column. However in spite of the difficulties, some recompense is to be had. Cissy receives \$3 per column. Bonnie \$2.50. Meeting new people and learning new things are added bonuses. Bonnie said, "I often interview between six and twelve people for an article." Hard work - yes, but then comes the final reward - to see your words in print and to have others see them





Rooms ringing with voices after 2:25 signify students interested in more than the 8:00-2:25 school day. Foreign languages, computers, and the environment are all on the club spectrum — a spectrum which owes its existence to the dedication of our teacher advisors and to the interest of students. Yet this colorful spectrum is only a part of the rainbow which makes for something different.

## Through Meetings and Projects Student Council Seeks to

# Benefit the School and the Community

If you think the Congress and the President have a difficult job, then you can appreciate the efforts of Northern's student council. The main purpose of the student council is to be a voice for the students in school affairs and activities, bettering both the school and community Trying to represent over 1700 Northern students can at times be more than a trying experience, but the student council's efforts this past year have been more than successful From the first day, student council president Jennifer Corio made sure

that every student was welcomed as she spoke to them during orientation period. In selling Christmas paper and ornaments, members were able to raise enough money to provide a needy family in Durham with a nice Christmas. Student Council also sponsored the annual canned food drive, with the food received being collected and distributed by the Salvation Army to needy families within the community

In school activities, student council sponsored Homecoming 1983, providing flowers for the court and

the crown for the homecoming queen. Alumni were greeted by the social committee as they entered the stadium, receiving tags recognizing their year of graduation from North ern. While all these events were very important and worthy tasks, the student council's overall enthusiasm and effectiveness were its biggest assets. Senior Keith Ellis, sergeant-atarms, stated, "It was an exciting experience and meeting our goals was our greatest achievement."



Senior Representatives. Front Row: Erin Moore, Anne Wellman. Row 2: Andrea Lopez Dawn Lampley



Junior Representatives. Front Row: Amy Crabtree, Lesley Holland. Row 2: Stacey Brake, Krista Lewis, Diana Hawley



Sophomore Representatives. Front Row Amy Hobgood, Lisa Goss, Heather Huggett Row 2: Laura Bailey, Jill Dailey, David Dixon, Bruce Browning



#### French and Spanish Clubs Make Learning and Fun Have

### A Different Accent

Combining fun with education, The French and Spanish clubs gave students who enjoyed foreign language the opportunity to learn more about another culture and to socialize with others who share the same interest

Led by Cissy Britt, president, and sponsors Mrs. May and Mrs. McDaniel, French club members attended the French movie. The Return of Martin Guerre, at the Carolina theatre. The members also took time out to go to Chapel Hill where they visited La Patisserie for pastry and later stopped by Dey Hall, the language center at UNC. A time to savor homemade French goodies came at the annual spring eclair sale.

Sharing with others, several members taught French every Wednesday to eager young students at Holt Elementary. T-shirts and sweatshirts sporting the French logos, "No one says it better," and "I love you" were worn promoting spirit throughout the club. Bonnie Bacnik and Andrea Lopez well defined the meaning of the club. "The French club activities have been a lot of fun, but being members also makes learning French easier. The club reminds us that the language is not all rules, grammar, and vocabulary, that there is a culture to learn about."

In much the same say, Spanish students headed by Becky Whitfield.

president, and sponsors Mrs. Wrenn and Mrs. Perkins, enjoyed the learning of Spanish customs. October came with the celebration of "El Dia Del Santos," or Saints Day when members enjoyed eating the holiday bread. Eating out in November at Chi Chi's, breaking a piñata at Christmas, getting together for a Spanish meal buffet style during February, all brought members closer to the understanding of the word "Spanish."

During the first week of March, both clubs put forth much time and effort to make Foreign Language Week a success ... enabling students to learn more about the dress, life, and food of other cultures.



Checking out the billboard, French students translate the fine print of *The Return of Martin* Guerre



FRENCH CLUB — Front Row: Lee Hill, Laura Bailey, Wendy Dayhoff, Lisa Goss, Andrea Lopes, Row 2: Gay Boyce, Hoomaz Kuklan, Betsy Cameron, Deborah Shackleford, Mattie Burton, Liz Marriot, Dawn Lampley. Row 3: Pweebe Burch, Diane Coy, Mike Desmond, May Jones, Cissy Britt, Army Falcon, Davey Lucas. Row 4: Michelle Kosem pa, Julie Jones, Lisa Lutes, Kim Rumpf, Yvette Douglas, Valerie Stephens, Elizabeth Gardner, Jill Dailey. Row 5: Cathy Isaacs, Jennifer Haithcock, Cathy Decker, Caroline

Keizer, Vic Pepper, Gina Longo, Joe Angelillo, Donna Cope Row 6. Toni Creech, Bonnie Bacnik, Heather Harle, Susan Hamm, Missy Thomas, Michelle Hoyt, Karen Chesson. Row 7: Ezlo Micelli, Matthew Dahl, Jamie Allen, Julie George, Anne Marie Walters, Billy McKenzie, Alysa Adkinson. Row 8: Del Jones, Kenny Adams, Joe Cohn, Paul Sawyer, Stacey Biake. Row 9: Dean Sunas, Corey Morton, Dan Pearson, Jim Arena, Richard Moore, Dale Keith, Larry Sanders, Tracy McCorquodale, Robbie Mitchell

**Using creative ways,** Kelli Adams brings out the fun of learning French for the students at Holt Elementary School

Right Into the beat, Pam Moore and Amy Hobgood cheer others on to success with the piñata





SPANISH CLUB — Front Row Kevin Stroupe, Charles Alford, Mark Ellis, Alysia Bowser, John Dixon, Becky Whitfield, Pam Moore, Ruth McClary Row 2: Suzanne Sald Amy Andrews, Kim Haith, Mac Henry, Cindy Haas, Heather Harriss, Maria Amigo, Michelle Kessler, Tracy Vaughan. Row 3: Heather Tewell, Melanie Hudson, Jeff Jeffries, Debbie Thurman, David Dixon, Amy Hobgood, Missy

Lingenfelter, Marcia Jaurequi, Alysia Smith Fammy Hoffner Row 4. Kathy Tewell, Kelly Clegg, Rodney Cadawas, Chuck Arundale John Koutsis, Tom Strayhorn, Kristen Emmons, Michelle Ellis, Dawne Ellis, Row 5 James Dahl, Rusty Barnes, Neal Clark, Ne 1 Plyler, Gregg Lumsden, Tracy Register, Krista Lewis, Kem Gilmore







Middle: Clowning around Kristen Fuller teaches numbers Above: A wild stab by Kem Gilmore is not successful in breaking the piñata





Top: Quietly calculating Roger Burmahl works to finish the Math League Test Above. Terminal Love is a symptom shared by all computer club members as shown by Matthew Dahl.



Left Passing on enthusiasm, Kip Johnson makes plans for the Charlotte trip Above Merely musing Morehead mocks mentor, Right: With a big smile Willard Walker starts off the Computer Club



#### Math and Computer Clubs Check Up on Big Brother With

### Calculations and Computations

Experience is the key word in the Math and Computer Club philosophies. Both clubs worked to expose and familiarize members with new concepts in math and computer

technology.

The Math Club, led by Kip Johnson, engaged in several competitions at Elon and Atlantic Christian colleges and in Charleston, S.C. "The trip to Charleston," Johnson said, "was a major activity in the apring with preparations beginning as early as October." Math League tests given one Tuesday a month prepared

members and others interested students for tests like the SAT, competition tests, and college tests. Guests speakers covered topics such as Math in Today's World and Mathematics — a Profession.

"The Computer Club functioned more as a business," said founder Willard Walker. Instead of the usual president, treasurer, secretary, there were Systems Analysts and Layout Design Artists. The club was designed "to give both beginners experience and the more advanced an opportunity to expand in the field,"

Alan Habig said. Members worked at their own pace to finish packets and advanced in the business helrarchy of the club. Club sweatshirts, a logo designed by layout design artist Trent Moorehead, and visits to local businesses brought club members together into a working, functional unit. Walker summed up his philosophy behind the club: "students learn a lot by just having an assignment they can do themselves."





MATH CLUB — Front Row. Ilka Irving, Kim Fowler, Laura Lunsford, Kip Johnson, Alicia Hodges, Charles Alford, Davey Lucas. Row 2 Michelle Kessler. Dan Pearson, Richard Moore, Michelle Kosempa, Theresa Faulkner Roger Burmahl, Tom Strayhorn, Kathy Tewell. Row 3: Amy Crabtree, Diana Hawley Heather Tewell COMPUTER CLUB — Front Row: David Rouse, David Mancuso, Michelle Kessler, Donna Colville. Row 2: Renee Moore,

Jon Lund, Kevin Campbell, Tony Lopez, Jeff Lin, Maria Amigo, Doretta Walker, Donna Cope, Michael Little. Row J: Kathy Decker Jenny James, Robin Wallace, Russell Coleman, Chris Tilley, Rodney Cadawas, Chuck Arundale. Trent Moorehead, Dan Pearson, Meta Jesinger, Chris Compton. Row 4: Karen Addison, Kevin Stroupe, Laura Lunsford, Sam Bachman, Cathy Ellis, Dominique Smith, Pam Moore, J. B. Mickle, Ruth McClary, Andrea

Kelly, Eileen Winchester, Kim Fowler, Row 5 Scott Stirrup, Ray Saldi, Matthew Dahl, Tony Prelozny, Carl Washington, Kem Gilmore, Davey Lucas, Rick Hutchins, Alan Habig, Willard Walker Row 6: Paul Jacobs, Bob Jesinger, Jeff Turner, Ezio Micelli, Kevin Webb, Scott Vincent, Jerry McBroom, Charles Alford, Hoornaz Kuklan, Rusty Barnes, Joe Cohn, Vic Pepper, Row 7: Richard Moore, David Lykens, Marty Ford, Larry Johnson.

#### Fellowship of Christian Athletes and Monogram Club Serve NHS as

### Athletes in Action

Students and athletes responsive to a morning fellowship could be found in the gym on Fridays at 7:25 a.m. These members of FCA, Fellowship of Christian Athletes, need not be athletes to qualify for membership. Many FCA'ers were interested only in "furthering Christian relationships." Often the morning group was honored with guest speakers from community churches or the Duke University FCA. Craig

Dallas, Mike Davis, and Tim Blomberg all shared beliefs with the group. Often weekends were set aside for gatherings such as the all night Christian fellowship with the Guess Road Baptist Church and at Becky Whitfield's house.

Still based on athletics, the Monogram Club has a more limited membership. A school letter in a sport is needed. Members participated off the court or field by sell-

ing concessions at the basketball and wrestling events and by participating in a candy drive to raise money for new athletic equipment. As president Paul Rodio said, "Being a part of the Monogram Club, selling candy and working concessions, I, the Northern athlete, can give back to the school and athletic department what they have given to me over the past three years."



That winning smile of Gale Hamilton as she sells concessions at the wrestling match



FCA — Front Row: Astrid Keizer, Angle Smith, Kellie Major, Wendy Dovis, Betsy Cameron, Devi Neal, Becky Whitfield, Cliff Jones, Jennifer Carpenter, Kim Pulliam, Stephanie Thomas, Melissa Finch, Cliff Mornis. Row 2: Bryan Hubbell, Lori Clark, Judy Harris, Kim Rumpf, Kevin Stroupe, Karen Addison, Amy Bullard, Jenny James, Mary Grace Chaney, Kim Fowler, Theresa Faulkner, Teresa Sumner, William Roberts, Dale Keith. Row 3: Kim Metts, Kathy Tewell, Lyn Mathis, Sherri Strickland, Julie Burgess, Joy Rhodes,

Liz Webb, Hope Norris, Laura May, Kim Haith, Jennifer Harrod, Pweebe Burch, Brad Riley, Terry Simpson. Row 4: Richard Moore, Jill Buckner, Kirsten Emmons, Steven Clegg, Audrey Clegg, Kaye Wright, Robin Wallace, John Dixon, Julie George, Cheryl Crews, Stephanie Jenkins, Donna Cope, Lance Hasty, Ronald Simpson Row 5: Beth Glenn, Amy Andrews, Cathy Issacs, Kris Wrenn, Amy Crabtree, Stacey Blake, Brad Smith, Mick Lawing, Phil Brown, Walter Mansfield, Richard Harvey, Roger Burmahl







MONOGRAM CLUB — Front Row Paul Rodio, Yolanda Taylor, Krista Lewis, Shirley Lewis, Shufonda Brown, Mary Grace Chaney, Denise Dorty, Ruth McClary, Debra Dorty, Row 2: Mike Wilson, Sharon Clayton, Toynet ta Robinson, John Dixon, Cissy Britt, Ilka Irving, Bryant Armstrong, Gina Longo, Norman

Glenn Row J: Beth Glenn, Jody Shields, Jay Fogleman, Michelle Baldwin, Reggie Burton Neal Clark, Jerry Hornbuckle, John MacArthur Row 4. Dee Riley, Chuck Clark, Kenny Murphy, Vince Zwadyk, Neil Plyler, Todd Cates, John Veasey, Mick Lawing



Serving himself, Monogram club president Paul Rodio dishes on the chili

# For Drama and Music Students of the Performing Arts

### 7he Stage 1s Set

Fine arts — the phrase conjures up images of the Old Masters of Europe or fine ballets in New York But the arts are really found much closer to home in the Drama Club and Concert Choir.

"Drama Club," said advisor Mrs. Crider, "Is for those people interested in participating in dramatic productions, working on sets, makeup, or costumes, and attending plays in the area."

Many of the club's members auditioned for the spring musical, which

meant joining forces with Concert Choir under the direction of Dr Carole Dolber. While this production took many hours of work, it was by no means the only activity undertaken by this special chorus. A Christmas concert and fundraisers for both Durham Crimestoppers and the Durham County Scholarship Fund were also on the group's list of productions

Both groups have ways to honor outstanding members. Drama Club members can try to join the Thes-

plans; to do so, they must gather ten points which are earned by participating in or attending dramatic productions. Members of Concert Choir can audition for the twelve member ensemble which performs more difficult music and choreography

Drama Club, Thespians, Concert Choir, ensemble — members of these four groups bring the arts closer for everyone



THESPIANS — Clockwise From Top: Wendy Davis, Jamle Harris, Dan Pearson, Amy Bullard, Bonnie Bacnik



DRAMA CLUB — Front Row: May Jones, Jan Woods, Dawn Blackman, Jill Parker, Wendy Davis, Jennifer Harrod, Tracey May, Bonnie Bacnik, Michelle Kosempa. Row 2: Jeff Turner, Dan Pearson, Becky Zwadyk, Cathy

Isaacs, Lynn Gordon, Karen Addison, Stephanie Dawson, Amy Bullard, Jamie Har ris, Heather Tewell Row 3: Angle Osborne, Robin Wallace, Chris Wrenn, Jennifer Haithcock, Suzanne Saldi, Kathy Tewell



Below Left Fulfilling a requirement of drama class, Karen Addison creates the role of 89-year old Mildred Krakenbush. Below: Auditioning for the spring musical. Amy Bullard and Jamie Harris look over their music one last time







concert choir — Males Del Jones Dar tyl King Chris Bennett Jamie Harr's Cliff Jones Mike Citrin Bruce Browning Phil Brown Walter Mansfield Greg Rives Dereck Holland, Bryan Hubbell, Females: Lori Clark

Tracy Wetherby, Tracey May Kim Metts, Sarah Fletcher Terries Parker Jennifer Har rod Laura Haithcock Judi Harris Michelle Kosempa, June Burgess Betsy Cameron

Lydia Roberts Cind Henderson Joy Rhodes Karen Vogel Kim Halth Amy Bullard Debbie Davis Wendy Davis Missy Hales, Ingrid Philippo Jessica Henderson

#### Humanities and AFS Share a Common Interest in the

### Exploration of Cultures

Sharing a common interest in cultural activities. American Field Service and Humanities Club each has a unique approach towards appreciating the varied interests of man. While the Humanities Club looks closely at the arts and AFS brings peoples of different cultures into direct contact, both clubs aim at enhancing one's appreciation of the differences among people of basic humanity

Through visitor exchanges with over eighty different nations, AFS participants "cross boundaries of

language and distance and dispel barriers of prejudice and fear." With approximately seventy members, the
NHS chapter was a very active par
ticipant in these exchanges. Ezio
Micelli came from Udine, Italy, and
senior Alicia Hodges went for the
summer to Barbados. Also eighteen
local families hosted students from
Midlothian, Virginia, from Halloween
until November 6

The Humanities Club, through the efforts of sponsors Kilgour, Chewning, Blodgett, and Wrenn, made a

number of excursions which included trips to the N.C. Museum of Art, the locally filmed movie "Brainstorm," and Dicken's "Pickwick Papers" held in Chapel Hill. Club president Orson Snider praised the turnouts of the activities, "Each outing has had its own special points which have increased our knowledge of the humanities."

Whether through the appreciation of art or the understanding of each other, AFS and Humanities bridge the gap of human differences



HUMANITIES — Front Row Lynn Gordon Angle Osborne, May Jones, Jan Woods. Row

2: Orson Snider, Kim Latta, Kathy Tewell Richard Moore, Stacy Blake



Checking the M&M's, Scooby Humphrey Is one member who contributed to a successful candy sale

With joy, May Jones presents Ezio Micelii e special Christmas greeting from the club

members Jill Parker, Stephanie Thomas, and activity

Pondering the many varieties, flumanities Lynn Gordon help in planning the next









AFS - Front Row Richard Moore, Dee Hill, Deborah Shackleford, Matte Burton, Art Hood Dan Pearson, May Jones, Mike Desmond, An drea Lopez, Lisa Goss, Wendy Davis, Becky Whitfield Row 2: Brooks Malone, Jan Woods, Wendy Dahoff, Ginger Reudger, Hoornaz Kaklan, Robin Harden, Gay Boyce, Dena Bennett, Drane Coy, Dawn Lampley, Gina Longo Joe Angelillo, Row 3: John Koutsis, Cliff Mor. ris, Jill Parker, Lisa Morgan, Maria Amigo

Caroline Keizer, Kathy Spann, Clasy Britt Karen Addison, Bonnie Bacnik, Amy Miller Tonya Exum, Valerie Stephens. Row 4: Dale Keith, Larry Sanders, Kirsten Emmons, Leigh Hopkins, Liz Webb, Hope Carolson, Christie Bollinger, Meta Jessinger, Toni Creech, Leigh Sides, Angle Osborne, Kim Latta, Joy Rhodes Row 5: Alicia Adkinson, Tanya Hun nell, Stacey Blake, Mike Citrini, Sarah Flet cher, Liz Marriot, Davey Lucas, Bo Faison

Lisa Best, Susan Hamm, Heather Harle, Stacy Couch Row 6: Tammy Hinnant, Ezio Micelli Tom Strayhorn, Joe Cohn, Scooby Hum phries, Kelly Davis, Julie Rider, Kim Hum phries, Julie Williams, Mick Lawing, Row 7: Kathy Tewell, Blanche Taylor, Dean Sunas Jeff Rogers, Ronald Simpson, Teddy Credle Bruce Browning, Suzi Saldi, Elizabeth Gard ner Kim Miller, Missy Thomas



#### From Heights to Helping Hands HOSA and Ecology Promote

# Health in Environment and Body

They don't have a thing in common except they have initialed names ... right? Wrong. To begin with HOSA stands for Health Occupations Students of America and ECOS is the short term for Ecology Club. What these two clubs have in common is as simple as mankind.

HOSA stems from the health occupations class. Dedicated to helping others become more informed about health related careers, the club did many projects such as offering blood pressure checks at Northgate Mail and participating in Disaster Drill at the VA hospital. Members pretended to be sick, giving doctors practice in crists control. Fundraisers included a bakesale at a local supermarket, a lollipop-with-a-message sale for Valentine's Day, and a Halloween party on the children's ward at Durham County General. "HOSA really broadened my perspective in health careers," said Daria Burkhardt.

The Ecology Club is dedicated to serving mankind in another way — by keeping his environment clean. While this may make the club sound like an extension of EPA, in reality it is not an all-work-no-play organization. Members took camping trips to Hanging Rock State Park and the

beach. "There's nothing like it," members agreed. "You go to the mountains with a group of people you've hardly ever seen before and come back best friends," said Becky Whitfield. As well as camping, hikes on the Eno and trash clean-ups at school were held. Fundraisers included collection of recyclable milk jugs and aluminum cans and the sale of calendars for the Eno Association.

So now you know how two seemingly unrelated clubs can have things in common. Working for the improvement of mankind — something for which we all should lend a hand.





VICA — Front Row: Anita Parker, Gerald Woody, Jerry Yount, Victor Hopkins, Esau Cunningham, Walter Vereen, Anthony Springs, Kim Evans. Row 2: Kim Lucas, Lee Wiggins, Jerry Cates, Pam Bullock, Derwin

Evans, Waddell Long, David Hamlet. Row 3: Regina Vaughn, Max Neal, Tony Williams, Phil Neal, Ruth McClary, Tiny Young. Row 4: Der rick Fletcher, Anthony Perry, Cedric Leathers, Anthony Bullock, Darrell Barber Moore. Row 2: Ms. Martin, Davey Lucas, Kim Snellings, Becky Whitfield, Kip Johnson, Ms. Thompson Row 3: Ms. Cook, Richard Moore, Pam Bullock, Roger Burmahl, Mick Lawing

#### Hoping for a Better World, FBLA and VICA Strive

### to Develop Leaders

Future leaders stand up and be noticed! The Vocational and Industrial Clubs of America and the Future Business Leaders of America clubs both aim at just that. FBLA develops in today's students the qualities of business and civic leadership that will enable them to function in tomorrow's world of work. VICA familiarizes students with being a leader and working with others.

FBLA members attended leadership conferences, supported the canned food drive, sponsored needy families at Christmas, provided a social at a resthome for Valentine's Day, installed new chapters, and planned a picnic at the end of the school year. To raise money for all of these activities the club sold M&M's. In February members went to Louisburg, in March to Charlotte, to compete on district and state levels in events such as job description manual, job interview, public speaking, poster presentation.

"Preparing for leadership in the world of work," VICA members learned skills in speaking, auto mechanics, brick laying, drafting as

well as the importance of dress, dignity, and conduct towards being a leader. The wearing of red jacket symbolizes the pride a VICA member comes to have in his club and in himself. Oranges and peanuts were sold to raise money to send members to the February district competition in Raleigh. "It takes a lot of work," said Tiny Young, a first place winner, "but It's fun." "It's an excellent chance to develop leadership qualities," said Jerry Yount.



Proofing a stencil, Lisa O Neal helps prepare the FSLA handbook



Wienrich, Connie Barnes, Reva Ames, Lisa O'Neal, Holly Hopkins, Sonja Alexander, Eddie Meece. Row 2: Tony Williams, Ilka Irving, Angela Collins, Amy Hopkins, Tina Gilliam,

Kathy Mangum, Melissa Crabtree, Angela Vaughan. Row 3: Kim Metts, Yvette Scott, Quentin Yarborough, Terry Capers, Tracey Adams, Lee Swain, Laura May

Pounding her gavel, Reva Ames calls the meeting to order





Left: Preparing for competition.
David Hamlet and Victor Hopkins straighten Gerald Woody's jacket Below: Cutting away, FBLA members work together on a class project





VICA — Front Row: Anita Parker, Gerald Woody, Jerry Young, Victor Hopkins, Esau Cunningham, Walter Vereen, Anthony Springs, Kim Evans. Row 2: Kim Lucas, Lee Wiggins, Jerry Cates, Pam Bullock, Derwin Evans

Waddell Long, David Hamlet. Row 3: Regina Vaughn, Max Neal, Tony Williams, Phil Neal Ruth McClary, Tiny Young. Row 4: Dernck Fletcher, Anthony Perry, Cedric Leathers, Anthony Bullock, Darrell Barber



Wanting to share with others, these VICA gospel choir members leave for a trip to sing at a local restheme

#### FFA and FHA Cover Everything

### From Cows to Cooking

Oranges and grapefruit, pig pick ings, cookbooks — separate items, separate sales, separate fundraisers, but activities of two of Northern's vocational programs — Future Farmers (FFA) and Future Homemakers of America (FHA)

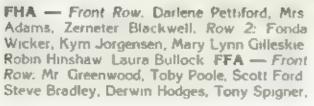
The FFA represents not only members who plan to enter production agriculture but also students who are interested in agricultural related occupations such as horticulture, food processing, and agricultural mechanics. The club has been active in contests at federation, district, and state levels entering

such diverse events as soil judging, took identification, public speaking, parliamentary procedure, and livestock judging. Members also helped to develop an arboretum near the library and expand it to other areas on the school grounds. Toby Poole, FFA president, feels that being in FFA means "learning how to be a better farmer, and besides, it's fun."

In another area of planning for future lifestyles, FHA touches on domestic concerns. From January until May FHA students visited the Rose Manor Nursing Home. This involvement afforded the opportunity to become friends with senior citizens. As one member commented, "These visits to the nursing home made me feel as if I am really helping someone." Club activities were financed by the fall sale of cookbooks which proved to be a lucrative project. The energy members put forth in this sale was only a small sample of the enthusiasm the club members had

Agriculture, foods, livestock, a helping hand — both FFA and FHA benefit the Northern community now and in the future.





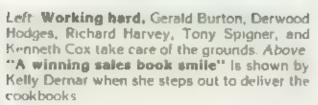


Richard Harvey, Junior Turrentine, Mr. Roberson, Row 2: Stan Tilley, Rodney Brunson, Robert Parker, Shelton Johnson, Brian Day, Joe Powell, Kenny Cox, Wayne Ferrell, Calvin Slaughter. Row 3: Maxie Neal, Glyn Aiken, Van Ellis, Mike Harmon, Kim Lucas, Cari

Plucker, Woody Browning, Rusty Hurst Row 4: Rodney Turrentine, Charles Byrd, Gary Vaughn, Anthony Bullock, Anthony Cameron, David Hill, Kimbell Wright, William Moore, Joe Walter



Left. With club members' assistance Junior Turrentine marks off the boundary for the arboretum. Center: Smiling and efficient. Zerneter Blackwell, Mandy Kennison, and Jacqui Whitted "count the green" from their cookbook sale



#### From Sales to Community Service, DECA Succeeds at Combining

### Work and Learning

For the past several years, one club at NHS has far surpassed others in both membership and activity. This club is DECA, Distributive Education Clubs of America. DECA members have participated in activities ranging from a car wash for fund raising to a welcome to the neighborhood party for the residents of the John F. Kennedy Memorial Towers. In addition, the club holds monthly dinner meetings with speakers in fields such as advertising and marketing.

The club also traveled the eastern

seaboard. In June members spent a week in New Orleans attending the DECA National Conference. The chapter was able to attend this conference as state winners of DECA's free enterprise project, in November eleven club members and sponsor Miss Whitaker spent four days in New York City combining learning with pleasure, Every minute was filled with shopping, visiting the sites, and meeting people involved with the fashion industry. A highlight of the trip was meeting a Halston runway model in his Greenwich Village

apartment.

During December members were busy with the Golden Goose for Gaggles of Gifts, a classroom store rur by students which sold a variety outems as Christmas gifts. Spring found members involved in yeanother major project, a fashior show held at South Square

Christmas stores, fundraising community service, and fun — these are all vital parts of DECA, a club that does it all for you.

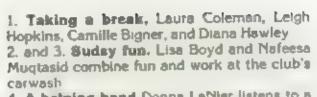


Front Row: Diane Holloway, Tammy Ellis, Dawn Ellis, Alan Austin, Missy Lowe, Kelly Way, Susan Schrader, Reggie Lipscomb, Frank DiVallerino. Row 2: Penni Davenport, Kim Baucom, Jill Floyd, Bonnie Clay, Lori McFadden, Sharon Clayton, Ruth McClary, Maria Allen, Nafeesa Mugtesid, Jacqui Webster. Row 3: Kym Jorgensen, Robin Hin-

shaw, Dawn Rigsbee, Cathy Page, Angle Smith, Robin Roberts, Tammy Tabler, Amy Council, Carla Anderson, Jennifer Duncan. Row 4. Wanda Jackson, Sharon Grooms, Wendy Richards, Camille Bigner, Kim Bailey, Carolyn Larenzo, Pam Huff, Emily Weller, Donna LaNier, Scott Watkins. Row 5: Donald

Johnson, Sean Boone, Wallace Beeson, Billy Webb, Beth Balley, Lavel Daye, Dominique Smith, Carol Barber, Valerie Bass. Row 6. Denice Riley, June Bang, Patti Wilson, Tanya Darst, Kim Bullock, Diana Hawley, Jackie Lemmon, Shirley Lewis, Terri Cates, Kern Yarborough





4. A helping hand Donna LaNier listens to a customer at The Golden Goose

5. Another sale ... all aspects of business were handled by DECA members.

6. Fashion History Members pose in clothes depicting phases of fashion











# Working Together as Individuals, the Polaris Staff Helps to Create

### Something Different

How do you begin to capture a year from over 1700 points of view and put it into one book? That was the problem put in front of the sixteen members of the Polaris staff and their four advisors. From the first day of school, N-20 buzzed with activity during fourth period as staffers tried to think of a theme that fit the year to a "T." As senior Mary Umstead noted, "We had a lot of ideas, but none seemed to fit the book we wanted." Only after much

deliberation did the staff agree that "something different" expressed it all

But the work was only beginning There were interviews to be held, a challenge in itself; and many staff members had to learn yearbookish things like drawing layouts, using picture croppers, fitting copy within picas. Junior May Jones admitted "I've had a lot of learning to do." As deadlines approached, the flurry of activity was enough to make both

staffers and sponsors echo Paul Rodio's question "Why am I here?"

Despite all the problems associated with turning out a year-book, staff members were brought close together. Sixteen differences working for one common goal. Editor in chief Laura Lunsford summed up the feelings when she said "we're really doing something different and it's going to be the best yearbook ever."



Above: May Jones, Alicia Hodges seated: Front Row: Tanya Smith, Marti George, Lesley Holland, Army Miller, Becky Zwadyk, Yvette Douglas, Mary Umstead. Row 2: Erin Moore, Mary Grace Chaney, Kirsten Emmons, Laura Lunsford, Marty Finch, Paul Rodio. Above Right: Captions and copy put Army Miller at the typewriter Right: An editor must have style. Far Right Borting out pictures for the class section, May Jones and Alicia Hodges match names and faces.





#### Key Club and Honor Society Find That It Is

### An Honor to Serve

If you were wondering why the grounds were cleaner after November 22 or who painted the blue trash cans around the gym or who set up the auditorium and cafeteria for College Day, you need not wonder any more. These services were rendered by the Key Club and Honor Society.

In November the Key Club held a trash-a-thon collecting over a hundred bags of trash which in turn brought money in pledges. In December the money went towards

the Share-your-Christmas program as the club bought gifts and food for a needy family. In an effort to keep the grounds clean, new trash cans, old civil defense water cans donated by Duke University, were painted and placed around campus. November also found club members working with the Tobaccoland Kiwanis in its pancake dinner. "Confront Confusion — Discover Direction" was the international theme for the year; and, as Mike Desmond said, "we have confronted a lot of confu-

sion this year and had fun trying to discover direction."

Although primarily an honor, the members of Honor Society also played an active role in alding the school. On College Day they parked cars, set up tables, ran errands, welcomed visiting college representatives, and helped clean up when it was all over. Without their efforts you never would have heard one college representative remark, "I was very impressed with this school; the morning ran so smoothly."





HONOR SOCIETY — Front Row: Jennifer Corlo, Daria Burkhardt, Andrea Lopez, Dawn Lampley, Paul Rodio, Wendy Davis, Row 2 Marty Finch, Jessica Henderson, Clasy Britt, Missy Thomas, Karen Young, Christie Bollinger, Davey Lucas, Laura Lunsford, Row 3.

Mike Desmond, Sandra Cates, Mechelle Cash, Tammy Hinnant, Chuck Clark, Beth Watson, Kellie Major, Mary Grace Chaney, KEY CLUB — Front Row Charles Alford, Lee Duke, Norman Glenn, Paul Rodio, Stephen Clegg, Jim Milko. Row 2: Loy Puckett, Christian Loor,

Neal Clark, Robble Honeycutt, Phil Brown, Mike Citrini, David Dixon, Bruce Browning, Stacey Blake. Row 3: Mike Desmond, Vince Zwadyk, Art Hood, Bryan Hubbell, Teddy Credle, Eric Guajardo, Kevin Chorley, Neil Plyler Row 4: Chuck Clark, Erik Daubert



Aprons were the dress of the day as Norman Glenn and Mike Citrini (left) and Paul Rodio and Mike Desmond (below) put the primer coat on trash cans donated by Key Club







Left Directing college representatives to their proper places was just one of the jobs for Wendy Davis and Cissy Britt on College Day. Above: Honor Society members Mary Grace Chaney, Laura Lunsford, and Jennifer Corio learn their College Day assignments from Mrs. Clark

# The Serteens and Junior Civitans Are Always Willing to Lend

### Helping Hands

What comes to mind at the mention of help, service, and willingness to give? You should think of the members of Serteens and Junior Civitans

Serteen's year began with a bake sale to raise money for a Halloween party for the hearing impaired children at E. K. Powe School. Ser teens also held a calendar sale which raised over \$600. However, the most rewarding activity according to many members was sponsoring a family at Christmas. As president

Kirsten Emmons said, "It was fun to spend money and know you were going to make two people have a wonderful holiday, but the most rewarding part came when I received a call from the family saying that they had never had a better Christmas."

Of Junior Civitans' many goals, helping handicapped children was the most important. Members made toys and held parties for the children at Sara Barker Center. As president Amy Crabtree said, "This gives us a

rewarding feeling; we feel our time with these children has been adequately spent." In addition to children, the Junior Civitans tried to bring happiness to lonely senior citizens by visiting rest homes and just being friends. Bake sales and car washes were just two ways of raising money for their activities

Serteens and Civitans both bring Northern girls together to extend a helping hand to the handicapped and the needy — a hand that benefits both



CIVITANS — Front Row Lenora Cone, Wendy Mitchell. Row 2: Amy Crabtree, Lesley Holland, Kim Rumpf



SERTEENS — Front Row: Andrea Lopez Audrey Clegg, Mary Grace Chaney, Jenny James, Amy Bullard. Row 2: Blanche Taylor Lisa Lutes, Robin Wallace, Katherine Mayton Bonnie Bacnik. Row 3: Kirsten Emmons Karen Addison, Michelle Ellis. Row 4: Mary

Umstead, Joy Rhodes, Kathy Decker, Maria Pantazios, Lisa Anderson, Suzanne Collins Susan Hamm, Pam Bullock, Vicki Watson Dawne Ellis, Yvette Douglas, Row 5: Kim Miller, Lenora Cone, Marti George, Angie

Left Gracefully, Audrey Clegg assists a student at E. K. Powe in playing pin the nose on the pumpkin



Very serious about making plans for the Junior Civitans, Amy Crabtree takes charge.

Slyly and silently, Kathy Decker samples a homemade brownie while Serteen member Michelle Ellis keeps a lookout

Party

Right: Checking books out, stamping passes, delivering media equipment keep Chris Wrenn busy. Below: Taking a well-deserved break from running errands, Michelle Ellis hurries to finish her homework







Lending a helping hand, Dawn Lampley sells school supplies, as one of her office duties



Diligently working. Missy McKay keeps track of overdue books

#### Media Club, Guidance and Office Workers Take Pride in Serving as

#### Volunteer Assistants

Just imagine how many students would be upset if their notes to leave school were never sorted and their names were never placed on the leaving list or if the book they needed for that English paper never made it back to the shelf. These tasks are just a few of the many in which students aid the faculty. Each year a designated few are appointed as of fice, library, and guidance assistants who volunteer their study hall periods to help the overall organization of the school

Taking and delivering messages

and answering the phones are ser vices provided by student office and guidance workers. Said senior Dawn Lampley, "Sometimes when four telephones lines are ringing at once, twelve people want change, and a teacher is asking where the manila folders are, it can be a little crazy But when you realize how much you're really helping out, it's worth it"

Life in the media center is not as easy as it may appear. Library aides reshelve books, check books out at the circulation desk, stamp student passes, deliver media equipment, and retrieve overdue materials. Although busy, media members feel that they are the lucky ones. "You get to meet new people; everyone comes in. And it's interesting to see how everything is done," said Teddy Credle. "I particularly enjoyed the quiet, studious atmosphere," added Stephanie Dawson.

Books or passes, phones or messages, errands or movie projectors, change or magazines — these assistants were the helping link bet ween students and faculty



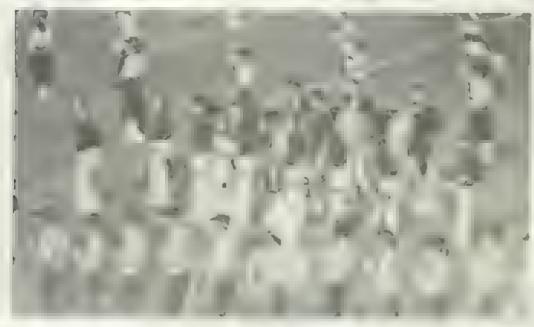


MEDIA CLUB — Front Row Melissa McKay Chris Wrenn, Arry Crabtree, Stephanie Dawson, Sonja Alexander, Row 2: Ric Hut chins, Teddy Credle, Chris Roberts, Paige Stallings, Robin Wallace, Mrs. Linda Hunt Row 3: Stephanie Lewis, Scott Ford, Ginger Ruedger, Kathy Spann, Lynn Gordon, OF FICE AND GUIDANCE WORKERS — Front Row: Michelle Ellis, Joni Duke, Lyn Mathis, Kellie Major, Audrey Clegg. Row 2 Cassandra Carr, Stephanie Potter Dawne Ellis, Dawn Lampley, Kim Fowler, Kim Duncan Row 3: Cathy Long, Kem Gilmore, Craig Russell, Tiffany Baker, Cathy Ellis

Right: An entertainer in his own right, Erik Daubert brings forth the music Below. The many faces of the band











Above: Walking the line, Mr. Allen keeps the band straight.

Left A guiding face above the crowd

#### Neither rain nor Snow nor gloom of night Stops the band because it is

#### Hooked on Brass

Strike up the band! Dress those flags! Straighten that the all part of preparations for games and competitions 90° temperature mud up to the ankles, miles of marching 22° below — all to provide us with mus c—deserves a hand

All the effort does not go for naught as each member learns music reading skills and greater mastery of marching. The successful execution of these skills enabled the band to achieve an excellent rating in the Richmond County and Lee County Band Festivals. On an individual level. Marci. Brookhar It Mark Freundt. Michelle Kessler. Bill.

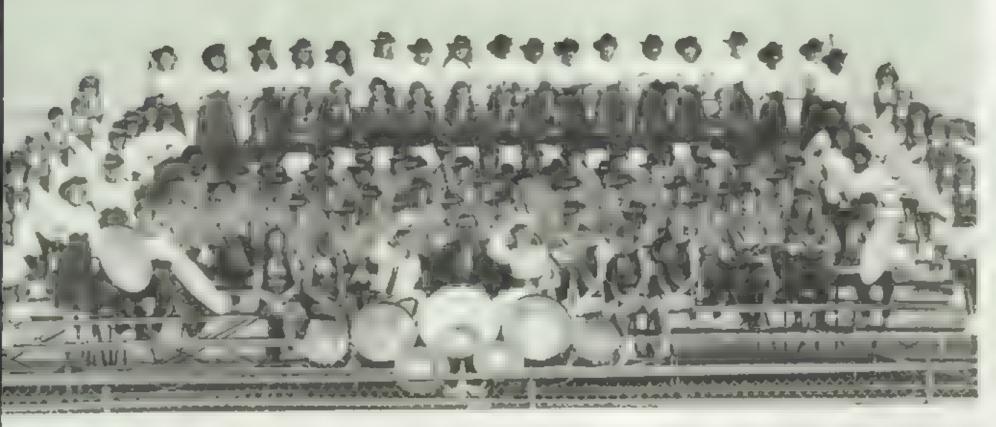
Register were selected for Ail State Band and for Covernor's School in late March members participated in concert competition in Asheboro. As Robbin Justice, and getting a superior award is exciting, but if we don't it just encourages us to do bet ter next time.

Band is more than music, it is like one big, happy family. Said Marry Ford. If one member has a problem, another one will try and help him. This family cooperation was in portant as the ninety six member band worked to raise money through microwave and gas raffles a

car wash a yard sale a pizza sale, and as a coisponsor of the Durham County Band Festival Money went towards the purchase of new band uniforms

On the sighter side, there were the pizzas at Godfather's or Darryl's after each game. And, of course all members remember the pink director's podium that appeared one morning for practice.

What are the rewards of being a band member? Eric Cuainrdo feels that 'you get out of band what you put in Learning musical skills, meeting people traveling — band is something different."



Front Row: Cindy Haas, Vicki Watkins, Erik Daubert, Mr. John Allen, Vicky Poston, Whitney Bateman, Lenora Cone, Julie Williams. Row 2: Sherry Campbell, Jennifer Grady, Bill Mitchell, Todd Puckett, Melinda Edwards, Brian Agner, Brian Bowman, Tim Deck, Mike Fleeman, Gail Hamilton, Margaret Feaser, John Compton, Michelle Kessler, David Ranthum, Marcia Jauregul, Row 3 Wendy Mitchell, Mary Mixon, Jeanna Clever, Marty Ford, Eric Guajardo, Kevin Chorley, Eric Burkheimer, Sheila Johnson, Rusty Barnes, Larry Johnson, Davey Lucas, David Lykins, Joel Gillie, Dominique Smith, Larry

Quiambao, Ruth McClary, Jenny Creamer. Row 4: Missy Lingenfelter, Jodie Reichenbach, Tracy McCorquodale, Thomas Gillie, Amy Hopkins, Jovanna Mickle, Robbin Justice, Jon Arrowood, Bryan Hubbell, Michael Pool, Pam Moore, Valerie Stevens, Becky Wilkins, Jamie Allen, Chip McFalls, Diane Defellipo, Pam Horne, Fonda Wicker. Row 5: Kristy Boyd, Alicia Wall, Rosalind Dennis, Rita Dennis, Julie George, Diane Coy, Michelle deGuehery, Teresa Faulkner, Marci Brookhardt, Missy McKay, Sherri Kane, Missie Beason, Kevin Stroupe, Cindy Barbee, Julie Rider, Tamiko Harrison, Maria Amigo, Cynoria Reed, Amy

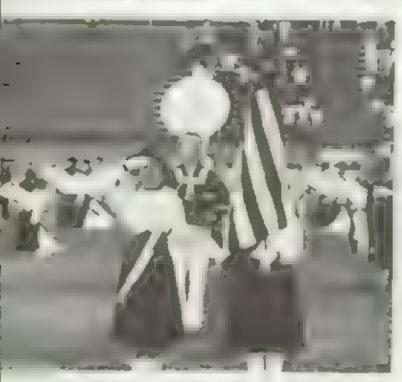
Roberts. Row 6: Dens Bennett, Hoornaz Kuklan, Mike Mullins, Brian Tiffany, Bo Denbo, Tracy Register, Mike Griffin, Chris Walton, Mac Tucker, Steve McCullins, Mark Freundt, Tra Cozart, Keith Klutz, David Mancuso, Michelle Duncan. Row 7: Kim Duncan, Janet Perkins, Meta Jesinger, Kirsten Emmons, Darcey Sheldon, Tonya Exum, Karen Young, Christie Bollinger, Suzi Saldi, Deborah Brewington, Aretha Johnson, Cynthia Reed, Leigh Sides, Terry Hedgepeth, Melodie Parnell, Carol Tivnan, Pam Richardson, Ellen Smith, Carrissa Wallar

Right: Toss and spin, practice and hard work make for perfect precision in rifle team drills. Below: Flags in motion add beauty and grace to half time activities









Presenting our cotors flag and rifles stand at attention



Heads up, rifle head Ruth McClary keeps an eye out for coordination.



After the show, Hoornaz Kuklan can relax a

# Flag and Rifle Teams, as auxiliary band units add

### Grace and Precision

"Posture, posture, posture," shouts flag captain Christie Boll inger. The voice of Mr. Allen also rings out with anything from "Dress those rifles" to "A-ten-hut." These were just a few of the sounds heard at a band rehearsal. Although it may sound like a grueling Army drill, in reality all pays off in the end.

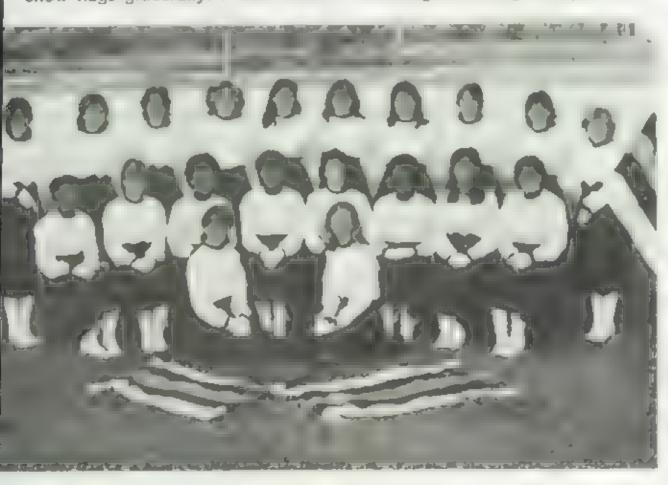
The flag and rifle corps make up an important half of the auxiliary band unit. In its push for excellence the flag team attended a mandatory summer camp for a week and learned new ways to handle and show flags gracefully. Practice was

held during the summer once a week and then every day after school began. Although often tired and plagued with blisters from hands to feet, the entire auxiliary agreed that they would do it again. When the flags were praised at football games and "excellent" scores were received at competition, all the hard work was forgotten.

Because of the difficulty in dressing rifles in the air and flags in the hand, the rifle tearn is smaller in number than flags. While coordination and grace are again important in

handling rifles, a more military stance is to be seen in the squad's routines. The rifles worked long and hard to achieve perfection in both marching and tosses and spins. According to Pam Horne, "the most difficult part of rifles is learning to spin 'double fast'."

Neither of the squads was more important than the other, and they both deserve equal credit and praise for band excellence. The grace of the flags and the exact timing of the rifles made all band activities a little more dramatic



FLAG TEAM — Front Row: Christie Bollinger, Karen Young. Row 2: Pam Richardson, Mary Mixon, Aretha Johnson, Terry Hedgepeth, Carol Tivnan, Carissa Walker, Hoornaz Kuklan, Ellen Smith, Row 3: Alecia

Hall, Janet Perkins, Jodi Riechenbach, Suzi Saldi, Kirsten Ernmons, Darcey Sherdon, Meta Jesinger, Leigh Sides, Meladie Parnell, Jen nifer Grady



RIFLE TEAM — Front Row: Ruth McClary, Cathy Long. Row 2: Kathy Tewell, Pam Horne, Cynoria Reed

# While the Band plays on, the Majorettes and Dance Team Members

# Dance and Twirl the Way

The band begins to play on the lighted football field, and the various specialty squads begin their performances, instrumental in a successful half time show, the dance tearn—led by Kim Duncan—and the majorettes—under the leadership of Whitney Bateman—carry out their routines with vigor

There is more to belonging to one of these special teams than entertaining at football games though. There are practices every afternoon with

the band during football season as well as extra practices before competitions. There the majorettes' coach, Dani Calla, developed their routines and helped them improve their twirling. The dance team also met afternoor, with advisors and developed routines with the help of Nina Wheeler, a local dance instructor

All the hard work reaped its rewards. The five member majorette

line won first place in a regional competition at Jordan; also Cindy Haas, Vicki Watkins, and Julie Williams each earned trophies at the mininationals in Cleveland, Tennessee. Said Julie Williams, "it can be hard to practice every afternoon, but it's worth it. I really enjoy it." Although the dance team was not judged in band competition, Dena Bennett echoed Julie's sentiments — "I just love to dance."



Waiting for the cue, Lenora Cone stands ready to begin the routine



MAJORETTES — Vicki Watkins, Lenora Cone, Julie Williams, Whitney Bateman,

Cindy Haas

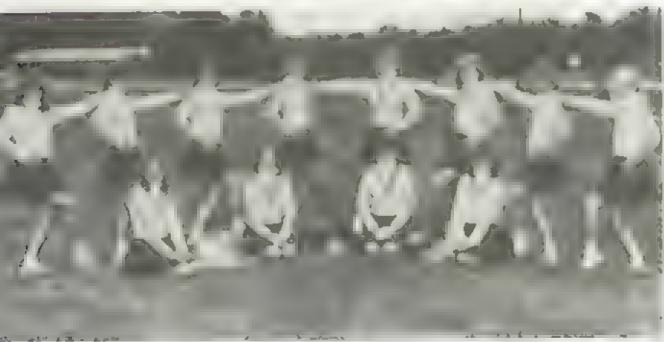


Half-time shows reflect victory (left), concentration (below), and back breaking work (below left)











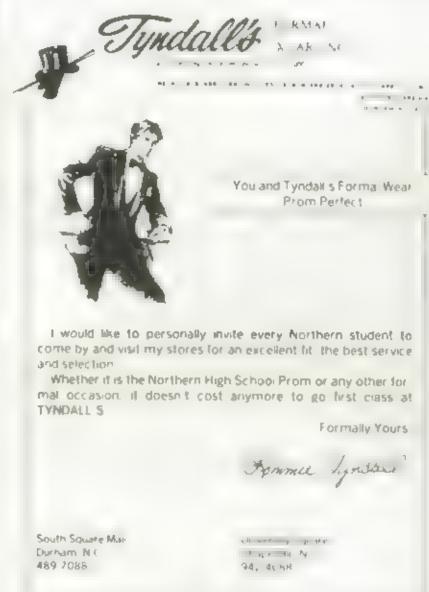
Above: Practice before (Whitney Bateman) the game makes perfect during the game (Cindy Haas). Left: DANCE TEAM — Front Row: Marcia Jauregui, Fonda Wicker, Amy Roberts, Jenny Creamer Row 2: Sherri Campbell, Wendi Mitchell, Lisa Best, Kristy Boyd, Kim Duncan, Missy Lingenfelter, Dena Bennett, Michelle Duncan



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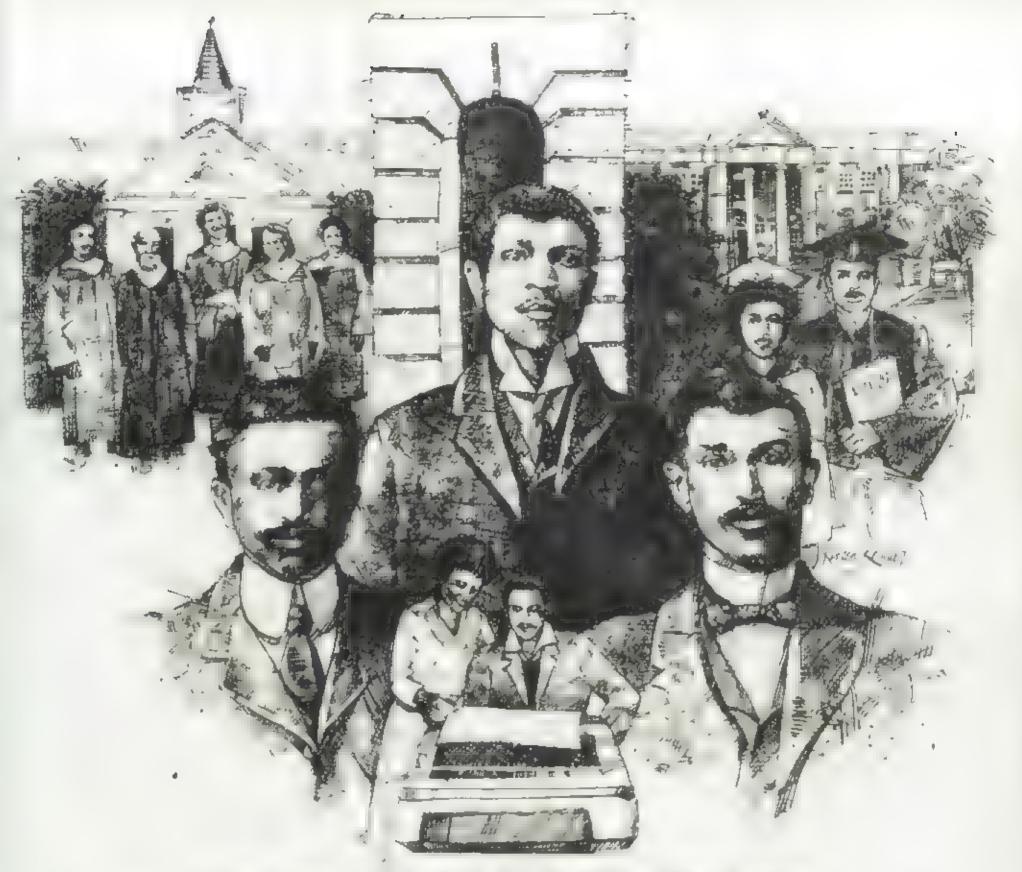
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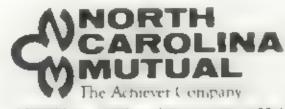
Through the years, North Carolina Mutual has grown to become the nation's largest black business enterprise But its philosophy of management and its social consciousness has remained the same

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the social and economic uplift of black America. Through jobs and homes and support of black education, business, religious and civic institutions, the company has helped ensure a sound, secure future for black communities.

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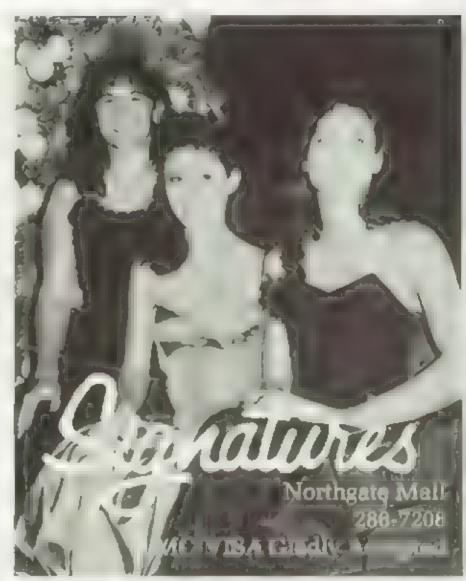
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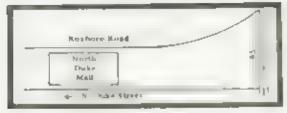
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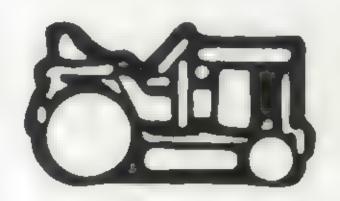
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### summing it up

Scholar athletes such as Vince Zwadyk, Paul Rodio, and Gina Longo combined academic excellence and athletic ability as all three played key roles in Northern sports — Paul in football and baseball, Vince in basketball, and Gina in ladies' track. Senior forward Dee Riley overcame a broken hand to place second in scoring for the Big Six Conference in basketball, while Brian Caldwell's speed, agility, and quickness aided our football, basketball, and track teams. Senior Eric Brandon recovered from a knee Injury, and along with Clifton

Whicker, led the football team to a quarter-final berth in the state 4-A play-offs. Each afternoon found players Sam LeNeave and Marc Copeland working hard in the weightroom. Such dedication sharpened that winning edge which made Northern athletics something different.

The warm days of spring arrived and sunny afternoons in Duke Gardens provided time for reminiscing and for dreaming of the future — Ezio Micelli, our AFS friend from Udine, Italy . . . the beginning of construction on a vocational complex

the new soccer field ... plans for

Myrtle Beach and graduation ... unending gratitude for Mrs. Pender's steadiness during the college application rush ... No, No Nanette ... seniors trying to remember being sophomores . seniors looking forward to college, but not to the phone bills from out-of-state schools back to friends in North Carolina

The memories give one a sense of satisfaction in knowing that you, something different in yourself, have combined in a kingdom of knights to make the final court superior, unique—SOMETHING DIFFERENT.







